

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 1 Women 800 LC Meter Freestyle****Pool Record: 9:16.26 ? 8/5/2010 Mackenna L Rife****Kansas City Blaz****Meet Record: 9:16.26 ! 8/5/2010 Mackenna L Rife****Kansas City Blaz****9:03.49 JR****Meet Qualifying: 9:44.09**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Rife, Mackenna L	16	Kansas City Blazers-MV	9:17.61	9:16.26?	20
31.71	1:05.32 (33.61)	1:39.83 (34.51)	2:14.45 (34.62)		
2:49.08 (34.63)	3:23.85 (34.77)	3:59.47 (35.62)	4:34.15 (34.68)		
5:09.52 (35.37)	5:44.82 (35.30)	6:20.48 (35.66)	6:55.44 (34.96)		
7:30.64 (35.20)	8:05.89 (35.25)	8:41.66 (35.77)	9:16.26 (34.60)		
2 Davis, Amelia G	15	Kansas City Blazers-MV	9:14.40	9:21.76	17
31.09	1:04.72 (33.63)	1:39.10 (34.38)	2:13.68 (34.58)		
2:48.85 (35.17)	3:24.27 (35.42)	3:59.94 (35.67)	4:35.78 (35.84)		
5:11.99 (36.21)	5:47.70 (35.71)	6:23.68 (35.98)	6:59.16 (35.48)		
7:35.07 (35.91)	8:10.77 (35.70)	8:46.62 (35.85)	9:21.76 (35.14)		
3 Lancey, Ashley P	15	Plymouth Swim Team-MN	9:20.47	9:27.65	16
31.97	1:06.72 (34.75)	1:43.07 (36.35)	2:18.38 (35.31)		
2:54.34 (35.96)	3:29.92 (35.58)	4:06.46 (36.54)	4:42.49 (36.03)		
5:18.92 (36.43)	5:54.78 (35.86)	6:31.01 (36.23)	7:07.08 (36.07)		
7:43.32 (36.24)	8:18.71 (35.39)	8:54.20 (35.49)	9:27.65 (33.45)		
4 Brennan, Samantha N	17	Kansas City Blazers-MV	9:23.88	9:28.31	15
32.22	1:07.49 (35.27)	1:42.29 (34.80)	2:17.89 (35.60)		
2:53.32 (35.43)	3:29.40 (36.08)	4:05.03 (35.63)	4:41.09 (36.06)		
5:17.21 (36.12)	5:53.20 (35.99)	6:28.99 (35.79)	7:05.40 (36.41)		
7:41.18 (35.78)	8:17.51 (36.33)	8:53.09 (35.58)	9:28.31 (35.22)		
5 Young, Christen A	17	South Metro Storm Swim Club-MN	9:34.66	9:36.14	14
32.54	1:08.14 (35.60)	1:44.37 (36.23)	2:21.02 (36.65)		
2:57.60 (36.58)	3:33.90 (36.30)	4:10.29 (36.39)	4:46.53 (36.24)		
5:23.08 (36.55)	5:59.40 (36.32)	6:36.38 (36.98)	7:12.66 (36.28)		
7:49.69 (37.03)	8:25.93 (36.24)	9:02.17 (36.24)	9:36.14 (33.97)		
6 Braden, Mackenzie K	15	Team Foxjet-MN	9:34.63	9:36.26	13
33.13	1:09.90 (36.77)	1:46.84 (36.94)	2:23.62 (36.78)		
3:00.36 (36.74)	3:37.09 (36.73)	4:13.97 (36.88)	4:50.59 (36.62)		
5:26.78 (36.19)	6:02.78 (36.00)	6:38.76 (35.98)	7:15.11 (36.35)		
7:50.66 (35.55)	8:26.63 (35.97)	9:01.72 (35.09)	9:36.26 (34.54)		
7 Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	9:28.92	9:37.12	12
32.20	1:07.56 (35.36)	1:43.82 (36.26)	2:19.75 (35.93)		
2:56.02 (36.27)	3:32.25 (36.23)	4:09.09 (36.84)	4:45.77 (36.68)		
5:22.63 (36.86)	5:59.60 (36.97)	6:36.66 (37.06)	7:13.71 (37.05)		
7:50.54 (36.83)	8:27.06 (36.52)	9:03.42 (36.36)	9:37.12 (33.70)		
8 Metz, Marjorie M	17	Topeka Swim Association-MV	9:27.85	9:37.40	11
31.75	1:07.48 (35.73)	1:44.08 (36.60)	2:20.61 (36.53)		
2:57.40 (36.79)	3:33.89 (36.49)	4:10.69 (36.80)	4:47.51 (36.82)		
5:24.20 (36.69)	6:01.27 (37.07)	6:36.72 (35.45)	7:14.87 (38.15)		
7:51.15 (36.28)	8:27.50 (36.35)	9:03.17 (35.67)	9:37.40 (34.23)		
9 Fossum, Samantha J	17	Brookings Swim Club-SD	9:32.72	9:37.93	9
32.80	1:08.51 (35.71)	1:45.32 (36.81)	2:21.69 (36.37)		
2:58.09 (36.40)	3:34.41 (36.32)	4:11.19 (36.78)	4:47.61 (36.42)		
5:24.45 (36.84)	6:01.01 (36.56)	6:37.94 (36.93)	7:13.89 (35.95)		
7:50.66 (36.77)	8:26.70 (36.04)	9:03.21 (36.51)	9:37.93 (34.72)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****(Event 1 Women 800 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
10	Snyder, Heather M	16	Kansas City Blazers-MV	9:20.38	9:39.78	7
	32.25	1:07.58 (35.33)	1:43.21 (35.63)	2:19.18 (35.97)		
	2:55.80 (36.62)	3:32.17 (36.37)	4:09.02 (36.85)	4:46.12 (37.10)		
	5:22.41 (36.29)	5:59.56 (37.15)	6:36.50 (36.94)	7:13.68 (37.18)		
	7:50.81 (37.13)	8:27.67 (36.86)	9:04.25 (36.58)	9:39.78 (35.53)		
11	Ropson, Kaela C	15	Kansas City Blazers-MV	9:32.62	9:44.30	6
	31.88	1:07.06 (35.18)	1:43.40 (36.34)	2:19.71 (36.31)		
	2:56.46 (36.75)	3:33.21 (36.75)	4:10.02 (36.81)	4:46.80 (36.78)		
	5:23.99 (37.19)	6:01.41 (37.42)	6:39.05 (37.64)	7:16.48 (37.43)		
	7:54.02 (37.54)	8:31.20 (37.18)	9:08.33 (37.13)	9:44.30 (35.97)		
12	Guardado, Brynn J	16	Northland United Swim Team-MV	10:38.91 Y	9:49.73	5
	32.42	1:08.72 (36.30)	1:45.88 (37.16)	2:22.52 (36.64)		
	2:59.12 (36.60)	3:36.06 (36.94)	4:13.47 (37.41)	4:50.81 (37.34)		
	5:28.29 (37.48)	6:05.75 (37.46)	6:43.76 (38.01)	7:22.33 (38.57)		
	7:59.18 (36.85)	8:37.09 (37.91)	9:13.35 (36.26)	9:49.73 (36.38)		
13	Weatherford, Chelsey E	18	Kansas City Blazers-MV	9:27.94	9:58.01	4
	32.48	1:09.70 (37.22)	1:47.13 (37.43)	2:24.79 (37.66)		
	3:02.25 (37.46)	3:40.18 (37.93)	4:17.66 (37.48)	4:55.72 (38.06)		
	5:33.16 (37.44)	6:11.16 (38.00)	6:48.78 (37.62)	7:26.89 (38.11)		
	8:05.01 (38.12)	8:42.61 (37.60)	9:20.38 (37.77)	9:58.01 (37.63)		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 2 Men 800 LC Meter Freestyle

Pool Record: 8:37.17 ? 8/5/2010 James N Foster

Kansas City Blaz

Meet Record: 8:37.17 ! 8/5/2010 James N Foster

Kansas City Blaz

8:35.59 JR

Meet Qualifying: 9:11.79

Name	Age	Team	Seed Time	Finals Time	Points
1 Foster, James N	16	Kansas City Blazers-MV	8:36.94	8:37.17?	20
28.10	59.40 (31.30)	1:31.48 (32.08)	2:03.97 (32.49)		
2:36.67 (32.70)	3:09.26 (32.59)	3:42.14 (32.88)	4:14.84 (32.70)		
4:47.78 (32.94)	5:20.84 (33.06)	5:54.08 (33.24)	6:27.10 (33.02)		
7:00.15 (33.05)	7:33.40 (33.25)	8:05.85 (32.45)	8:37.17 (31.32)		
2 Gorman, Brian J	17	Rapid City Racers-SD	8:42.81	8:41.59	17
29.27	1:01.40 (32.13)	1:33.83 (32.43)	2:06.24 (32.41)		
2:39.20 (32.96)	3:11.90 (32.70)	3:44.85 (32.95)	4:17.85 (33.00)		
4:51.11 (33.26)	5:24.07 (32.96)	5:57.41 (33.34)	6:30.48 (33.07)		
7:04.00 (33.52)	7:37.15 (33.15)	8:10.43 (33.28)	8:41.59 (31.16)		
3 Evansnolan, Max B	17	Waukesha Express Swim Team-WI	8:43.65	8:47.43	16
29.45	1:01.82 (32.37)	1:35.19 (33.37)	2:07.90 (32.71)		
2:41.24 (33.34)	3:14.17 (32.93)	3:47.52 (33.35)	4:20.94 (33.42)		
4:54.60 (33.66)	5:27.51 (32.91)	6:01.21 (33.70)	6:34.78 (33.57)		
7:08.34 (33.56)	7:41.46 (33.12)	8:15.27 (33.81)	8:47.43 (32.16)		
4 Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	8:43.62	8:50.96	15
28.68	1:01.07 (32.39)	1:34.05 (32.98)	2:07.12 (33.07)		
2:40.52 (33.40)	3:13.67 (33.15)	3:47.39 (33.72)	4:21.03 (33.64)		
4:54.48 (33.45)	5:28.04 (33.56)	6:01.79 (33.75)	6:35.45 (33.66)		
7:09.44 (33.99)	7:43.53 (34.09)	8:17.77 (34.24)	8:50.96 (33.19)		
5 Musser, Jesse D	15	Kansas City Blazers-MV	8:44.50	8:56.92	14
28.68	1:01.00 (32.32)	1:34.01 (33.01)	2:07.75 (33.74)		
2:41.30 (33.55)	3:15.48 (34.18)	3:49.66 (34.18)	4:24.37 (34.71)		
4:58.85 (34.48)	5:33.32 (34.47)	6:07.76 (34.44)	6:42.66 (34.90)		
7:16.59 (33.93)	7:50.88 (34.29)	8:24.51 (33.63)	8:56.92 (32.41)		
6 Angerhofer, Christopher R	15	Sioux Falls Snowfox-SD	9:00.14	8:57.28	13
28.52	1:01.04 (32.52)	1:33.89 (32.85)	2:07.47 (33.58)		
2:40.82 (33.35)	3:14.80 (33.98)	3:48.49 (33.69)	4:22.96 (34.47)		
4:57.16 (34.20)	5:32.33 (35.17)	6:06.96 (34.63)	6:41.57 (34.61)		
7:16.24 (34.67)	7:51.07 (34.83)	8:24.72 (33.65)	8:57.28 (32.56)		
7 Kurz, Benjamin A	16	Council Bluffs Swim Club-MW	9:10.54	8:57.74	12
29.89	1:03.95 (34.06)	1:38.49 (34.54)	2:12.47 (33.98)		
2:46.63 (34.16)	3:20.52 (33.89)	3:55.09 (34.57)	4:29.18 (34.09)		
5:03.35 (34.17)	5:37.41 (34.06)	6:11.54 (34.13)	6:45.64 (34.10)		
7:20.04 (34.40)	7:53.42 (33.38)	8:27.42 (34.00)	8:57.74 (30.32)		
8 Lieberman, Jonathan D	15	Team Foxjet-MN	8:54.21	8:59.18	11
29.42	1:02.65 (33.23)	1:36.69 (34.04)	2:10.64 (33.95)		
2:45.05 (34.41)	3:19.01 (33.96)	3:53.60 (34.59)	4:28.07 (34.47)		
5:03.08 (35.01)	5:37.48 (34.40)	6:12.05 (34.57)	6:46.39 (34.34)		
7:20.20 (33.81)	7:54.00 (33.80)	8:27.29 (33.29)	8:59.18 (31.89)		
9 Young, Ryan A	15	South Metro Storm Swim Club-MN	8:55.88	9:00.43	9
29.86	1:03.30 (33.44)	1:37.11 (33.81)	2:11.06 (33.95)		
2:45.32 (34.26)	3:19.38 (34.06)	3:53.40 (34.02)	4:27.61 (34.21)		
5:01.88 (34.27)	5:36.31 (34.43)	6:10.24 (33.93)	6:44.75 (34.51)		
7:19.29 (34.54)	7:53.77 (34.48)	8:27.79 (34.02)	9:00.43 (32.64)		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## (Event 2 Men 800 LC Meter Freestyle)

	Name	Age	Team	Seed Time	Finals Time	Points
10	Ruffin, Jeffrey J	15	Alligator Aquatics-IL	10:15.81 Y	9:01.67	7
	30.39	1:04.49 (34.10)	1:39.17 (34.68)	2:13.47 (34.30)		
	2:47.67 (34.20)	3:22.91 (35.24)	3:57.00 (34.09)	4:31.73 (34.73)		
	5:05.38 (33.65)	5:40.01 (34.63)	6:13.97 (33.96)	6:48.82 (34.85)		
	7:22.16 (33.34)	7:55.75 (33.59)	8:29.50 (33.75)	9:01.67 (32.17)		
11	Koeller, Benjamin C	15	Kansas City Blazers-MV	9:04.62	9:03.27	6
	29.53	1:02.38 (32.85)	1:36.72 (34.34)	2:11.49 (34.77)		
	2:46.01 (34.52)	3:20.27 (34.26)	3:54.88 (34.61)	4:29.28 (34.40)		
	5:03.70 (34.42)	5:38.15 (34.45)	6:12.62 (34.47)	6:46.80 (34.18)		
	7:21.67 (34.87)	7:56.16 (34.49)	8:30.57 (34.41)	9:03.27 (32.70)		
12	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	8:58.04	9:04.79	5
	29.74	1:03.73 (33.99)	1:39.23 (35.50)	2:14.39 (35.16)		
	2:49.92 (35.53)	3:24.23 (34.31)	3:59.31 (35.08)	4:33.47 (34.16)		
	5:07.97 (34.50)	5:42.15 (34.18)	6:16.55 (34.40)	6:50.74 (34.19)		
	7:24.70 (33.96)	7:58.96 (34.26)	8:32.18 (33.22)	9:04.79 (32.61)		
13	Faulkenberry, John R	17	Kansas City Blazers-MV	8:50.05	9:05.34	4
	29.01	1:01.54 (32.53)	1:35.58 (34.04)	2:09.14 (33.56)		
	2:43.59 (34.45)	3:17.79 (34.20)	3:52.46 (34.67)	4:26.66 (34.20)		
	5:01.60 (34.94)	5:36.02 (34.42)	6:11.44 (35.42)	6:46.04 (34.60)		
	7:21.43 (35.39)	7:55.88 (34.45)	8:31.57 (35.69)	9:05.34 (33.77)		
14	Martin, Matthew P	16	Kansas City Blazers-MV	9:05.72	9:06.74	3
	29.27	1:02.48 (33.21)	1:35.79 (33.31)	2:10.30 (34.51)		
	2:44.19 (33.89)	3:18.62 (34.43)	3:52.89 (34.27)	4:27.49 (34.60)		
	5:01.82 (34.33)	5:36.84 (35.02)	6:11.65 (34.81)	6:47.10 (35.45)		
	7:22.17 (35.07)	7:57.93 (35.76)	8:32.72 (34.79)	9:06.74 (34.02)		
15	Kastigar, Adam J	16	Aberdeen Swim Club-SD	8:58.79	9:06.85	2
	29.83	1:03.62 (33.79)	1:39.14 (35.52)	2:13.77 (34.63)		
	2:49.08 (35.31)	3:23.58 (34.50)	3:58.57 (34.99)	4:33.40 (34.83)		
	5:08.49 (35.09)	5:42.38 (33.89)	6:17.26 (34.88)	6:50.97 (33.71)		
	7:25.37 (34.40)	7:59.26 (33.89)	8:33.41 (34.15)	9:06.85 (33.44)		
16	Gorycki, Robert L	19	South Metro Storm Swim Club-MN	9:48.45 Y	9:12.78	1
	31.07	1:05.42 (34.35)	1:39.92 (34.50)	2:14.04 (34.12)		
	2:48.47 (34.43)	3:22.93 (34.46)	3:57.34 (34.41)	4:32.29 (34.95)		
	5:07.16 (34.87)	5:42.13 (34.97)	6:17.52 (35.39)	6:52.72 (35.20)		
	7:28.50 (35.78)	8:03.38 (34.88)	8:38.78 (35.40)	9:12.78 (34.00)		
17	McLain, Alex J	17	Pierre Swim Team-SD	10:08.85 Y	9:14.78	
	29.39	1:02.89 (33.50)	1:37.88 (34.99)	2:12.56 (34.68)		
	2:46.99 (34.43)	3:22.19 (35.20)	3:56.80 (34.61)	4:31.89 (35.09)		
	5:07.02 (35.13)	5:42.63 (35.61)	6:18.93 (36.30)	6:54.89 (35.96)		
	7:30.40 (35.51)	8:05.35 (34.95)	8:40.97 (35.62)	9:14.78 (33.81)		
18	Lopac, Christian M	16	Team Foxjet-MN	9:09.28	9:16.15	
	31.24	1:06.38 (35.14)	1:41.85 (35.47)	2:16.80 (34.95)		
	2:51.91 (35.11)	3:27.69 (35.78)	4:02.64 (34.95)	4:37.17 (34.53)		
	5:11.99 (34.82)	5:47.26 (35.27)	6:22.61 (35.35)	6:57.44 (34.83)		
	7:32.46 (35.02)	8:07.55 (35.09)	8:42.67 (35.12)	9:16.15 (33.48)		
19	Dake, Ryan M	17	Kansas City Blazers-MV	9:06.15	9:25.12	
	30.47	1:04.19 (33.72)	1:39.20 (35.01)	2:14.18 (34.98)		
	2:49.50 (35.32)	3:24.98 (35.48)	4:00.66 (35.68)	4:36.16 (35.50)		
	5:12.08 (35.92)	5:47.80 (35.72)	6:24.18 (36.38)	7:00.67 (36.49)		
	7:37.11 (36.44)	8:13.12 (36.01)	8:49.49 (36.37)	9:25.12 (35.63)		
---	Blankenbeker, Zach D	17	Pacesetter Aquatics-IN	8:47.61	SCR	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 3 Women 100 LC Meter Freestyle****Pool Record: 59.58 ? 8/5/2010 Marston E Fries****Kansas City Blaz****Meet Record: 59.58 ! 8/5/2010 Marston E Fries****Kansas City Blaz****58.59 JR****Meet Qualifying: 1:02.89**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Fries, Marston E	16	Kansas City Blazers-MV	1:00.52	59.58?	20
	28.65	59.58 (30.93)				
2	Walth, Cassandra B	16	AquaStorm-ND	1:00.62	1:00.00	17
	28.60	1:00.00 (31.40)				
3	Rudman, Stacey A	17	Lawrence Aquahawks-MV	1:00.71	1:00.15	16
	28.54	1:00.15 (31.61)				
4	Morris, Natalie K	17	Kansas City Blazers-MV	1:01.75	1:01.29	15
	29.45	1:01.29 (31.84)				
5	Snyder, Kate A	16	Kansas City Blazers-MV	1:01.29	1:01.86	14
	29.20	1:01.86 (32.66)				
6	Mayer, Mikayla C	15	South East Metro Sharks Swim C-MN	1:01.08	1:02.01	13
	29.97	1:02.01 (32.04)				
7	Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	1:01.66	1:02.11	12
	29.83	1:02.11 (32.28)				
8	Davis, Amelia G	15	Kansas City Blazers-MV	1:01.50	1:03.30	11
	30.28	1:03.30 (33.02)				
<b>B - Final</b>						
9	Angell, Hannah L	15	Kansas City Blazers-MV	1:01.87	1:01.74	9
	29.67	1:01.74 (32.07)				
10	Fossum, Samantha J	17	Brookings Swim Club-SD	1:01.85	1:01.75	7
	29.57	1:01.75 (32.18)				
11	Kilgore, Mary C	15	Wichita Swim Club-MV	1:02.04	1:01.80	6
	29.16	1:01.80 (32.64)				
12	Nadeau, Katie C	15	South Metro Storm Swim Club-MN	1:02.12	1:01.95	5
	29.72	1:01.95 (32.23)				
13	Braden, Mackenzie K	15	Team Foxjet-MN	1:02.03	1:02.18	4
	29.75	1:02.18 (32.43)				
14	Campbell, Emily A	18	Aberdeen Swim Club-SD	1:02.88	1:02.74	3
	30.05	1:02.74 (32.69)				
15	Engberg, Lydia R	16	AquaStorm-ND	1:02.97	1:02.82	2
	29.20	1:02.82 (33.62)				
16	Nelson, Jillian T	15	Kansas City Blazers-MV	1:03.14	1:02.92	1
	30.03	1:02.92 (32.89)				
<b>C - Final</b>						
17	Suek, Ellen R	15	Team Foxjet-MN	1:03.55	1:02.33	
	30.03	1:02.33 (32.30)				
18	Gerdes, Abagael J	15	Unattached Nlsa-MN	1:03.62	1:02.35	
	29.41	1:02.35 (32.94)				
19	Myer, Shannon N	17	Northland United Swim Team-MV	1:03.31	1:02.81	
	29.65	1:02.81 (33.16)				
20	Cedarholm, Cassandra A	17	South East Metro Sharks Swim C-MN	1:04.90	1:04.10	
	30.19	1:04.10 (33.91)				
21	Norfleet, Rachael E	16	Northland United Swim Team-MV	1:05.73	1:05.50	
	30.79	1:05.50 (34.71)				
22	Weatherford, Chelsey E	18	Kansas City Blazers-MV	1:06.96	1:08.05	
	32.66	1:08.05 (35.39)				

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 3 Women 100 LC Meter Freestyle)**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>Preliminaries</b>					
14 Metz, Marjorie M	17	Topeka Swim Association-MV	1:02.85		
--- Jeska, Anna K	16	Minnetonka Swim Club-MN	NS		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 3 Women 100 LC Meter Freestyle**

**Pool Record:** 59.58 ? 8/5/2010 Marston E Fries  
**Meet Record:** 59.58 ! 8/5/2010 Marston E Fries  
 58.59 JR

**Kansas City Blaz**  
**Kansas City Blaz**

**Meet Qualifying: 1:02.89**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Fries, Marston E	16	Kansas City Blazers-MV	59.98	1:00.52	q
28.47				1:00.52 (32.05)	
2 Walth, Cassandra B	16	AquaStorm-ND	1:01.79	1:00.62	q
28.65				1:00.62 (31.97)	
3 Rudman, Stacey A	17	Lawrence Aquahawks-MV	1:00.30	1:00.71	q
28.72				1:00.71 (31.99)	
4 Mayer, Mikayla C	15	South East Metro Sharks Swim C-MN	1:01.83	1:01.08	q
28.68				1:01.08 (32.40)	
5 Snyder, Kate A	16	Kansas City Blazers-MV	1:01.72	1:01.29	q
29.18				1:01.29 (32.11)	
6 Davis, Amelia G	15	Kansas City Blazers-MV	1:02.78	1:01.50	q
29.59				1:01.50 (31.91)	
7 Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	1:01.75	1:01.66	q
29.44				1:01.66 (32.22)	
8 Morris, Natalie K	17	Kansas City Blazers-MV	1:01.34	1:01.75	q
29.52				1:01.75 (32.23)	
9 Fossum, Samantha J	17	Brookings Swim Club-SD	1:02.38	1:01.85	q
29.58				1:01.85 (32.27)	
10 Angell, Hannah L	15	Kansas City Blazers-MV	54.95 Y	1:01.87	q
29.80				1:01.87 (32.07)	
11 Braden, Mackenzie K	15	Team Foxjet-MN	1:02.43	1:02.03	q
30.10				1:02.03 (31.93)	
12 Kilgore, Mary C	15	Wichita Swim Club-MV	1:02.68	1:02.04	q
28.97				1:02.04 (33.07)	
13 Nadeau, Katie C	15	South Metro Storm Swim Club-MN	1:02.71	1:02.12	q
29.62				1:02.12 (32.50)	
14 Metz, Marjorie M	17	Topeka Swim Association-MV	55.54 Y	1:02.85	q
29.81				1:02.85 (33.04)	
15 Campbell, Emily A	18	Aberdeen Swim Club-SD	55.29 Y	1:02.88	q
29.92				1:02.88 (32.96)	
16 Engberg, Lydia R	16	AquaStorm-ND	55.23 Y	1:02.97	q
29.61				1:02.97 (33.36)	
17 Nelson, Jillian T	15	Kansas City Blazers-MV	1:02.79	1:03.14	q
18 Myer, Shannon N	17	Northland United Swim Team-MV	1:02.70	1:03.31	q
29.14				1:03.31 (34.17)	
19 Suek, Ellen R	15	Team Foxjet-MN	1:01.97	1:03.55	q
29.86				1:03.55 (33.69)	
20 Gerdes, Abagael J	15	Unattached Nlsa-MN	55.25 Y	1:03.62	q
29.93				1:03.62 (33.69)	
21 Cedarholm, Cassandra A	17	South East Metro Sharks Swim C-MN	1:02.77	1:04.90	q
30.56				1:04.90 (34.34)	
22 Norfleet, Rachael E	16	Northland United Swim Team-MV	54.35 Y	1:05.73	q
30.36				1:05.73 (35.37)	
23 Weatherford, Chelsey E	18	Kansas City Blazers-MV	55.22 Y	1:06.96	q
31.73				1:06.96 (35.23)	
--- Jeska, Anna K	16	Minnetonka Swim Club-MN	1:02.75		NS

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 3 Women 100 LC Meter Freestyle)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
--- Kraling, Loretta R	16	Unattached-IA	55.12 Y	SCR
--- Smoliga, Olivia M	15	Glenview Titan Aquatic Club-IL	NT	SCR

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 4 Men 100 LC Meter Freestyle

Pool Record: 53.24 ? 8/5/2010 Zachary D Johnson  
 Meet Record: 53.24 ! 8/5/2010 Zachary D Johnson  
 53.09 JR

Sioux Falls Snow  
 Sioux Falls Snow

Meet Qualifying: 57.89

Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Johnson, Zachary D	18	Sioux Falls Snowfox-SD	53.47	53.24?	20
25.29	53.24 (27.95)				
2 Murphy, Conor S	19	Unattached-OZ	54.32	53.69	17
25.93	53.69 (27.76)				
3 Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	54.06	54.26	16
25.99	54.26 (28.27)				
4 Scheffer, Benjamin L	17	Kansas City Blazers-MV	53.72	54.27	15
26.27	54.27 (28.00)				
5 Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	54.64	54.61	14
25.82	54.61 (28.79)				
6 Koken, Matthew J	16	South East Metro Sharks Swim C-MN	55.19	55.10	13
26.10	55.10 (29.00)				
7 Blankenbeker, Zach D	17	Pacesetter Aquatics-IN	55.23	55.23	12
26.03	55.23 (29.20)				
8 Rasmus, Joseph B	18	Northern Lights Swim Associati-MN	55.01	55.57	11
26.40	55.57 (29.17)				
<b>B - Final</b>					
9 Hearl, Christopher R	15	Kansas City Blazers-MV	56.34	55.14	9
26.22	55.14 (28.92)				
10 Robrock, Kyle J	16	Black Dog Swimming-MN	55.79	55.36	7
26.81	55.36 (28.55)				
11 Runing, Garrett D	17	Black Dog Swimming-MN	55.61	55.40	6
26.90	55.40 (28.50)				
12 Kuriga, Lucas A	16	Waukesha Express Swim Team-WI	55.43	55.57	5
26.43	55.57 (29.14)				
13 Moore, Eric J	17	Sioux Falls Snowfox-SD	55.90	55.91	4
26.35	55.91 (29.56)				
14 Nichols, Tyler G	17	Heart Of America Swim Club-MV	55.66	55.94	3
26.20	55.94 (29.74)				
15 Ruffin, Jeffrey J	15	Alligator Aquatics-IL	56.08	56.03	2
27.17	56.03 (28.86)				
16 Ramoska, Robert R	15	Des Plaines River Racers-IL	55.96	56.39	1
27.02	56.39 (29.37)				
<b>C - Final</b>					
17 Christianson, Marcus A	18	Pierre Swim Team-SD	56.35	56.26	
26.73	56.26 (29.53)				
18 Martin, Matthew P	16	Kansas City Blazers-MV	56.67	56.29	
26.86	56.29 (29.43)				
19 Dake, Ryan M	17	Kansas City Blazers-MV	57.08	56.57	
27.14	56.57 (29.43)				
20 Austin, Jacob T	15	Sioux Falls Snowfox-SD	56.87	56.92	
26.83	56.92 (30.09)				
21 Benson, Deforrest R	15	Blackline Aquatics-MN	56.89	56.94	
27.31	56.94 (29.63)				
22 Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	56.77	57.29	
27.44	57.29 (29.85)				

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****C - Final ... (Event 4 Men 100 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
23	Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	57.15	57.59	
	27.15		57.59 (30.44)			
24	Miller, Robert D	17	Black Dog Swimming-MN	57.21	58.11	
	27.68		58.11 (30.43)			

**Preliminaries**

25	Lugg, Donald V	16	South East Metro Sharks Swim C-MN	57.43		
26	Lieberman, Jonathan D	15	Team Foxjet-MN	57.54		
27	Nygaard, Christian J	17	North Suburban Aquatic Club-MN	57.55		
28	Kosieradzki, Benjman A	17	South Metro Storm Swim Club-MN	57.63		
29	France, Nathaniel L	17	Black Dog Swimming-MN	57.64		
30	Sether, Dylan L	15	AquaStorm-ND	57.65		
31	Noble, Easton W	15	Clayton Shaw Park Tideriders-OZ	57.82		
32	Satterthwaite, Tim A	17	Team Foxjet-MN	57.90		
33	Faulkenberry, John R	17	Kansas City Blazers-MV	58.21		
34	Burchfield, Hunter R	16	South Metro Storm Swim Club-MN	58.58		
35	Johnstone, Jared R	16	Kansas City Blazers-MV	58.65		
36	Richardson, Brandon T	15	Swim Stma-MN	58.72		
37	Kusick, Owen P	15	A.S.K. Swim-ND	58.78		
38	Schindler, Trae M	16	South Metro Storm Swim Club-MN	59.04		
---	Carpenter, Chris N	17	Topeka Swim Association-MV	DQ		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 4 Men 100 LC Meter Freestyle****Pool Record: 53.24 ? 8/5/2010 Zachary D Johnson****Sioux Falls Snow****Meet Record: 53.24 ! 8/5/2010 Zachary D Johnson****Sioux Falls Snow****53.09 JR****Meet Qualifying: 57.89**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Johnson, Zachary D 25.27	18	Sioux Falls Snowfox-SD 53.47 (28.20)	54.15	53.47	q
2	Scheffer, Benjamin L 25.66	17	Kansas City Blazers-MV 53.72 (28.06)	54.94	53.72	q
3	Scott, Konner M 25.58	17	Leaning Tower YMCA Shark S T-IL 54.06 (28.48)	53.97	54.06	q
4	Murphy, Conor S 25.18	19	Unattached-OZ 54.32 (29.14)	53.58	54.32	q
5	Pasquesi, Justin L 25.47	17	Glenview Titan Aquatic Club-IL 54.64 (29.17)	57.83	54.64	q
6	Rasmus, Joseph B 25.90	18	Northern Lights Swim Associati-MN 55.01 (29.11)	56.56	55.01	q
7	Koken, Matthew J 26.15	16	South East Metro Sharks Swim C-MN 55.19 (29.04)	55.22	55.19	q
8	Blankenbeker, Zach D 26.14	17	Pacesetter Aquatics-IN 55.23 (29.09)	54.31	55.23	q
9	Kuriga, Lucas A 26.05	16	Waukesha Express Swim Team-WI 55.43 (29.38)	53.77	55.43	q
10	Runing, Garrett D 26.98	17	Black Dog Swimming-MN 55.61 (28.63)	56.54	55.61	q
11	Nichols, Tyler G 26.23	17	Heart Of America Swim Club-MV 55.66 (29.43)	57.28	55.66	q
12	Robrock, Kyle J 26.07	16	Black Dog Swimming-MN 55.79 (29.72)	56.61	55.79	q
13	Moore, Eric J 26.46	17	Sioux Falls Snowfox-SD 55.90 (29.44)	55.81	55.90	q
14	Ramoska, Robert R 26.47	15	Des Plaines River Racers-IL 55.96 (29.49)	49.29 Y	55.96	q
15	Ruffin, Jeffrey J 26.87	15	Alligator Aquatics-IL 56.08 (29.21)	50.22 Y	56.08	q
16	Hearl, Christopher R 26.40	15	Kansas City Blazers-MV 56.34 (29.94)	56.34	56.34	q
17	Christianson, Marcus A 26.52	18	Pierre Swim Team-SD 56.35 (29.83)	57.40	56.35	q
18	Martin, Matthew P 26.63	16	Kansas City Blazers-MV 56.67 (30.04)	56.76	56.67	q
19	Barnes, Morgan M 27.30	16	Cedar Rapids Aquatic-IA 56.77 (29.47)	57.04	56.77	q
20	Austin, Jacob T 26.47	15	Sioux Falls Snowfox-SD 56.87 (30.40)	50.47 Y	56.87	q
21	Benson, Deforrest R 27.33	15	Blackline Aquatics-MN 56.89 (29.56)	57.20	56.89	q
22	Dake, Ryan M 26.86	17	Kansas City Blazers-MV 57.08 (30.22)	50.45 Y	57.08	q
23	Hawkins, Alex N 27.44	17	Jasper Aquatic Wildcats, Inc-IN 57.15 (29.71)	49.27 Y	57.15	q

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 4 Men 100 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
24	Miller, Robert D 27.07	17	Black Dog Swimming-MN 57.21 (30.14)	57.68	57.21	q
25	Lugg, Donald V 27.35	16	South East Metro Sharks Swim C-MN 57.43 (30.08)	57.19	57.43	
26	Lieberman, Jonathan D 27.98	15	Team Foxjet-MN 57.54 (29.56)	57.66	57.54	
27	Nygaard, Christian J 27.33	17	North Suburban Aquatic Club-MN 57.55 (30.22)	57.42	57.55	
28	Kosieradzki, Benjman A 27.37	17	South Metro Storm Swim Club-MN 57.63 (30.26)	57.67	57.63	
29	France, Nathaniel L 26.71	17	Black Dog Swimming-MN 57.64 (30.93)	56.65	57.64	
30	Sether, Dylan L 28.52	15	AquaStorm-ND 57.65 (29.13)	57.81	57.65	
31	Noble, Easton W 27.19	15	Clayton Shaw Park Tideriders-OZ 57.82 (30.63)	50.54 Y	57.82	
32	Satterthwaite, Tim A 27.46	17	Team Foxjet-MN 57.90 (30.44)	50.09 Y	57.90	
33	Faulkenberry, John R 27.89	17	Kansas City Blazers-MV 58.21 (30.32)	50.44 Y	58.21	
34	Burchfield, Hunter R 27.48	16	South Metro Storm Swim Club-MN 58.58 (31.10)	57.64	58.58	
35	Johnstone, Jared R 27.55	16	Kansas City Blazers-MV 58.65 (31.10)	48.01 Y	58.65	
36	Richardson, Brandon T 28.25	15	Swim Stma-MN 58.72 (30.47)	57.61	58.72	
37	Kusick, Owen P 27.83	15	A.S.K. Swim-ND 58.78 (30.95)	57.78	58.78	
38	Schindler, Trae M 28.63	16	South Metro Storm Swim Club-MN 59.04 (30.41)	57.87	59.04	
---	Carpenter, Chris N Declared false start	17	Topeka Swim Association-MV	54.33		DQ

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 5 Women 200 LC Meter Breaststroke****Pool Record: 2:44.48 ? 8/5/2010 Emily A Campbell****Aberdeen Swim Cl****Meet Record: 2:44.48 ! 8/5/2010 Emily A Campbell****Aberdeen Swim Cl****2:39.99 JR****Meet Qualifying: 2:50.19**

Name		Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>						
1	Campbell, Emily A	18	Aberdeen Swim Club-SD	2:50.43	2:44.48?	20
	36.59	1:17.48 (40.89)	2:00.12 (42.64)	2:44.48 (44.36)		
2	Kent, Margaux E	18	Kansas City Blazers-MV	3:00.23	2:50.72	17
	38.72	1:22.11 (43.39)	2:06.66 (44.55)	2:50.72 (44.06)		
3	Lugg, Natalie R	18	South East Metro Sharks Swim C-MN	2:55.73	2:51.12	16
	37.79	1:22.44 (44.65)	2:06.65 (44.21)	2:51.12 (44.47)		
4	Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	2:52.90	2:51.61	15
	38.42	1:20.92 (42.50)	2:06.06 (45.14)	2:51.61 (45.55)		
5	Paakh, Melissa K	18	Unattached Nlsa-MN	3:04.29	2:56.82	14
	39.89	1:24.55 (44.66)	2:10.21 (45.66)	2:56.82 (46.61)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 5 Women 200 LC Meter Breaststroke****Pool Record: 2:44.48 ? 8/5/2010 Emily A Campbell****Aberdeen Swim Cl****Meet Record: 2:44.48 ! 8/5/2010 Emily A Campbell****Aberdeen Swim Cl****2:39.99 JR****Meet Qualifying: 2:50.19**

Name		Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Campbell, Emily A	18	Aberdeen Swim Club-SD	2:38.21	2:50.43	q
	38.10	1:22.35 (44.25)	2:06.82 (44.47)	2:50.43 (43.61)		
2	Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	2:28.41 Y	2:52.90	q
	38.07	1:22.19 (44.12)	2:06.57 (44.38)	2:52.90 (46.33)		
3	Lugg, Natalie R	18	South East Metro Sharks Swim C-MN	2:48.36	2:55.73	q
	38.34	1:25.02 (46.68)	2:09.74 (44.72)	2:55.73 (45.99)		
4	Kent, Margaux E	18	Kansas City Blazers-MV	2:45.52	3:00.23	q
	40.12	1:25.73 (45.61)	2:12.54 (46.81)	3:00.23 (47.69)		
5	Paakh, Melissa K	18	Unattached Nlsa-MN	2:26.21 Y	3:04.29	q
	41.14	1:27.81 (46.67)	2:16.84 (49.03)	3:04.29 (47.45)		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 6 Men 200 LC Meter Breaststroke

Pool Record: 2:25.85 ? 8/5/2010 Ronald L Hehn

Northern Lights

Meet Record: 2:25.85 ! 8/5/2010 Ronald L Hehn

Northern Lights

2:27.59 JR

Meet Qualifying: 2:39.69

Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Hehn, Ronald L	24	Northern Lights Swim Associati-MN	2:30.87	2:25.85? JR	20
32.73	1:09.52 (36.79)	1:47.30 (37.78)	2:25.85 (38.55)		
2 Glenn, Michael G	17	Kansas City Blazers-MV	2:31.45	2:28.39	17
33.28	1:11.63 (38.35)	1:49.93 (38.30)	2:28.39 (38.46)		
3 Oak, Quillan E	17	Northern Lights Swim Associati-MN	2:33.31	2:29.35	16
32.16	1:10.14 (37.98)	1:48.36 (38.22)	2:29.35 (40.99)		
4 Carpenter, Chris N	17	Topeka Swim Association-MV	2:32.87	2:30.28	15
34.04	1:11.86 (37.82)	1:50.88 (39.02)	2:30.28 (39.40)		
5 Dunn, Kendall P	15	Team Foxjet-MN	2:32.62	2:31.67	14
33.56	1:13.30 (39.74)	1:53.26 (39.96)	2:31.67 (38.41)		
6 Jurgens, Daniel P	16	Decatur Swim Club-IL	2:36.25	2:34.58	13
33.81	1:12.00 (38.19)	1:53.13 (41.13)	2:34.58 (41.45)		
7 Boyd, Matthew J	16	Unattached-IA	2:35.35	2:34.82	12
33.91	1:12.85 (38.94)	1:53.97 (41.12)	2:34.82 (40.85)		
8 Schuld, Eric J	15	Star Swim Team-MN	2:35.67	2:35.85	11
34.41	1:15.03 (40.62)	1:55.42 (40.39)	2:35.85 (40.43)		
<b>B - Final</b>					
9 Ballantyne, Ian R	15	AquaStorm-ND	2:36.36	2:35.36	9
35.38	1:15.25 (39.87)	1:54.87 (39.62)	2:35.36 (40.49)		
10 Kastigar, Adam J	16	Aberdeen Swim Club-SD	2:38.71	2:35.72	7
35.29	1:15.05 (39.76)	1:55.47 (40.42)	2:35.72 (40.25)		
11 Sether, Dylan L	15	AquaStorm-ND	2:37.63	2:37.20	6
37.25	1:17.90 (40.65)	1:58.74 (40.84)	2:37.20 (38.46)		
12 Washenberger, Dane B	17	Sioux Falls Snowfox-SD	2:38.00	2:37.66	5
37.10	1:17.27 (40.17)	1:58.51 (41.24)	2:37.66 (39.15)		
13 Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:38.70	2:37.96	4
35.47	1:16.91 (41.44)	1:57.26 (40.35)	2:37.96 (40.70)		
14 Hoshaw, Brandon D	17	Black Dog Swimming-MN	2:37.92	2:39.81	3
34.58	1:15.78 (41.20)	1:57.74 (41.96)	2:39.81 (42.07)		
15 Scheid, Ray	17	Alligator Aquatics-IL	2:39.74	2:40.08	2
34.69	1:14.35 (39.66)	1:56.76 (42.41)	2:40.08 (43.32)		
16 McLain, James C	19	Pierre Swim Team-SD	2:39.04	2:40.52	1
36.41	1:17.82 (41.41)	1:58.72 (40.90)	2:40.52 (41.80)		
<b>C - Final</b>					
17 Ford, Ian N	17	Cedar Rapids Aquatic-IA	2:40.99	2:39.56	
34.83	1:15.47 (40.64)	1:57.54 (42.07)	2:39.56 (42.02)		
18 France, Nathaniel L	17	Black Dog Swimming-MN	2:46.08	2:41.25	
33.54	1:14.02 (40.48)	1:57.19 (43.17)	2:41.25 (44.06)		
19 Noble, Easton W	15	Clayton Shaw Park Tideriders-OZ	2:44.76	2:42.87	
33.92	1:14.01 (40.09)	1:58.24 (44.23)	2:42.87 (44.63)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 6 Men 200 LC Meter Breaststroke****Pool Record: 2:25.85 ? 8/5/2010 Ronald L Hehn****Northern Lights****Meet Record: 2:25.85 ! 8/5/2010 Ronald L Hehn****Northern Lights****2:27.59 JR****Meet Qualifying: 2:39.69**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Hehn, Ronald L	24	Northern Lights Swim Associati-MN	2:26.13	2:30.87	q
	33.69	1:11.73 (38.04)	1:50.83 (39.10)	2:30.87 (40.04)		
2	Glenn, Michael G	17	Kansas City Blazers-MV	2:28.14	2:31.45	q
	33.42	1:12.07 (38.65)	1:51.29 (39.22)	2:31.45 (40.16)		
3	Dunn, Kendall P	15	Team Foxjet-MN	2:29.10	2:32.62	q
	34.24	1:13.37 (39.13)	1:53.73 (40.36)	2:32.62 (38.89)		
4	Carpenter, Chris N	17	Topeka Swim Association-MV	2:32.56	2:32.87	q
	33.72	1:12.27 (38.55)	1:53.01 (40.74)	2:32.87 (39.86)		
5	Oak, Quillan E	17	Northern Lights Swim Associati-MN	2:28.16	2:33.31	q
	34.54	1:13.55 (39.01)	1:53.02 (39.47)	2:33.31 (40.29)		
6	Boyd, Matthew J	16	Unattached-IA	2:13.49 Y	2:35.35	q
	33.95	1:12.94 (38.99)	1:54.66 (41.72)	2:35.35 (40.69)		
7	Schuld, Eric J	15	Star Swim Team-MN	2:36.95	2:35.67	q
	34.44	1:14.82 (40.38)	1:55.23 (40.41)	2:35.67 (40.44)		
8	Jurgens, Daniel P	16	Decatur Swim Club-IL	2:17.55 Y	2:36.25	q
	33.34	1:13.89 (40.55)	1:54.04 (40.15)	2:36.25 (42.21)		
9	Ballantyne, Ian R	15	AquaStorm-ND	2:12.37 Y	2:36.36	q
	34.77	1:15.28 (40.51)	1:54.60 (39.32)	2:36.36 (41.76)		
10	Sether, Dylan L	15	AquaStorm-ND	2:16.46 Y	2:37.63	q
	37.09	1:17.18 (40.09)	1:58.70 (41.52)	2:37.63 (38.93)		
11	Hoshaw, Brandon D	17	Black Dog Swimming-MN	2:38.29	2:37.92	q
	34.87	1:14.43 (39.56)	1:56.93 (42.50)	2:37.92 (40.99)		
12	Washenberger, Dane B	17	Sioux Falls Snowfox-SD	2:35.06	2:38.00	q
	35.70	1:15.80 (40.10)	1:56.86 (41.06)	2:38.00 (41.14)		
13	Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:37.82	2:38.70	q
	34.64	1:15.73 (41.09)	1:55.99 (40.26)	2:38.70 (42.71)		
14	Kastigar, Adam J	16	Aberdeen Swim Club-SD	2:38.46	2:38.71	q
	34.47	1:14.26 (39.79)	1:56.64 (42.38)	2:38.71 (42.07)		
15	McLain, James C	19	Pierre Swim Team-SD	2:38.80	2:39.04	q
	34.52	1:14.51 (39.99)	1:56.20 (41.69)	2:39.04 (42.84)		
16	Scheid, Ray	17	Alligator Aquatics-IL	2:39.16	2:39.74	q
	34.76	1:14.79 (40.03)	1:56.16 (41.37)	2:39.74 (43.58)		
17	Ford, Ian N	17	Cedar Rapids Aquatic-IA	2:35.77	2:40.99	q
	35.08	1:16.19 (41.11)	1:58.17 (41.98)	2:40.99 (42.82)		
18	Noble, Easton W	15	Clayton Shaw Park Tideriders-OZ	2:38.72	2:44.76	q
	35.76	1:16.60 (40.84)	2:00.82 (44.22)	2:44.76 (43.94)		
19	France, Nathaniel L	17	Black Dog Swimming-MN	2:13.97 Y	2:46.08	q
	35.50	1:16.60 (41.10)	2:00.42 (43.82)	2:46.08 (45.66)		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 7 Women 200 LC Meter Backstroke

Pool Record: 2:22.71 ? 8/5/2010 Hannah L Angell  
 Meet Record: 2:22.71 ! 8/5/2010 Hannah L Angell  
 2:20.99 JR

Kansas City Blaz  
 Kansas City Blaz

Meet Qualifying: 2:30.69

Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Angell, Hannah L	15	Kansas City Blazers-MV	2:23.40	2:22.71 ?	20
33.89	1:09.40 (35.51)	1:46.17 (36.77)	2:22.71 (36.54)		
2 Snyder, Kate A	16	Kansas City Blazers-MV	2:24.74	2:25.98	17
33.39	1:09.33 (35.94)	1:47.59 (38.26)	2:25.98 (38.39)		
3 Rife, Mackenna L	16	Kansas City Blazers-MV	2:26.01	2:28.01	16
34.09	1:11.40 (37.31)	1:49.73 (38.33)	2:28.01 (38.28)		
4 Campbell, Emily A	18	Aberdeen Swim Club-SD	2:32.81	2:29.69	15
35.18	1:13.54 (38.36)	1:52.22 (38.68)	2:29.69 (37.47)		
5 Lancey, Ashley P	15	Plymouth Swim Team-MN	2:29.20	2:30.16	14
36.18	1:13.99 (37.81)	1:52.76 (38.77)	2:30.16 (37.40)		
6 Fries, Marston E	16	Kansas City Blazers-MV	2:32.41	2:31.32	13
35.27	1:13.62 (38.35)	1:52.45 (38.83)	2:31.32 (38.87)		
7 Grabill, Reese H	16	Lawrence Aquahawks-MV	2:31.84	2:31.71	12
35.32	1:14.44 (39.12)	1:54.55 (40.11)	2:31.71 (37.16)		
8 Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	2:31.07	2:34.24	11
35.42	1:14.92 (39.50)	1:54.48 (39.56)	2:34.24 (39.76)		
<b>B - Final</b>					
9 Suek, Ellen R	15	Team Foxjet-MN	2:33.84	2:26.87	9
35.60	1:13.12 (37.52)	1:51.18 (38.06)	2:26.87 (35.69)		
10 Morris, Natalie K	17	Kansas City Blazers-MV	2:33.13	2:33.00	7
34.81	1:13.18 (38.37)	1:53.12 (39.94)	2:33.00 (39.88)		
11 Metz, Marjorie M	17	Topeka Swim Association-MV	2:37.29	2:35.25	6
35.45	1:14.47 (39.02)	1:54.82 (40.35)	2:35.25 (40.43)		
<b>Preliminaries</b>					
12 Rudman, Stacey A	17	Lawrence Aquahawks-MV	2:45.84		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 7 Women 200 LC Meter Backstroke

Pool Record: 2:22.71 ? 8/5/2010 Hannah L Angell

Kansas City Blaz

Meet Record: 2:22.71 ! 8/5/2010 Hannah L Angell

Kansas City Blaz

2:20.99 JR

Meet Qualifying: 2:30.69

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Angell, Hannah L	15	Kansas City Blazers-MV	2:23.88	2:23.40	q
34.08	1:09.96 (35.88)	1:46.72 (36.76)	2:23.40 (36.68)		
2 Snyder, Kate A	16	Kansas City Blazers-MV	2:25.12	2:24.74	q
33.14	1:09.29 (36.15)	1:47.19 (37.90)	2:24.74 (37.55)		
3 Rife, Mackenna L	16	Kansas City Blazers-MV	2:24.83	2:26.01	q
34.35	1:10.98 (36.63)	1:49.09 (38.11)	2:26.01 (36.92)		
4 Lancey, Ashley P	15	Plymouth Swim Team-MN	2:26.71	2:29.20	q
34.21	1:12.31 (38.10)	1:50.92 (38.61)	2:29.20 (38.28)		
5 Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	2:28.21	2:31.07	q
34.74	1:12.82 (38.08)	1:51.62 (38.80)	2:31.07 (39.45)		
6 Grabill, Reese H	16	Lawrence Aquahawks-MV	2:26.75	2:31.84	q
34.24	1:12.96 (38.72)	1:52.59 (39.63)	2:31.84 (39.25)		
7 Fries, Marston E	16	Kansas City Blazers-MV	2:29.62	2:32.41	q
36.18	1:14.41 (38.23)	1:53.64 (39.23)	2:32.41 (38.77)		
8 Campbell, Emily A	18	Aberdeen Swim Club-SD	2:06.17 Y	2:32.81	q
36.14	1:14.95 (38.81)	1:55.11 (40.16)	2:32.81 (37.70)		
9 Morris, Natalie K	17	Kansas City Blazers-MV	2:11.11 Y	2:33.13	q
35.11	1:14.08 (38.97)	1:53.29 (39.21)	2:33.13 (39.84)		
10 Suek, Ellen R	15	Team Foxjet-MN	2:26.18	2:33.84	q
36.21	1:15.22 (39.01)	1:55.64 (40.42)	2:33.84 (38.20)		
11 Metz, Marjorie M	17	Topeka Swim Association-MV	2:25.37	2:37.29	q
37.17	1:16.32 (39.15)	1:57.56 (41.24)	2:37.29 (39.73)		
12 Rudman, Stacey A	17	Lawrence Aquahawks-MV	2:30.22	2:45.84	q
37.28	1:19.90 (42.62)	2:03.87 (43.97)	2:45.84 (41.97)		
--- Smoliga, Olivia M	15	Glenview Titan Aquatic Club-IL	2:23.16	SCR	

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 8 Men 200 LC Meter Backstroke

Pool Record: 2:09.17 ? 8/5/2010

Benjamin L Scheffer

Kansas City Blaz

Meet Record: 2:09.17 ! 8/5/2010

Benjamin L Scheffer

Kansas City Blaz

2:09.59 JR

Meet Qualifying: 2:18.69

Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Scheffer, Benjamin L	17	Kansas City Blazers-MV	2:09.17	2:10.54	20
30.09	1:02.82 (32.73)	1:36.81 (33.99)	2:10.54 (33.73)		
2 Maginn, Heath M	15	Kansas City Blazers-MV	2:13.24	2:11.97	17
30.67	1:04.25 (33.58)	1:37.77 (33.52)	2:11.97 (34.20)		
3 Hearl, Christopher R	15	Kansas City Blazers-MV	2:16.67	2:12.60	16
31.00	1:04.77 (33.77)	1:39.52 (34.75)	2:12.60 (33.08)		
4 Gorman, Brian J	17	Rapid City Racers-SD	2:11.22	2:12.95	15
30.53	1:03.94 (33.41)	1:38.77 (34.83)	2:12.95 (34.18)		
5 Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	2:16.35	2:13.95	14
30.83	1:06.13 (35.30)	1:40.21 (34.08)	2:13.95 (33.74)		
6 Robrock, Kyle J	16	Black Dog Swimming-MN	2:17.35	2:16.81	13
31.26	1:05.66 (34.40)	1:41.32 (35.66)	2:16.81 (35.49)		
7 Faulkenberry, John R	17	Kansas City Blazers-MV	2:16.16	2:17.14	12
32.38	1:06.93 (34.55)	1:42.71 (35.78)	2:17.14 (34.43)		
8 Dake, Ryan M	17	Kansas City Blazers-MV	2:16.99	2:18.24	11
31.51	1:06.27 (34.76)	1:41.84 (35.57)	2:18.24 (36.40)		
<b>B - Final</b>					
9 Davidson, Austin J	16	South East Metro Sharks Swim C-MN	2:17.80	2:16.44	9
31.90	1:06.22 (34.32)	1:41.12 (34.90)	2:16.44 (35.32)		
10 Moore, Eric J	17	Sioux Falls Snowfox-SD	2:18.48	2:17.39	7
32.35	1:06.60 (34.25)	1:42.26 (35.66)	2:17.39 (35.13)		
11 Ford, Ian N	17	Cedar Rapids Aquatic-IA	2:21.28	2:18.96	6
31.74	1:06.46 (34.72)	1:43.71 (37.25)	2:18.96 (35.25)		
12 Boyd, Matthew J	16	Unattached-IA	2:20.18	2:20.36	5
32.55	1:07.54 (34.99)	1:44.62 (37.08)	2:20.36 (35.74)		
13 McLain, Alex J	17	Pierre Swim Team-SD	2:19.53	2:20.72	4
32.49	1:08.19 (35.70)	1:43.93 (35.74)	2:20.72 (36.79)		
14 McDonald, Kyle M	17	Kansas City Blazers-MV	2:20.89	2:22.21	3
33.12	1:09.39 (36.27)	1:45.81 (36.42)	2:22.21 (36.40)		
<b>Preliminaries</b>					
14 Carpenter, Chris N	17	Topeka Swim Association-MV	2:21.24		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 8 Men 200 LC Meter Backstroke

Pool Record: 2:09.17 ? 8/5/2010 Benjamin L Scheffer Kansas City Blaz  
 Meet Record: 2:09.17 ! 8/5/2010 Benjamin L Scheffer Kansas City Blaz  
 2:09.59 JR

Meet Qualifying: 2:18.69

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Scheffer, Benjamin L	17	Kansas City Blazers-MV	2:10.55	2:09.17? qJR
30.48	1:02.71 (32.23)	1:36.10 (33.39)	2:09.17 (33.07)	
2 Gorman, Brian J	17	Rapid City Racers-SD	2:13.13	2:11.22 q
30.30	1:03.21 (32.91)	1:37.57 (34.36)	2:11.22 (33.65)	
3 Maginn, Heath M	15	Kansas City Blazers-MV	2:13.36	2:13.24 q
31.56	1:04.78 (33.22)	1:39.21 (34.43)	2:13.24 (34.03)	
4 Faulkenberry, John R	17	Kansas City Blazers-MV	2:15.20	2:16.16 q
31.46	1:05.99 (34.53)	1:41.07 (35.08)	2:16.16 (35.09)	
5 Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	2:16.06	2:16.35 q
31.53	1:07.19 (35.66)	1:41.78 (34.59)	2:16.35 (34.57)	
6 Hearl, Christopher R	15	Kansas City Blazers-MV	2:09.95	2:16.67 q
31.40	1:05.59 (34.19)	1:41.82 (36.23)	2:16.67 (34.85)	
7 Dake, Ryan M	17	Kansas City Blazers-MV	2:18.29	2:16.99 q
31.25	1:06.02 (34.77)	1:40.69 (34.67)	2:16.99 (36.30)	
8 Robrock, Kyle J	16	Black Dog Swimming-MN	2:15.10	2:17.35 q
32.11	1:07.66 (35.55)	1:42.94 (35.28)	2:17.35 (34.41)	
9 Davidson, Austin J	16	South East Metro Sharks Swim C-MN	2:15.10	2:17.80 q
31.39	1:06.68 (35.29)	1:42.07 (35.39)	2:17.80 (35.73)	
10 Moore, Eric J	17	Sioux Falls Snowfox-SD	2:16.18	2:18.48 q
32.26	1:07.39 (35.13)	1:43.30 (35.91)	2:18.48 (35.18)	
11 McLain, Alex J	17	Pierre Swim Team-SD	1:58.16 Y	2:19.53 q
31.13	1:06.48 (35.35)	1:42.98 (36.50)	2:19.53 (36.55)	
12 Boyd, Matthew J	16	Unattached-IA	2:17.67	2:20.18 q
32.67	1:08.12 (35.45)	1:44.94 (36.82)	2:20.18 (35.24)	
13 McDonald, Kyle M	17	Kansas City Blazers-MV	2:17.84	2:20.89 q
32.28	1:07.61 (35.33)	1:44.04 (36.43)	2:20.89 (36.85)	
14 Carpenter, Chris N	17	Topeka Swim Association-MV	2:15.10	2:21.24 q
32.78	1:07.88 (35.10)	1:45.08 (37.20)	2:21.24 (36.16)	
15 Ford, Ian N	17	Cedar Rapids Aquatic-IA	2:17.50	2:21.28 q
33.10	1:08.98 (35.88)	1:45.81 (36.83)	2:21.28 (35.47)	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 9 Women 100 LC Meter Breaststroke****Pool Record: 1:16.89 ? 8/6/2010 Natalie R Lugg****South East Metro****Meet Record: 1:16.89 ! 8/6/2010 Natalie R Lugg****South East Metro****1:14.29 JR****Meet Qualifying: 1:19.49**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Lugg, Natalie R 36.38	18	South East Metro Sharks Swim C-MN	1:18.40	1:16.89?	20
			1:16.89 (40.51)			
2	Campbell, Emily A 35.43	18	Aberdeen Swim Club-SD	1:18.84	1:17.95	17
			1:17.95 (42.52)			
3	Kent, Margaux E 36.56	18	Kansas City Blazers-MV	1:18.49	1:18.03	16
			1:18.03 (41.47)			
4	Bosch, Kasey J 37.14	16	South East Metro Sharks Swim C-MN	1:20.54	1:19.04	15
			1:19.04 (41.90)			
5	Powers, Alyssa L 37.43	17	Northland United Swim Team-MV	1:21.05	1:21.51	14
			1:21.51 (44.08)			
6	Iida, Katherine M 38.88	15	Glenview Titan Aquatic Club-IL	1:22.21	1:22.44	13
			1:22.44 (43.56)			
7	Paakh, Melissa K 40.22	18	Unattached Nlsa-MN	1:23.87	1:23.71	12
			1:23.71 (43.49)			
8	Norfleet, Rachael E 39.19	16	Northland United Swim Team-MV	1:22.96	1:24.71	11
			1:24.71 (45.52)			
<b>Preliminaries</b>						
1	Lancey, Ashley P	15	Plymouth Swim Team-MN	1:18.11		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 9 Women 100 LC Meter Breaststroke****Pool Record: 1:16.89 ? 8/6/2010 Natalie R Lugg****South East Metro****Meet Record: 1:16.89 ! 8/6/2010 Natalie R Lugg****South East Metro****1:14.29 JR****Meet Qualifying: 1:19.49**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Lancey, Ashley P	15	Plymouth Swim Team-MN	1:07.62 Y	1:18.11	q
	36.06		1:18.11 (42.05)			
2	Lugg, Natalie R	18	South East Metro Sharks Swim C-MN	1:15.68	1:18.40	q
	35.84		1:18.40 (42.56)			
3	Kent, Margaux E	18	Kansas City Blazers-MV	1:17.57	1:18.49	q
	36.70		1:18.49 (41.79)			
4	Campbell, Emily A	18	Aberdeen Swim Club-SD	1:14.67	1:18.84	q
	36.83		1:18.84 (42.01)			
5	Bosch, Kasey J	16	South East Metro Sharks Swim C-MN	1:18.78	1:20.54	q
	36.28		1:20.54 (44.26)			
6	Powers, Alyssa L	17	Northland United Swim Team-MV	1:18.02	1:21.05	q
	37.02		1:21.05 (44.03)			
7	Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	1:09.09 Y	1:22.21	q
	38.14		1:22.21 (44.07)			
8	Norfleet, Rachael E	16	Northland United Swim Team-MV	1:08.53 Y	1:22.96	q
	39.64		1:22.96 (43.32)			
9	Paakh, Melissa K	18	Unattached Nlsa-MN	1:17.91	1:23.87	q
	39.62		1:23.87 (44.25)			

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 10 Men 100 LC Meter Breaststroke

Pool Record: 1:04.68 ? 8/6/2010 Ronald L Hehn

Northern Lights

Meet Record: 1:04.68 ! 8/6/2010 Ronald L Hehn

Northern Lights

1:07.79 JR

## Meet Qualifying: 1:13.09

	Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>						
1	Hehn, Ronald L	24	Northern Lights Swim Associati-MN	1:08.29	1:04.68? JR	20
	30.39			1:04.68 (34.29)		
2	Carpenter, Chris N	17	Topeka Swim Association-MV	1:08.76	1:07.13 JR	17
	31.24			1:07.13 (35.89)		
3	Ballantyne, Ian R	15	AquaStorm-ND	1:09.53	1:07.95	16
	31.41			1:07.95 (36.54)		
4	Jurgens, Daniel P	16	Decatur Swim Club-IL	1:09.44	1:07.98	15
	31.18			1:07.98 (36.80)		
5	Nichols, Tyler G	17	Heart Of America Swim Club-MV	1:10.15	1:09.21	14
	32.25			1:09.21 (36.96)		
6	Glenn, Michael G	17	Kansas City Blazers-MV	1:09.72	1:09.87	13
	32.12			1:09.87 (37.75)		
7	Dunn, Kendall P	15	Team Foxjet-MN	1:10.37	1:10.66	12
	33.25			1:10.66 (37.41)		
8	Olson, Tanner J	15	Northern Lights Swim Associati-MN	1:10.04	1:11.09	11
	33.21			1:11.09 (37.88)		
<b>B - Final</b>						
9	France, Nathaniel L	17	Black Dog Swimming-MN	1:10.49	1:11.27	9
	32.70			1:11.27 (38.57)		
10	McLain, James C	19	Pierre Swim Team-SD	1:10.92	1:11.82	7
	32.96			1:11.82 (38.86)		
11	Sether, Dylan L	15	AquaStorm-ND	1:12.28	1:12.07	6
	34.92			1:12.07 (37.15)		
12	Boyd, Matthew J	16	Unattached-IA	1:11.96	1:12.18	5
	33.17			1:12.18 (39.01)		
13	Noble, Easton W	15	Clayton Shaw Park Tideriders-OZ	1:10.63	1:12.59	4
	33.52			1:12.59 (39.07)		
14	Hoshaw, Brandon D	17	Black Dog Swimming-MN	1:11.46	1:12.73	3
	34.41			1:12.73 (38.32)		
15	Scheid, Ray	17	Alligator Aquatics-IL	1:14.66	1:13.12	2
	33.87			1:13.12 (39.25)		
16	Washenberger, Dane B	17	Sioux Falls Snowfox-SD	1:13.12	1:14.41	1
	34.89			1:14.41 (39.52)		
<b>C - Final</b>						
17	Ford, Ian N	17	Cedar Rapids Aquatic-IA	1:15.75	1:13.66	
	33.87			1:13.66 (39.79)		
<b>Preliminaries</b>						
13	Schuld, Eric J	15	Star Swim Team-MN	1:11.96		
19	Soucie, Dakota T	17	Hastings Y Aquatic Club-MW	1:16.49		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 10 Men 100 LC Meter Breaststroke****Pool Record: 1:04.68 ? 8/6/2010 Ronald L Hehn****Northern Lights****Meet Record: 1:04.68 ! 8/6/2010 Ronald L Hehn****Northern Lights****1:07.79 JR****Meet Qualifying: 1:13.09**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Prelim Time</u>	
<b>Preliminaries</b>						
1	Hehn, Ronald L	24	Northern Lights Swim Associati-MN	1:05.31	1:08.29	q
	32.13		1:08.29 (36.16)			
2	Carpenter, Chris N	17	Topeka Swim Association-MV	1:08.16	1:08.76	q
	32.15		1:08.76 (36.61)			
3	Jurgens, Daniel P	16	Decatur Swim Club-IL	1:12.16	1:09.44	q
	31.48		1:09.44 (37.96)			
4	Ballantyne, Ian R	15	AquaStorm-ND	1:10.04	1:09.53	q
	30.87		1:09.53 (38.66)			
5	Glenn, Michael G	17	Kansas City Blazers-MV	1:08.50	1:09.72	q
	32.12		1:09.72 (37.60)			
6	Olson, Tanner J	15	Northern Lights Swim Associati-MN	1:10.45	1:10.04	q
	32.20		1:10.04 (37.84)			
7	Nichols, Tyler G	17	Heart Of America Swim Club-MV	1:09.97	1:10.15	q
	33.03		1:10.15 (37.12)			
8	Dunn, Kendall P	15	Team Foxjet-MN	1:09.43	1:10.37	q
	33.24		1:10.37 (37.13)			
9	France, Nathaniel L	17	Black Dog Swimming-MN	1:11.93	1:10.49	q
	32.68		1:10.49 (37.81)			
10	Noble, Easton W	15	Clayton Shaw Park Tideriders-OZ	1:09.77	1:10.63	q
	33.52		1:10.63 (37.11)			
11	McLain, James C	19	Pierre Swim Team-SD	1:11.98	1:10.92	q
	33.09		1:10.92 (37.83)			
12	Hoshaw, Brandon D	17	Black Dog Swimming-MN	1:12.57	1:11.46	q
	33.45		1:11.46 (38.01)			
*13	Schuld, Eric J	15	Star Swim Team-MN	1:11.71	1:11.96	q
	33.73		1:11.96 (38.23)			
*13	Boyd, Matthew J	16	Unattached-IA	1:11.34	1:11.96	q
	33.15		1:11.96 (38.81)			
15	Sether, Dylan L	15	AquaStorm-ND	1:01.65 Y	1:12.28	q
	34.52		1:12.28 (37.76)			
16	Washenberger, Dane B	17	Sioux Falls Snowfox-SD	1:12.27	1:13.12	q
	33.77		1:13.12 (39.35)			
17	Scheid, Ray	17	Alligator Aquatics-IL	1:02.84 Y	1:14.66	q
	33.86		1:14.66 (40.80)			
18	Ford, Ian N	17	Cedar Rapids Aquatic-IA	1:12.71	1:15.75	q
	34.91		1:15.75 (40.84)			
19	Soucie, Dakota T	17	Hastings Y Aquatic Club-MW	1:12.83	1:16.49	q
	34.64		1:16.49 (41.85)			

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 11 Women 200 LC Meter Freestyle

Pool Record: 2:08.55 ? 8/6/2010 Amelia G Davis

Kansas City Blaz

Meet Record: 2:08.55 ! 8/6/2010 Amelia G Davis

Kansas City Blaz

2:06.19 JR

Meet Qualifying: 2:14.99

Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Davis, Amelia G	15	Kansas City Blazers-MV	2:10.64	2:08.55?	20
29.46	1:01.52 (32.06)	1:35.11 (33.59)	2:08.55 (33.44)		
2 Fries, Marston E	16	Kansas City Blazers-MV	2:12.82	2:10.43	17
30.39	1:03.80 (33.41)	1:37.84 (34.04)	2:10.43 (32.59)		
3 Morris, Natalie K	17	Kansas City Blazers-MV	2:13.36	2:11.64	16
30.32	1:03.23 (32.91)	1:37.20 (33.97)	2:11.64 (34.44)		
4 Fossum, Samantha J	17	Brookings Swim Club-SD	2:13.90	2:11.74	15
30.40	1:03.46 (33.06)	1:38.06 (34.60)	2:11.74 (33.68)		
5 Braden, Mackenzie K	15	Team Foxjet-MN	2:14.51	2:13.55	14
31.71	1:05.86 (34.15)	1:39.95 (34.09)	2:13.55 (33.60)		
6 Rife, Mackenna L	16	Kansas City Blazers-MV	2:13.51	2:13.94	13
31.09	1:04.82 (33.73)	1:39.48 (34.66)	2:13.94 (34.46)		
7 Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	2:13.86	2:15.66	12
30.46	1:05.27 (34.81)	1:40.32 (35.05)	2:15.66 (35.34)		
8 Brennan, Samantha N	17	Kansas City Blazers-MV	2:14.18	2:16.22	11
31.83	1:06.63 (34.80)	1:41.76 (35.13)	2:16.22 (34.46)		
<b>B - Final</b>					
9 Walth, Cassandra B	16	AquaStorm-ND	2:15.88	2:14.24	9
30.03	1:03.83 (33.80)	1:39.24 (35.41)	2:14.24 (35.00)		
10 Neeley, Mackenzie R	15	Kansas City Blazers-MV	2:16.44	2:15.90	7
31.46	1:05.44 (33.98)	1:41.09 (35.65)	2:15.90 (34.81)		
11 Nadeau, Katie C	15	South Metro Storm Swim Club-MN	2:15.52	2:15.94	6
31.01	1:06.36 (35.35)	1:41.62 (35.26)	2:15.94 (34.32)		
12 Mayer, Mikayla C	15	South East Metro Sharks Swim C-MN	2:17.16	2:16.87	5
32.28	1:06.66 (34.38)	1:42.49 (35.83)	2:16.87 (34.38)		
13 Young, Christen A	17	South Metro Storm Swim Club-MN	2:16.20	2:16.90	4
30.97	1:06.52 (35.55)	1:41.86 (35.34)	2:16.90 (35.04)		
14 Snyder, Kate A	16	Kansas City Blazers-MV	2:14.58	2:17.74	3
30.38	1:04.85 (34.47)	1:41.39 (36.54)	2:17.74 (36.35)		
15 Guardado, Brynn J	16	Northland United Swim Team-MV	2:16.45	2:20.74	2
31.74	1:07.64 (35.90)	1:43.92 (36.28)	2:20.74 (36.82)		
16 Rudman, Stacey A	17	Lawrence Aquahawks-MV	2:15.09	2:29.54	1
28.90	1:00.73 (31.83)	1:48.33 (47.60)	2:29.54 (41.21)		
<b>C - Final</b>					
17 Metz, Marjorie M	17	Topeka Swim Association-MV	2:18.78	2:14.71	
31.07	1:05.09 (34.02)	1:40.32 (35.23)	2:14.71 (34.39)		
18 Cedarholm, Cassandra A	17	South East Metro Sharks Swim C-MN	2:20.98	2:18.57	
32.02	1:06.49 (34.47)	1:43.01 (36.52)	2:18.57 (35.56)		
19 Nelson, Jillian T	15	Kansas City Blazers-MV	2:21.07	2:21.86	
31.30	1:08.03 (36.73)	1:45.38 (37.35)	2:21.86 (36.48)		
20 Weatherford, Chelsey E	18	Kansas City Blazers-MV	2:24.40	2:23.03	
33.36	1:09.25 (35.89)	1:46.63 (37.38)	2:23.03 (36.40)		
<b>Preliminaries</b>					
20 Grabill, Reese H	16	Lawrence Aquahawks-MV	2:21.65		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 11 Women 200 LC Meter Freestyle

Pool Record: 2:08.55 ? 8/6/2010 Amelia G Davis

Kansas City Blaz

Meet Record: 2:08.55 ! 8/6/2010 Amelia G Davis

Kansas City Blaz

2:06.19 JR

Meet Qualifying: 2:14.99

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Davis, Amelia G	15	Kansas City Blazers-MV	2:09.62	2:10.64	q
30.22	1:02.85 (32.63)	1:36.62 (33.77)	2:10.64 (34.02)		
2 Fries, Marston E	16	Kansas City Blazers-MV	2:11.14	2:12.82	q
30.89	1:04.07 (33.18)	1:38.64 (34.57)	2:12.82 (34.18)		
3 Morris, Natalie K	17	Kansas City Blazers-MV	1:59.41 Y	2:13.36	q
30.22	1:03.45 (33.23)	1:37.78 (34.33)	2:13.36 (35.58)		
4 Rife, Mackenna L	16	Kansas City Blazers-MV	2:11.13	2:13.51	q
30.66	1:04.57 (33.91)	1:39.42 (34.85)	2:13.51 (34.09)		
5 Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	2:10.77	2:13.86	q
30.10	1:04.11 (34.01)	1:38.98 (34.87)	2:13.86 (34.88)		
6 Fossum, Samantha J	17	Brookings Swim Club-SD	2:12.14	2:13.90	q
30.29	1:03.86 (33.57)	1:39.21 (35.35)	2:13.90 (34.69)		
7 Brennan, Samantha N	17	Kansas City Blazers-MV	2:14.54	2:14.18	q
31.36	1:05.14 (33.78)	1:39.82 (34.68)	2:14.18 (34.36)		
8 Braden, Mackenzie K	15	Team Foxjet-MN	1:58.08 Y	2:14.51	q
31.47	1:05.57 (34.10)	1:40.83 (35.26)	2:14.51 (33.68)		
9 Snyder, Kate A	16	Kansas City Blazers-MV	2:14.38	2:14.58	q
	15.05 ( )	31.13 (16.08)	2:14.58 (1:43.45)		
10 Rudman, Stacey A	17	Lawrence Aquahawks-MV	2:13.33	2:15.09	q
30.86	1:04.73 (33.87)	1:40.11 (35.38)	2:15.09 (34.98)		
11 Nadeau, Katie C	15	South Metro Storm Swim Club-MN	1:57.69 Y	2:15.52	q
31.50	1:05.97 (34.47)	1:41.29 (35.32)	2:15.52 (34.23)		
12 Walth, Cassandra B	16	AquaStorm-ND	1:59.09 Y	2:15.88	q
30.08	1:03.77 (33.69)	1:39.95 (36.18)	2:15.88 (35.93)		
13 Young, Christen A	17	South Metro Storm Swim Club-MN	1:57.17 Y	2:16.20	q
30.87	1:06.05 (35.18)	1:40.84 (34.79)	2:16.20 (35.36)		
14 Neeley, Mackenzie R	15	Kansas City Blazers-MV	2:13.36	2:16.44	q
31.16	1:05.82 (34.66)	1:41.02 (35.20)	2:16.44 (35.42)		
15 Guardado, Brynn J	16	Northland United Swim Team-MV	1:56.32 Y	2:16.45	q
31.03	1:06.15 (35.12)	1:40.85 (34.70)	2:16.45 (35.60)		
16 Mayer, Mikayla C	15	South East Metro Sharks Swim C-MN	2:14.75	2:17.16	q
31.29	1:07.47 (36.18)	1:41.71 (34.24)	2:17.16 (35.45)		
17 Metz, Marjorie M	17	Topeka Swim Association-MV	2:13.65	2:18.78	q
30.75	1:05.86 (35.11)	1:41.91 (36.05)	2:18.78 (36.87)		
18 Cedarholm, Cassandra A	17	South East Metro Sharks Swim C-MN	1:58.82 Y	2:20.98	q
31.38	1:06.76 (35.38)	1:43.83 (37.07)	2:20.98 (37.15)		
19 Nelson, Jillian T	15	Kansas City Blazers-MV	1:58.18 Y	2:21.07	q
31.75	1:07.87 (36.12)	1:45.72 (37.85)	2:21.07 (35.35)		
20 Grabill, Reese H	16	Lawrence Aquahawks-MV	2:14.31	2:21.65	q
30.90	1:07.11 (36.21)	1:44.53 (37.42)	2:21.65 (37.12)		
21 Weatherford, Chelsey E	18	Kansas City Blazers-MV	2:14.71	2:24.40	q
33.05	1:09.59 (36.54)	1:47.40 (37.81)	2:24.40 (37.00)		
--- Campbell, Emily A	18	Aberdeen Swim Club-SD	NT	SCR	
--- Smoliga, Olivia M	15	Glenview Titan Aquatic Club-IL	2:11.39	SCR	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 12 Men 200 LC Meter Freestyle****Pool Record: 1:57.89 ? 8/6/2010 Zach D Blankenkemper****Pacesetter Aquat****Meet Record: 1:57.89 ! 8/6/2010 Zach D Blankenkemper****Pacesetter Aquat****1:55.89 JR****Meet Qualifying: 2:05.79**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Blankenkemper, Zach D	17	Pacesetter Aquatics-IN	1:59.86	1:57.89?	20
	27.48	56.76 (29.28)	1:27.09 (30.33)	1:57.89 (30.80)		
2	Scheffer, Benjamin L	17	Kansas City Blazers-MV	1:59.25	1:59.26	17
	27.34	57.49 (30.15)	1:28.34 (30.85)	1:59.26 (30.92)		
3	Murphy, Conor S	19	Unattached-OZ	1:59.76	1:59.29	16
	27.05	57.65 (30.60)	1:28.75 (31.10)	1:59.29 (30.54)		
4	Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	2:01.03	2:00.08	15
	27.47	57.90 (30.43)	1:28.80 (30.90)	2:00.08 (31.28)		
5	Koken, Matthew J	16	South East Metro Sharks Swim C-MN	2:01.58	2:00.84	14
	27.72	58.37 (30.65)	1:29.87 (31.50)	2:00.84 (30.97)		
6	Foster, James N	16	Kansas City Blazers-MV	2:01.39	2:01.94	13
	28.24	59.06 (30.82)	1:31.17 (32.11)	2:01.94 (30.77)		
7	Johnson, Zachary D	18	Sioux Falls Snowfox-SD	1:59.31	2:02.67	12
	26.93	57.34 (30.41)	1:29.39 (32.05)	2:02.67 (33.28)		
8	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	2:01.43	2:03.28	11
	27.83	59.17 (31.34)	1:31.24 (32.07)	2:03.28 (32.04)		
<b>B - Final</b>						
9	Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	2:02.80	2:00.98	9
	28.11	59.15 (31.04)	1:31.10 (31.95)	2:00.98 (29.88)		
10	Ruffin, Jeffrey J	15	Alligator Aquatics-IL	2:02.51	2:01.28	7
	27.90	58.94 (31.04)	1:30.55 (31.61)	2:01.28 (30.73)		
11	Oak, Quillan E	17	Northern Lights Swim Associati-MN	2:01.82	2:01.61	6
	27.54	58.51 (30.97)	1:30.72 (32.21)	2:01.61 (30.89)		
12	McLain, Alex J	17	Pierre Swim Team-SD	2:02.13	2:02.29	5
	27.85	58.43 (30.58)	1:30.38 (31.95)	2:02.29 (31.91)		
13	Hearl, Christopher R	15	Kansas City Blazers-MV	2:03.16	2:02.60	4
	27.53	59.32 (31.79)	1:31.59 (32.27)	2:02.60 (31.01)		
14	Koeller, Benjamin C	15	Kansas City Blazers-MV	2:02.76	2:02.84	3
	27.97	59.75 (31.78)	1:31.18 (31.43)	2:02.84 (31.66)		
15	Martin, Matthew P	16	Kansas City Blazers-MV	2:02.63	2:03.92	2
	27.84	59.18 (31.34)	1:31.30 (32.12)	2:03.92 (32.62)		
16	Angerhofer, Christopher R	15	Sioux Falls Snowfox-SD	2:03.22	2:06.72	1
	28.94	1:01.30 (32.36)	1:34.33 (33.03)	2:06.72 (32.39)		
<b>C - Final</b>						
17	Evansnolan, Max B	17	Waukesha Express Swim Team-WI	2:03.48	2:00.90	
	27.59	58.45 (30.86)	1:30.11 (31.66)	2:00.90 (30.79)		
18	Ramoska, Robert R	15	Des Plaines River Racers-IL	2:03.49	2:01.88	
	27.80	58.88 (31.08)	1:30.72 (31.84)	2:01.88 (31.16)		
19	Runing, Garrett D	17	Black Dog Swimming-MN	2:04.86	2:04.21	
	27.83	58.65 (30.82)	1:31.13 (32.48)	2:04.21 (33.08)		
20	Nygaard, Christian J	17	North Suburban Aquatic Club-MN	2:05.79	2:05.18	
	29.04	1:00.97 (31.93)	1:32.92 (31.95)	2:05.18 (32.26)		
21	Moore, Eric J	17	Sioux Falls Snowfox-SD	2:05.97	2:05.51	
	28.28	1:00.57 (32.29)	1:33.29 (32.72)	2:05.51 (32.22)		
22	Dake, Ryan M	17	Kansas City Blazers-MV	2:05.82	2:05.72	
	29.27	1:01.21 (31.94)	1:33.49 (32.28)	2:05.72 (32.23)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****C - Final ... (Event 12 Men 200 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
23	Robrock, Kyle J	16	Black Dog Swimming-MN	2:05.95	2:06.61	
	27.92	59.97 (32.05)	1:33.64 (33.67)	2:06.61 (32.97)		
24	Faulkenberry, John R	17	Kansas City Blazers-MV	2:05.38	2:06.63	
	28.57	1:00.33 (31.76)	1:33.76 (33.43)	2:06.63 (32.87)		

**Preliminaries**

19	Carpenter, Chris N	17	Topeka Swim Association-MV	2:03.60		
20	Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:03.70		
27	Christianson, Marcus A	18	Pierre Swim Team-SD	2:06.03		
28	Benson, DeForrest R	15	Blackline Aquatics-MN	2:06.61		
29	Lieberman, Jonathan D	15	Team Foxjet-MN	2:06.98		
30	Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	2:08.48		
---	Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	DQ		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 12 Men 200 LC Meter Freestyle****Pool Record: 1:57.89 ? 8/6/2010 Zach D Blankenkemper****Pacesetter Aquat****Meet Record: 1:57.89 ! 8/6/2010 Zach D Blankenkemper****Pacesetter Aquat****1:55.89 JR****Meet Qualifying: 2:05.79**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Scheffer, Benjamin L	17	Kansas City Blazers-MV	1:59.65	1:59.25	q
	27.71	58.06 (30.35)	1:28.89 (30.83)	1:59.25 (30.36)		
2	Johnson, Zachary D	18	Sioux Falls Snowfox-SD	1:59.26	1:59.31	q
	27.15	57.43 (30.28)	1:28.21 (30.78)	1:59.31 (31.10)		
3	Murphy, Conor S	19	Unattached-OZ	1:57.94	1:59.76	q
	26.37	56.45 (30.08)	1:27.81 (31.36)	1:59.76 (31.95)		
4	Blankenkemper, Zach D	17	Pacesetter Aquatics-IN	1:57.98	1:59.86	q
	28.20	58.19 (29.99)	1:28.44 (30.25)	1:59.86 (31.42)		
5	Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	2:00.05	2:01.03	q
	26.69	57.00 (30.31)	1:28.72 (31.72)	2:01.03 (32.31)		
6	Foster, James N	16	Kansas City Blazers-MV	2:02.69	2:01.39	q
	27.01	57.96 (30.95)	1:30.22 (32.26)	2:01.39 (31.17)		
7	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	2:01.62	2:01.43	q
	27.90	58.53 (30.63)	1:30.07 (31.54)	2:01.43 (31.36)		
8	Koken, Matthew J	16	South East Metro Sharks Swim C-MN	2:01.56	2:01.58	q
	28.00	58.61 (30.61)	1:30.17 (31.56)	2:01.58 (31.41)		
9	Oak, Quillan E	17	Northern Lights Swim Associati-MN	2:04.41	2:01.82	q
	27.97	59.25 (31.28)	1:31.02 (31.77)	2:01.82 (30.80)		
10	McLain, Alex J	17	Pierre Swim Team-SD	2:04.79	2:02.13	q
	28.02	58.76 (30.74)	1:30.56 (31.80)	2:02.13 (31.57)		
11	Ruffin, Jeffrey J	15	Alligator Aquatics-IL	2:04.97	2:02.51	q
	28.33	59.71 (31.38)	1:31.58 (31.87)	2:02.51 (30.93)		
12	Martin, Matthew P	16	Kansas City Blazers-MV	2:03.42	2:02.63	q
	28.10	58.94 (30.84)	1:31.09 (32.15)	2:02.63 (31.54)		
13	Koeller, Benjamin C	15	Kansas City Blazers-MV	2:03.82	2:02.76	q
	28.02	59.45 (31.43)	1:31.24 (31.79)	2:02.76 (31.52)		
14	Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	2:00.91	2:02.80	q
	28.15	58.74 (30.59)	1:31.23 (32.49)	2:02.80 (31.57)		
15	Hearl, Christopher R	15	Kansas City Blazers-MV	2:00.41	2:03.16	q
	27.28	58.72 (31.44)	1:31.17 (32.45)	2:03.16 (31.99)		
16	Angerhofer, Christopher R	15	Sioux Falls Snowfox-SD	2:02.72	2:03.22	q
	27.32	58.76 (31.44)	1:30.84 (32.08)	2:03.22 (32.38)		
17	Evansnolan, Max B	17	Waukesha Express Swim Team-WI	2:00.80	2:03.48	q
	27.62	58.56 (30.94)	1:31.06 (32.50)	2:03.48 (32.42)		
18	Ramoska, Robert R	15	Des Plaines River Racers-IL	1:47.39 Y	2:03.49	q
	28.42	59.55 (31.13)	1:31.74 (32.19)	2:03.49 (31.75)		
19	Carpenter, Chris N	17	Topeka Swim Association-MV	1:58.01	2:03.60	q
	28.39	59.49 (31.10)	1:31.79 (32.30)	2:03.60 (31.81)		
20	Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:03.33	2:03.70	q
	28.56	1:00.03 (31.47)	1:31.65 (31.62)	2:03.70 (32.05)		
21	Runing, Garrett D	17	Black Dog Swimming-MN	2:04.45	2:04.86	q
	28.18	59.58 (31.40)	1:32.33 (32.75)	2:04.86 (32.53)		
22	Faulkenberry, John R	17	Kansas City Blazers-MV	2:03.55	2:05.38	q
	28.47	1:00.36 (31.89)	1:33.17 (32.81)	2:05.38 (32.21)		
23	Nygaard, Christian J	17	North Suburban Aquatic Club-MN	1:49.86 Y	2:05.79	q
	28.94	1:01.25 (32.31)	1:33.32 (32.07)	2:05.79 (32.47)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 12 Men 200 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
24	Dake, Ryan M	17	Kansas City Blazers-MV	2:03.79	2:05.82	q
	28.50	59.95 (31.45)	1:32.49 (32.54)	2:05.82 (33.33)		
25	Robrock, Kyle J	16	Black Dog Swimming-MN	2:05.74	2:05.95	
	28.13	1:00.01 (31.88)	1:32.61 (32.60)	2:05.95 (33.34)		
26	Moore, Eric J	17	Sioux Falls Snowfox-SD	2:02.90	2:05.97	
	28.02	1:00.02 (32.00)	1:32.67 (32.65)	2:05.97 (33.30)		
27	Christianson, Marcus A	18	Pierre Swim Team-SD	1:48.53 Y	2:06.03	
	28.52	1:01.34 (32.82)	1:35.70 (34.36)	2:06.03 (30.33)		
28	Benson, De Forrest R	15	Blackline Aquatics-MN	2:05.71	2:06.61	
	28.90	1:00.85 (31.95)	1:33.91 (33.06)	2:06.61 (32.70)		
29	Lieberman, Jonathan D	15	Team Foxjet-MN	2:03.13	2:06.98	
	29.88	1:01.91 (32.03)	1:35.36 (33.45)	2:06.98 (31.62)		
30	Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	1:48.91 Y	2:08.48	
	29.10	1:01.21 (32.11)	1:35.10 (33.89)	2:08.48 (33.38)		
---	Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	1:58.51		DQ
	Declared false start					
---	Sether, Dylan L	15	AquaStorm-ND	1:49.66 Y		SCR

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 13 Women 400 LC Meter IM****Pool Record: 5:08.14 ? 8/6/2010 Ellen R Suck****Team Foxjet****Meet Record: 5:08.14 ! 8/6/2010 Ellen R Suck****Team Foxjet****5:02.09 JR****Meet Qualifying: 5:21.39**

<b>Name</b>		<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>		<b>Finals Time</b>	<b>Points</b>
<b>A - Final</b>							
1	Suek, Ellen R	15	Team Foxjet-MN	5:21.39		5:08.14?	20
	31.93	1:10.91 (38.98)	1:49.72 (38.81)	2:27.90 (38.18)			
	3:13.59 (45.69)	4:00.39 (46.80)	4:34.77 (34.38)	5:08.14 (33.37)			
2	Rife, Mackenna L	16	Kansas City Blazers-MV	5:14.96		5:08.23	17
	33.52	1:12.15 (38.63)	1:50.95 (38.80)	2:27.59 (36.64)			
	3:14.49 (46.90)	4:00.74 (46.25)	4:35.26 (34.52)	5:08.23 (32.97)			
3	Davis, Amelia G	15	Kansas City Blazers-MV	5:15.28		5:17.39	16
	33.64	1:12.46 (38.82)	1:52.99 (40.53)	2:33.13 (40.14)			
	3:20.49 (47.36)	4:07.77 (47.28)	4:42.88 (35.11)	5:17.39 (34.51)			
4	Campbell, Emily A	18	Aberdeen Swim Club-SD	5:26.96		5:20.52	15
	33.78	1:14.99 (41.21)	1:57.16 (42.17)	2:39.31 (42.15)			
	3:22.16 (42.85)	4:06.59 (44.43)	4:43.76 (37.17)	5:20.52 (36.76)			
5	Ropson, Kaela C	15	Kansas City Blazers-MV	5:26.31		5:23.89	14
	35.47	1:16.09 (40.62)	1:58.22 (42.13)	2:39.27 (41.05)			
	3:25.90 (46.63)	4:11.65 (45.75)	4:48.51 (36.86)	5:23.89 (35.38)			
6	Guardado, Brynn J	16	Northland United Swim Team-MV	5:33.80		5:30.55	13
	34.07	1:14.87 (40.80)	1:59.87 (45.00)	2:43.43 (43.56)			
	3:30.21 (46.78)	4:18.47 (48.26)	4:55.39 (36.92)	5:30.55 (35.16)			
<b>Preliminaries</b>							
6	Metz, Marjorie M	17	Topeka Swim Association-MV	5:27.69			

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 13 Women 400 LC Meter IM

Pool Record: 5:08.14 ? 8/6/2010 Ellen R Suek

Team Foxjet

Meet Record: 5:08.14 ! 8/6/2010 Ellen R Suek

Team Foxjet

5:02.09 JR

Meet Qualifying: 5:21.39

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Rife, Mackenna L	16	Kansas City Blazers-MV	5:07.36	5:14.96 q
34.48	1:14.52 (40.04)	1:54.25 (39.73)	2:31.48 (37.23)	
3:18.49 (47.01)	4:05.77 (47.28)	4:41.37 (35.60)	5:14.96 (33.59)	
2 Davis, Amelia G	15	Kansas City Blazers-MV	5:09.33	5:15.28 q
33.63	1:12.24 (38.61)	1:52.98 (40.74)	2:31.83 (38.85)	
3:19.68 (47.85)	4:06.60 (46.92)	4:41.55 (34.95)	5:15.28 (33.73)	
3 Suek, Ellen R	15	Team Foxjet-MN	5:08.23	5:21.39 q
32.58	1:12.31 (39.73)	1:53.39 (41.08)	2:33.96 (40.57)	
3:21.44 (47.48)	4:08.95 (47.51)	4:46.30 (37.35)	5:21.39 (35.09)	
4 Ropson, Kaela C	15	Kansas City Blazers-MV	4:41.62 Y	5:26.31 q
35.04	1:16.66 (41.62)	1:59.15 (42.49)	2:41.29 (42.14)	
3:27.42 (46.13)	4:14.40 (46.98)	4:50.76 (36.36)	5:26.31 (35.55)	
5 Campbell, Emily A	18	Aberdeen Swim Club-SD	4:32.75 Y	5:26.96 q
34.68	1:16.34 (41.66)	2:00.08 (43.74)	2:42.17 (42.09)	
3:27.41 (45.24)	4:11.69 (44.28)	4:50.04 (38.35)	5:26.96 (36.92)	
6 Metz, Marjorie M	17	Topeka Swim Association-MV	4:40.11 Y	5:27.69 q
32.28	1:11.20 (38.92)	1:53.36 (42.16)	2:34.81 (41.45)	
3:23.29 (48.48)	4:13.54 (50.25)	4:51.22 (37.68)	5:27.69 (36.47)	
7 Guardado, Brynn J	16	Northland United Swim Team-MV	4:43.81 Y	5:33.80 q
34.88	1:16.44 (41.56)	2:01.42 (44.98)	2:43.65 (42.23)	
3:32.40 (48.75)	4:20.26 (47.86)	4:57.59 (37.33)	5:33.80 (36.21)	

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 14 Men 400 LC Meter IM

Pool Record: 4:43.92 ? 8/6/2010 Michael G Glenn

Kansas City Blaz

Meet Record: 4:43.92 ! 8/6/2010 Michael G Glenn

Kansas City Blaz

4:38.99 JR

Meet Qualifying: 4:59.89

Name		Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>						
1	Glenn, Michael G	17	Kansas City Blazers-MV	4:48.14	4:43.92?	20
	29.60	1:04.64 (35.04)	1:41.90 (37.26)	2:17.92 (36.02)		
	2:57.70 (39.78)	3:38.40 (40.70)	4:11.51 (33.11)	4:43.92 (32.41)		
2	Kastigar, Adam J	16	Aberdeen Swim Club-SD	4:52.12	4:46.25	17
	29.76	1:04.52 (34.76)	1:41.18 (36.66)	2:17.03 (35.85)		
	2:58.64 (41.61)	3:40.51 (41.87)	4:13.95 (33.44)	4:46.25 (32.30)		
3	Gorman, Brian J	17	Rapid City Racers-SD	4:47.82	4:47.44	16
	29.93	1:05.82 (35.89)	1:42.67 (36.85)	2:18.17 (35.50)		
	2:59.36 (41.19)	3:41.58 (42.22)	4:15.40 (33.82)	4:47.44 (32.04)		
4	Maginn, Heath M	15	Kansas City Blazers-MV	4:51.80	4:49.85	15
	29.52	1:04.37 (34.85)	1:39.91 (35.54)	2:15.08 (35.17)		
	2:58.68 (43.60)	3:43.17 (44.49)	4:16.62 (33.45)	4:49.85 (33.23)		
5	Musser, Jesse D	15	Kansas City Blazers-MV	4:54.49	4:52.16	14
	28.96	1:02.97 (34.01)	1:41.98 (39.01)	2:20.06 (38.08)		
	3:05.01 (44.95)	3:49.58 (44.57)	4:21.51 (31.93)	4:52.16 (30.65)		
6	Foster, James N	16	Kansas City Blazers-MV	4:54.06	4:53.88	13
	29.44	1:03.75 (34.31)	1:42.93 (39.18)	2:22.54 (39.61)		
	3:04.68 (42.14)	3:47.80 (43.12)	4:21.14 (33.34)	4:53.88 (32.74)		
7	Boyd, Matthew J	16	Unattached-IA	4:54.56	4:55.75	12
	30.09	1:06.87 (36.78)	1:44.82 (37.95)	2:22.74 (37.92)		
	3:03.84 (41.10)	3:46.78 (42.94)	4:22.33 (35.55)	4:55.75 (33.42)		
8	Faulkenberry, John R	17	Kansas City Blazers-MV	5:00.63	5:02.06	11
	30.57	1:06.41 (35.84)	1:44.64 (38.23)	2:21.60 (36.96)		
	3:07.56 (45.96)	3:52.64 (45.08)	4:27.96 (35.32)	5:02.06 (34.10)		
<b>B - Final</b>						
9	Davidson, Austin J	16	South East Metro Sharks Swim C-MN	5:06.14	4:57.33	9
	30.04	1:05.77 (35.73)	1:43.82 (38.05)	2:21.34 (37.52)		
	3:06.46 (45.12)	3:51.59 (45.13)	4:26.05 (34.46)	4:57.33 (31.28)		
10	Dake, Ryan M	17	Kansas City Blazers-MV	5:05.84	4:57.47	7
	31.58	1:10.31 (38.73)	1:46.51 (36.20)	2:22.56 (36.05)		
	3:07.27 (44.71)	3:51.64 (44.37)	4:25.17 (33.53)	4:57.47 (32.30)		
11	Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	5:02.35	4:57.66	6
	31.42	1:08.64 (37.22)	1:47.34 (38.70)	2:24.35 (37.01)		
	3:09.60 (45.25)	3:55.07 (45.47)	4:27.50 (32.43)	4:57.66 (30.16)		
12	Sether, Dylan L	15	AquaStorm-ND	5:01.75	4:58.97	5
	31.61	1:07.46 (35.85)	1:46.50 (39.04)	2:24.82 (38.32)		
	3:09.02 (44.20)	3:53.07 (44.05)	4:27.28 (34.21)	4:58.97 (31.69)		
13	Washenberger, Dane B	17	Sioux Falls Snowfox-SD	5:10.72	5:08.27	4
	31.21	1:10.47 (39.26)	1:50.73 (40.26)	2:30.90 (40.17)		
	3:14.03 (43.13)	3:57.85 (43.82)	4:33.47 (35.62)	5:08.27 (34.80)		
14	Ford, Ian N	17	Cedar Rapids Aquatic-IA	5:10.98	5:17.37	3
	32.64	1:13.19 (40.55)	1:53.84 (40.65)	2:32.18 (38.34)		
	3:17.09 (44.91)	4:02.52 (45.43)	4:40.66 (38.14)	5:17.37 (36.71)		
<b>Preliminaries</b>						
9	Jurgens, Daniel P	16	Decatur Swim Club-IL	5:01.25		
16	Moore, Eric J	17	Sioux Falls Snowfox-SD	5:31.88		
---	Lieberman, Jonathan D	15	Team Foxjet-MN	DQ		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010**

**Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039**

**Results**

**Preliminaries ... (Event 14 Men 400 LC Meter IM)**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
--- Carpenter, Chris N	17	Topeka Swim Association-MV	DQ		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 14 Men 400 LC Meter IM

Pool Record: 4:43.92 ? 8/6/2010 Michael G Glenn

Kansas City Blaz

Meet Record: 4:43.92 ! 8/6/2010 Michael G Glenn

Kansas City Blaz

4:38.99 JR

Meet Qualifying: 4:59.89

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Gorman, Brian J	17	Rapid City Racers-SD	4:47.97	4:47.82	q
	29.36	1:04.52 (35.16)	1:40.31 (35.79)	2:15.67 (35.36)	
	2:57.56 (41.89)	3:40.32 (42.76)	4:14.66 (34.34)	4:47.82 (33.16)	
2 Glenn, Michael G	17	Kansas City Blazers-MV	4:40.51	4:48.14	q
	29.59	1:04.72 (35.13)	1:41.22 (36.50)	2:17.07 (35.85)	
	2:58.04 (40.97)	3:40.35 (42.31)	4:14.84 (34.49)	4:48.14 (33.30)	
3 Maginn, Heath M	15	Kansas City Blazers-MV	4:51.44	4:51.80	q
	29.88	1:03.47 (33.59)	1:39.06 (35.59)	2:13.58 (34.52)	
	2:58.45 (44.87)	3:43.66 (45.21)	4:18.29 (34.63)	4:51.80 (33.51)	
4 Kastigar, Adam J	16	Aberdeen Swim Club-SD	4:52.86	4:52.12	q
	29.87	1:05.69 (35.82)	1:43.56 (37.87)	2:20.79 (37.23)	
	3:01.78 (40.99)	3:44.91 (43.13)	4:18.75 (33.84)	4:52.12 (33.37)	
5 Foster, James N	16	Kansas City Blazers-MV	4:48.86	4:54.06	q
	30.10	1:04.12 (34.02)	1:44.59 (40.47)	2:23.63 (39.04)	
	3:05.77 (42.14)	3:48.18 (42.41)	4:22.12 (33.94)	4:54.06 (31.94)	
6 Musser, Jesse D	15	Kansas City Blazers-MV	4:50.12	4:54.49	q
	29.03	1:02.86 (33.83)	1:41.02 (38.16)	2:18.34 (37.32)	
	3:03.51 (45.17)	3:48.22 (44.71)	4:22.02 (33.80)	4:54.49 (32.47)	
7 Boyd, Matthew J	16	Unattached-IA	4:56.19	4:54.56	q
	30.28	1:06.67 (36.39)	1:45.19 (38.52)	2:21.94 (36.75)	
	3:03.33 (41.39)	3:45.71 (42.38)	4:20.86 (35.15)	4:54.56 (33.70)	
8 Faulkenberry, John R	17	Kansas City Blazers-MV	4:51.13	5:00.63	q
	30.86	1:06.56 (35.70)	1:44.88 (38.32)	2:21.57 (36.69)	
	3:07.35 (45.78)	3:52.83 (45.48)	4:27.41 (34.58)	5:00.63 (33.22)	
9 Jurgens, Daniel P	16	Decatur Swim Club-IL	4:22.64 Y	5:01.25	q
	31.58	1:08.92 (37.34)	1:47.45 (38.53)	2:24.79 (37.34)	
	3:07.25 (42.46)	3:50.10 (42.85)	4:26.08 (35.98)	5:01.25 (35.17)	
10 Sether, Dylan L	15	AquaStorm-ND	4:20.89 Y	5:01.75	q
	32.88	1:09.54 (36.66)	1:48.99 (39.45)	2:27.34 (38.35)	
	3:12.05 (44.71)	3:55.35 (43.30)	4:30.43 (35.08)	5:01.75 (31.32)	
11 Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	4:52.58	5:02.35	q
	31.43	1:08.22 (36.79)	1:46.62 (38.40)	2:24.12 (37.50)	
	3:10.26 (46.14)	3:57.16 (46.90)	4:30.64 (33.48)	5:02.35 (31.71)	
12 Dake, Ryan M	17	Kansas City Blazers-MV	4:53.91	5:05.84	q
	31.73	1:09.98 (38.25)	1:47.41 (37.43)	2:24.94 (37.53)	
	3:10.53 (45.59)	3:56.54 (46.01)	4:31.62 (35.08)	5:05.84 (34.22)	
13 Davidson, Austin J	16	South East Metro Sharks Swim C-MN	4:56.70	5:06.14	q
	29.52	1:05.35 (35.83)	1:45.44 (40.09)	2:24.41 (38.97)	
	3:11.88 (47.47)	3:58.98 (47.10)	4:33.55 (34.57)	5:06.14 (32.59)	
14 Washenberger, Dane B	17	Sioux Falls Snowfox-SD	4:20.73 Y	5:10.72	q
	32.40	1:11.49 (39.09)	1:52.83 (41.34)	2:33.39 (40.56)	
	3:16.89 (43.50)	4:00.71 (43.82)	4:36.32 (35.61)	5:10.72 (34.40)	
15 Ford, Ian N	17	Cedar Rapids Aquatic-IA	4:22.71 Y	5:10.98	q
	32.68	1:12.55 (39.87)	1:52.62 (40.07)	2:30.85 (38.23)	
	3:14.88 (44.03)	3:59.24 (44.36)	4:35.58 (36.34)	5:10.98 (35.40)	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 14 Men 400 LC Meter IM)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
16	Moore, Eric J	17	Sioux Falls Snowfox-SD	4:19.84 Y	5:31.88	q
	33.02	1:15.36 (42.34)	1:57.29 (41.93)	2:37.79 (40.50)		
	3:25.25 (47.46)	4:15.04 (49.79)	4:54.01 (38.97)	5:31.88 (37.87)		
---	Carpenter, Chris N	17	Topeka Swim Association-MV	4:54.25	DQ	
	Declared false start - Misc					
---	Lieberman, Jonathan D	15	Team Foxjet-MN	4:59.01	DQ	
	Alternating Kick - fly					
	33.00	1:12.73 (39.73)	1:54.69 (41.96)	2:35.01 (40.32)		
	3:21.24 (46.23)	4:07.25 (46.01)	4:42.67 (35.42)	DQ (34.70)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 15 Women 100 LC Meter Butterfly****Pool Record: 1:05.06 ? 8/6/2010 Natalie K Morris****Kansas City Blaz****Meet Record: 1:05.06 ! 8/6/2010 Natalie K Morris****Kansas City Blaz****1:03.59 JR****Meet Qualifying: 1:08.09**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Morris, Natalie K	17	Kansas City Blazers-MV	1:05.97	1:05.06?	20
	29.91		1:05.06 (35.15)			
2	Angell, Hannah L	15	Kansas City Blazers-MV	1:07.10	1:05.81	17
	30.35		1:05.81 (35.46)			
3	Nadeau, Katie C	15	South Metro Storm Swim Club-MN	1:06.26	1:06.03	16
	30.63		1:06.03 (35.40)			
4	Paakh, Melissa K	18	Unattached Nlsa-MN	1:08.27	1:07.10	15
	31.18		1:07.10 (35.92)			
5	Fries, Marston E	16	Kansas City Blazers-MV	1:08.34	1:07.63	14
	31.47		1:07.63 (36.16)			
6	Kilgore, Mary C	15	Wichita Swim Club-MV	1:06.91	1:07.99	13
	29.97		1:07.99 (38.02)			
7	Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	1:07.88	1:08.43	12
	31.43		1:08.43 (37.00)			
8	Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	1:09.51	1:10.57	11
	32.54		1:10.57 (38.03)			
<b>B - Final</b>						
9	Grabill, Reese H	16	Lawrence Aquahawks-MV	1:11.32	1:08.09	9
	31.44		1:08.09 (36.65)			
10	Kleiner, Erin M	16	South Metro Storm Swim Club-MN	1:10.17	1:09.26	7
	32.43		1:09.26 (36.83)			
11	Walth, Cassandra B	16	AquaStorm-ND	1:09.72	1:09.74	6
	31.48		1:09.74 (38.26)			
12	Smallbeck, Emily L	16	AquaStorm-ND	1:11.91	1:09.83	5
	31.67		1:09.83 (38.16)			
13	Braden, Mackenzie K	15	Team Foxjet-MN	1:11.33	1:10.09	4
	33.51		1:10.09 (36.58)			
14	Weatherford, Chelsey E	18	Kansas City Blazers-MV	1:12.47	1:10.45	3
	32.75		1:10.45 (37.70)			
<b>Preliminaries</b>						
3	Lancey, Ashley P	15	Plymouth Swim Team-MN	1:06.58		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 15 Women 100 LC Meter Butterfly****Pool Record: 1:05.06 ? 8/6/2010 Natalie K Morris****Kansas City Blaz****Meet Record: 1:05.06 ! 8/6/2010 Natalie K Morris****Kansas City Blaz****1:03.59 JR****Meet Qualifying: 1:08.09**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Prelim Time</u>	
<b>Preliminaries</b>						
1	Morris, Natalie K	17	Kansas City Blazers-MV	1:03.87	1:05.97	q
	30.71		1:05.97 (35.26)			
2	Nadeau, Katie C	15	South Metro Storm Swim Club-MN	1:05.29	1:06.26	q
	30.87		1:06.26 (35.39)			
3	Lancey, Ashley P	15	Plymouth Swim Team-MN	1:06.86	1:06.58	q
	30.97		1:06.58 (35.61)			
4	Kilgore, Mary C	15	Wichita Swim Club-MV	1:07.66	1:06.91	q
	29.86		1:06.91 (37.05)			
5	Angell, Hannah L	15	Kansas City Blazers-MV	1:06.60	1:07.10	q
	31.48		1:07.10 (35.62)			
6	Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	1:00.68 Y	1:07.88	q
	31.16		1:07.88 (36.72)			
7	Paakh, Melissa K	18	Unattached Nlsa-MN	1:05.13	1:08.27	q
	31.67		1:08.27 (36.60)			
8	Fries, Marston E	16	Kansas City Blazers-MV	1:06.40	1:08.34	q
	32.04		1:08.34 (36.30)			
9	Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	1:07.89	1:09.51	q
	31.52		1:09.51 (37.99)			
10	Walth, Cassandra B	16	AquaStorm-ND	58.83 Y	1:09.72	q
	31.73		1:09.72 (37.99)			
11	Kleiner, Erin M	16	South Metro Storm Swim Club-MN	1:00.57 Y	1:10.17	q
	31.81		1:10.17 (38.36)			
12	Grabill, Reese H	16	Lawrence Aquahawks-MV	1:07.57	1:11.32	q
	32.58		1:11.32 (38.74)			
13	Braden, Mackenzie K	15	Team Foxjet-MN	59.78 Y	1:11.33	q
	33.23		1:11.33 (38.10)			
14	Smallbeck, Emily L	16	AquaStorm-ND	59.62 Y	1:11.91	q
	32.80		1:11.91 (39.11)			
15	Weatherford, Chelsey E	18	Kansas City Blazers-MV	1:05.19	1:12.47	q
	33.17		1:12.47 (39.30)			

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 16 Men 100 LC Meter Butterfly**

**Pool Record:** 58.51 ? 8/6/2010 **Conor S Murphy**  
**Meet Record:** 58.51 ! 8/6/2010 **Conor S Murphy**  
 57.39 JR

**Unattached-OZ**  
**Unattached-OZ**

**Meet Qualifying: 1:02.09**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Griggs, Benjamin T	19	Northern Lights Swim Associati-MN	58.82	58.64	20
	26.75	58.64 (31.89)				
2	Murphy, Conor S	19	Unattached-OZ	58.51	58.71	17
	26.65	58.71 (32.06)				
3	Koken, Matthew J	16	South East Metro Sharks Swim C-MN	59.16	58.81	16
	27.25	58.81 (31.56)				
4	Blankenbeker, Zach D	17	Pacesetter Aquatics-IN	59.97	59.24	15
	27.12	59.24 (32.12)				
5	Ballantyne, Ian R	15	AquaStorm-ND	1:00.14	59.53	14
	27.44	59.53 (32.09)				
6	Musser, Jesse D	15	Kansas City Blazers-MV	1:00.16	1:00.05	13
	27.85	1:00.05 (32.20)				
7	Hearl, Christopher R	15	Kansas City Blazers-MV	59.96	1:00.14	12
	27.68	1:00.14 (32.46)				
8	Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	1:00.26	1:00.87	11
	28.32	1:00.87 (32.55)				
<b>B - Final</b>						
9	Kuriga, Lucas A	16	Waukesha Express Swim Team-WI	1:00.75	59.69	9
	27.17	59.69 (32.52)				
10	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	1:01.89	59.73	7
	27.98	59.73 (31.75)				
11	Shain, Jacob L	17	Kansas City Blazers-MV	1:00.59	1:00.70	6
	28.26	1:00.70 (32.44)				
12	Miller, Robert D	17	Black Dog Swimming-MN	1:00.34	1:01.23	5
	28.27	1:01.23 (32.96)				
13	Nichols, Tyler G	17	Heart Of America Swim Club-MV	1:02.40	1:01.85	4
	29.14	1:01.85 (32.71)				
14	Johnson, Zachary D	18	Sioux Falls Snowfox-SD	1:00.76	1:02.13	3
	28.38	1:02.13 (33.75)				
15	Austin, Jacob T	15	Sioux Falls Snowfox-SD	1:01.65	1:02.41	2
	27.85	1:02.41 (34.56)				
16	Rasmus, Joseph B	18	Northern Lights Swim Associati-MN	1:02.08	1:02.86	1
	28.68	1:02.86 (34.18)				
<b>C - Final</b>						
17	Davidson, Austin J	16	South East Metro Sharks Swim C-MN	1:03.61	1:01.52	
	28.60	1:01.52 (32.92)				
18	Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	1:04.43	1:03.23	
	29.20	1:03.23 (34.03)				
<b>Preliminaries</b>						
19	Satterthwaite, Tim A	17	Team Foxjet-MN	1:04.76		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 16 Men 100 LC Meter Butterfly

Pool Record: 58.51 ? 8/6/2010 Conor S Murphy  
 Meet Record: 58.51 ! 8/6/2010 Conor S Murphy  
 57.39 JR

Unattached-OZ  
 Unattached-OZ

## Meet Qualifying: 1:02.09

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Murphy, Conor S	19	Unattached-OZ	58.84	58.51 ? q
26.94	58.51 (31.57)			
2 Griggs, Benjamin T	19	Northern Lights Swim Associati-MN	58.13	58.82 q
27.08	58.82 (31.74)			
3 Koken, Matthew J	16	South East Metro Sharks Swim C-MN	59.57	59.16 q
27.72	59.16 (31.44)			
4 Hearl, Christopher R	15	Kansas City Blazers-MV	59.85	59.96 q
27.62	59.96 (32.34)			
5 Blankenbeker, Zach D	17	Pacesetter Aquatics-IN	1:00.40	59.97 q
27.64	59.97 (32.33)			
6 Ballantyne, Ian R	15	AquaStorm-ND	1:00.72	1:00.14 q
27.13	1:00.14 (33.01)			
7 Musser, Jesse D	15	Kansas City Blazers-MV	1:00.13	1:00.16 q
27.81	1:00.16 (32.35)			
8 Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	1:01.63	1:00.26 q
27.66	1:00.26 (32.60)			
9 Miller, Robert D	17	Black Dog Swimming-MN	1:01.18	1:00.34 q
28.31	1:00.34 (32.03)			
10 Shain, Jacob L	17	Kansas City Blazers-MV	54.02 Y	1:00.59 q
27.84	1:00.59 (32.75)			
11 Kuriga, Lucas A	16	Waukesha Express Swim Team-WI	1:00.07	1:00.75 q
27.45	1:00.75 (33.30)			
12 Johnson, Zachary D	18	Sioux Falls Snowfox-SD	59.22	1:00.76 q
27.66	1:00.76 (33.10)			
13 Austin, Jacob T	15	Sioux Falls Snowfox-SD	54.63 Y	1:01.65 q
28.35	1:01.65 (33.30)			
14 Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	1:01.53	1:01.89 q
29.04	1:01.89 (32.85)			
15 Rasmus, Joseph B	18	Northern Lights Swim Associati-MN	54.75 Y	1:02.08 q
28.24	1:02.08 (33.84)			
16 Nichols, Tyler G	17	Heart Of America Swim Club-MV	1:01.94	1:02.40 q
28.70	1:02.40 (33.70)			
17 Davidson, Austin J	16	South East Metro Sharks Swim C-MN	1:00.42	1:03.61 q
28.77	1:03.61 (34.84)			
18 Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	54.56 Y	1:04.43 q
28.91	1:04.43 (35.52)			
19 Satterthwaite, Tim A	17	Team Foxjet-MN	53.94 Y	1:04.76 q
28.71	1:04.76 (36.05)			

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 17 Women 400 LC Meter Freestyle Relay

Pool Record: 4:05.42 ? 8/6/2010 Kansas City Blazers Kansas City Blaz  
 M Fries, N Morris, K Snyder, A Davis

Meet Record: 4:05.42 ! 8/6/2010 Kansas City Blazers Kansas City Blaz  
 M Fries, N Morris, K Snyder, A Davis

3:59.99 JR

Team	Relay	Seed Time	Finals Time	Points
1 Kansas City Blazers-MV	A	4:05.84	4:05.42?	40
1) Fries, Marston E 16	2) Morris, Natalie K 17	3) Snyder, Kate A 16	4) Davis, Amelia G 15	
28.94	59.63 (59.63)	1:29.15 (29.52)	2:01.36 (1:01.73)	
	2:20.74 (19.38)	4:05.42 (1:44.68)		
2 South East Metro Sharks Swim C	A	4:12.61	4:09.54	34
1) Mayer, Mikayla C 15	2) Lugg, Natalie R 18	3) Cedarholm, Cassandra A 17	4) Rizzo, Marina L 15	
29.36	1:01.03 (1:01.03)	1:31.23 (30.20)	2:03.52 (1:02.49)	
2:33.75 (30.23)	3:07.06 (1:03.54)	3:37.22 (30.16)	4:09.54 (1:02.48)	
3 South Metro Storm Swim Club-M	A	4:13.27	4:11.37	32
1) Nadeau, Katie C 15	2) Young, Christen A 17	3) Kleiner, Erin M 16	4) Kleiner, Elizabeth A 17	
29.64	1:01.89 (1:01.89)	1:31.58 (29.69)	2:04.61 (1:02.72)	
2:35.07 (30.46)	3:09.34 (1:04.73)	3:38.38 (29.04)	4:11.37 (1:02.03)	
4 Kansas City Blazers-MV	B	4:15.45	4:11.84	30
1) Nelson, Jillian T 15	2) Angell, Hannah L 15	3) Rife, Mackenna L 16	4) Neeley, Mackenzie R 15	
30.50	1:04.26 (1:04.26)	1:34.53 (30.27)	2:06.23 (1:01.97)	
	2:23.52 (17.29)	3:39.63 (1:16.11)	4:11.84 (1:48.32)	
5 AquaStorm-ND	A	4:22.73	4:12.94	28
1) Walth, Cassandra B 16	2) Jeske, Mckenzie C 15	3) Smallbeck, Emily L 16	4) Engberg, Lydia R 16	
28.95	1:00.66 (1:00.66)	1:31.29 (30.63)	2:04.74 (1:04.08)	
2:36.02 (31.28)	3:10.64 (1:05.90)	3:40.24 (29.60)	4:12.94 (1:02.30)	
6 Northland United Swim Team-M	A	4:18.38	4:20.86	26
1) Myer, Shannon N 17	2) Norfleet, Rachael E 16	3) Powers, Alyssa L 17	4) Guardado, Brynn J 16	
29.39	1:02.88 (1:02.88)	1:32.97 (30.09)	2:06.72 (1:03.84)	
2:38.54 (31.82)	3:15.27 (1:08.55)	3:45.62 (30.35)	4:20.86 (1:05.59)	

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 18 Men 400 LC Meter Freestyle Relay

Pool Record: 3:38.64 ? 8/6/2010 Northern Lights Swim Associati Northern Lights  
 B Griggs, R Hehn, J Rasmus, Q Oak

Meet Record: 3:38.64 ! 8/6/2010 Northern Lights Swim Associati Northern Lights  
 B Griggs, R Hehn, J Rasmus, Q Oak

3:38.29 JR

Team	Relay	Seed Time	Finals Time	Points
1 Northern Lights Swim Associati-l	A	3:36.98	3:38.64?	40
1) Griggs, Benjamin T 19	2) Hehn, Ronald L 24	3) Rasmus, Joseph B 18	4) Oak, Quillan E 17	
25.11	53.19 (53.19)	1:19.12 (25.93)	1:47.12 (53.93)	
2:13.31 (26.19)	2:43.00 (55.88)	3:09.12 (26.12)	3:38.64 (55.64)	
2 Kansas City Blazers-MV	A	3:44.27	3:42.35	34
1) Scheffer, Benjamin L 17	2) Musser, Jesse D 15	3) Hearl, Christopher R 15	4) Martin, Matthew P 16	
26.35	54.75 (54.75)	1:21.49 (26.74)	1:50.63 (55.88)	
2:16.72 (26.09)	2:46.24 (55.61)	3:12.93 (26.69)	3:42.35 (56.11)	
3 Sioux Falls Snowfox-SD	A	3:47.41	3:43.87	32
1) Austin, Jacob T 15	2) Moore, Eric J 17	3) Angerhofer, Christopher R 15	4) Johnson, Zachary D 18	
26.82	56.59 (56.59)	1:23.05 (26.46)	1:52.08 (55.49)	
2:19.70 (27.62)	2:49.75 (57.67)	3:15.10 (25.35)	3:43.87 (54.12)	
4 Black Dog Swimming-MN	A	3:45.58	3:45.39	30
1) Robrock, Kyle J 16	2) France, Nathaniel L 17	3) Miller, Robert D 17	4) Runing, Garrett D 17	
25.94	55.38 (55.38)	1:21.97 (26.59)	1:52.33 (56.95)	
2:19.48 (27.15)	2:50.17 (57.84)	3:16.54 (26.37)	3:45.39 (55.22)	
5 Pierre Swim Team-SD	A	4:04.28	3:48.25	28
1) Christianson, Marcus A 18	2) Christensen, Weston E 15	3) McLain, James C 19	4) McLain, Alex J 17	
26.73	55.72 (55.72)	1:24.40 (28.68)	1:55.58 (59.86)	
2:22.58 (27.00)	2:52.45 (56.87)	3:19.27 (26.82)	3:48.25 (55.80)	
6 AquaStorm-ND	A	4:09.65	3:48.67	26
1) Sether, Dylan L 15	2) Stromme, Thomas M 16	3) Riepl, Joshua E 16	4) Ballantyne, Ian R 15	
28.07	57.84 (57.84)	1:24.31 (26.47)	1:55.72 (57.88)	
2:22.19 (26.47)	2:52.82 (57.10)	3:18.61 (25.79)	3:48.67 (55.85)	
7 Kansas City Blazers-MV	B	3:54.62	3:50.82	24
1) Shain, Jacob L 17	2) Dake, Ryan M 17	3) Glenn, Michael G 17	4) Koeller, Benjamin C 15	
27.16	57.62 (57.62)	1:25.37 (27.75)	1:56.21 (58.59)	
2:23.96 (27.75)	2:54.61 (58.40)	3:21.40 (26.79)	3:50.82 (56.21)	
8 South Metro Storm Swim Club-M	A	3:48.87	3:51.33	22
1) Kosieradzki, Benjman A 17	2) Schindler, Trae M 16	3) Burchfield, Hunter R 16	4) Ochsner, Kyle L 19	
26.87	57.52 (57.52)	1:25.30 (27.78)	1:56.45 (58.93)	
2:23.86 (27.41)	2:54.68 (58.23)	3:21.17 (26.49)	3:51.33 (56.65)	
--- Team Foxjet-MN	A	3:57.49	SCR	
1) Lieberman, Jonathan D 15	2) Satterthwaite, Tim A 17	3) Dunn, Kendall P 15	4) Lopac, Christian M 16	

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 19 Women 400 LC Meter Freestyle

Pool Record: 4:30.04 ? 8/7/2010 Mackenna L Rife

Kansas City Blaz

Meet Record: 4:30.04 ! 8/7/2010 Mackenna L Rife

Kansas City Blaz

4:24.69 JR

Meet Qualifying: 4:43.19

Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Rife, Mackenna L	16	Kansas City Blazers-MV	4:33.20	4:30.04?	20
31.10	1:04.63 (33.53)	1:38.59 (33.96)	2:12.88 (34.29)		
2:47.41 (34.53)	3:21.76 (34.35)	3:56.21 (34.45)	4:30.04 (33.83)		
2 Davis, Amelia G	15	Kansas City Blazers-MV	4:35.82	4:31.10	17
31.03	1:04.42 (33.39)	1:38.53 (34.11)	2:12.73 (34.20)		
2:47.54 (34.81)	3:22.05 (34.51)	3:57.18 (35.13)	4:31.10 (33.92)		
3 Fossum, Samantha J	17	Brookings Swim Club-SD	4:40.67	4:36.44	16
30.94	1:05.54 (34.60)	1:39.99 (34.45)	2:15.62 (35.63)		
2:50.61 (34.99)	3:26.52 (35.91)	4:01.94 (35.42)	4:36.44 (34.50)		
4 Braden, Mackenzie K	15	Team Foxjet-MN	4:40.14	4:36.94	15
32.35	1:07.20 (34.85)	1:43.06 (35.86)	2:18.44 (35.38)		
2:53.83 (35.39)	3:29.10 (35.27)	4:04.00 (34.90)	4:36.94 (32.94)		
5 Brennan, Samantha N	17	Kansas City Blazers-MV	4:38.50	4:38.13	14
31.75	1:06.76 (35.01)	1:41.28 (34.52)	2:16.65 (35.37)		
2:51.97 (35.32)	3:27.54 (35.57)	4:03.09 (35.55)	4:38.13 (35.04)		
6 Young, Christen A	17	South Metro Storm Swim Club-MN	4:41.96	4:42.58	13
32.57	1:07.90 (35.33)	1:44.07 (36.17)	2:19.81 (35.74)		
2:56.36 (36.55)	3:32.25 (35.89)	4:08.43 (36.18)	4:42.58 (34.15)		
7 Ropson, Kaela C	15	Kansas City Blazers-MV	4:46.32	4:44.35	12
32.95	1:08.63 (35.68)	1:44.91 (36.28)	2:20.69 (35.78)		
2:57.24 (36.55)	3:33.53 (36.29)	4:09.81 (36.28)	4:44.35 (34.54)		
8 Snyder, Heather M	16	Kansas City Blazers-MV	4:44.87	4:44.98	11
31.99	1:07.91 (35.92)	1:43.60 (35.69)	2:20.14 (36.54)		
2:56.28 (36.14)	3:33.25 (36.97)	4:09.63 (36.38)	4:44.98 (35.35)		
<b>B - Final</b>					
9 Metz, Marjorie M	17	Topeka Swim Association-MV	4:46.83	4:42.25	9
30.95	1:05.62 (34.67)	1:41.37 (35.75)	2:17.45 (36.08)		
2:53.71 (36.26)	3:30.21 (36.50)	4:06.58 (36.37)	4:42.25 (35.67)		
10 Guardado, Brynn J	16	Northland United Swim Team-MV	4:49.56	4:51.64	7
32.03	1:07.90 (35.87)	1:44.17 (36.27)	2:21.32 (37.15)		
2:58.18 (36.86)	3:36.19 (38.01)	4:14.35 (38.16)	4:51.64 (37.29)		
11 Weatherford, Chelsey E	18	Kansas City Blazers-MV	4:56.62	4:59.53	6
33.52	1:11.52 (38.00)	1:49.48 (37.96)	2:27.45 (37.97)		
3:05.53 (38.08)	3:43.94 (38.41)	4:21.78 (37.84)	4:59.53 (37.75)		
<b>Preliminaries</b>					
11 Suek, Ellen R	15	Team Foxjet-MN	4:51.27		
--- Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	DQ		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 19 Women 400 LC Meter Freestyle

Pool Record: 4:30.04 ? 8/7/2010 Mackenna L Rife

Kansas City Blaz

Meet Record: 4:30.04 ! 8/7/2010 Mackenna L Rife

Kansas City Blaz

4:24.69 JR

Meet Qualifying: 4:43.19

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Rife, Mackenna L	16	Kansas City Blazers-MV	4:28.73	4:33.20 q
30.85	1:04.86 (34.01)	1:39.77 (34.91)	2:14.71 (34.94)	
2:49.08 (34.37)	3:24.07 (34.99)	3:58.84 (34.77)	4:33.20 (34.36)	
2 Davis, Amelia G	15	Kansas City Blazers-MV	4:29.75	4:35.82 q
30.61	1:04.36 (33.75)	1:39.08 (34.72)	2:14.29 (35.21)	
2:49.73 (35.44)	3:25.22 (35.49)	4:00.72 (35.50)	4:35.82 (35.10)	
3 Brennan, Samantha N	17	Kansas City Blazers-MV	4:36.27	4:38.50 q
32.11	1:06.32 (34.21)	1:41.61 (35.29)	2:16.63 (35.02)	
2:51.85 (35.22)	3:27.40 (35.55)	4:03.44 (36.04)	4:38.50 (35.06)	
4 Braden, Mackenzie K	15	Team Foxjet-MN	4:36.56	4:40.14 q
32.34	1:07.64 (35.30)	1:43.97 (36.33)	2:19.54 (35.57)	
2:54.24 (34.70)	3:29.59 (35.35)	4:05.22 (35.63)	4:40.14 (34.92)	
5 Fossum, Samantha J	17	Brookings Swim Club-SD	4:36.26	4:40.67 q
30.80	1:04.85 (34.05)	1:40.27 (35.42)	2:15.94 (35.67)	
2:52.58 (36.64)	3:29.07 (36.49)	4:05.89 (36.82)	4:40.67 (34.78)	
6 Young, Christen A	17	South Metro Storm Swim Club-MN	4:39.69	4:41.96 q
31.62	1:06.26 (34.64)	1:42.36 (36.10)	2:18.38 (36.02)	
2:55.03 (36.65)	3:31.15 (36.12)	4:07.38 (36.23)	4:41.96 (34.58)	
7 Snyder, Heather M	16	Kansas City Blazers-MV	4:35.88	4:44.87 q
31.98	1:06.92 (34.94)	1:43.17 (36.25)	2:19.10 (35.93)	
2:55.29 (36.19)	3:31.69 (36.40)	4:08.77 (37.08)	4:44.87 (36.10)	
8 Ropson, Kaela C	15	Kansas City Blazers-MV	5:09.46 Y	4:46.32 q
31.62	1:07.31 (35.69)	1:43.08 (35.77)	2:20.09 (37.01)	
2:56.20 (36.11)	3:33.42 (37.22)	4:09.96 (36.54)	4:46.32 (36.36)	
9 Metz, Marjorie M	17	Topeka Swim Association-MV	4:36.78	4:46.83 q
31.57	1:06.84 (35.27)	1:43.26 (36.42)	2:20.15 (36.89)	
2:56.61 (36.46)	3:33.76 (37.15)	4:10.53 (36.77)	4:46.83 (36.30)	
10 Guardado, Brynn J	16	Northland United Swim Team-MV	5:07.86 Y	4:49.56 q
31.87	1:07.63 (35.76)	1:44.39 (36.76)	2:21.44 (37.05)	
2:58.60 (37.16)	3:35.85 (37.25)	4:13.78 (37.93)	4:49.56 (35.78)	
11 Suek, Ellen R	15	Team Foxjet-MN	4:42.68	4:51.27 q
31.59	1:07.37 (35.78)	1:45.10 (37.73)	2:22.38 (37.28)	
2:59.77 (37.39)	3:37.18 (37.41)	4:15.57 (38.39)	4:51.27 (35.70)	
12 Weatherford, Chelsey E	18	Kansas City Blazers-MV	4:39.57	4:56.62 q
33.13	1:10.21 (37.08)	1:47.76 (37.55)	2:25.41 (37.65)	
3:03.30 (37.89)	3:41.12 (37.82)	4:19.18 (38.06)	4:56.62 (37.44)	
--- Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	4:36.71	DQ
Declared false start				

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 20 Men 400 LC Meter Freestyle

Pool Record: 4:11.66 ? 8/7/2010 Morgan M Barnes Cedar Rapids Aqu

Meet Record: 4:11.66 ! 8/7/2010 Morgan M Barnes Cedar Rapids Aqu

4:07.09 JR

Meet Qualifying: 4:26.09

Name		Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>						
1	Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	4:16.70	4:11.66?	20
	28.12	59.65 (31.53)	1:31.21 (31.56)	2:03.39 (32.18)		
	2:35.53 (32.14)	3:08.26 (32.73)	3:40.59 (32.33)	4:11.66 (31.07)		
2	Blankenbeker, Zach D	17	Pacesetter Aquatics-IN	4:18.42	4:13.39	17
	28.59	59.90 (31.31)	1:32.09 (32.19)	2:04.32 (32.23)		
	2:36.43 (32.11)	3:09.11 (32.68)	3:41.81 (32.70)	4:13.39 (31.58)		
3	Foster, James N	16	Kansas City Blazers-MV	4:13.88	4:14.02	16
	28.27	59.63 (31.36)	1:31.58 (31.95)	2:03.84 (32.26)		
	2:36.58 (32.74)	3:09.14 (32.56)	3:42.21 (33.07)	4:14.02 (31.81)		
4	Evansnolan, Max B	17	Waukesha Express Swim Team-WI	4:14.02	4:16.89	15
	27.83	59.59 (31.76)	1:31.92 (32.33)	2:04.62 (32.70)		
	2:37.32 (32.70)	3:10.69 (33.37)	3:44.33 (33.64)	4:16.89 (32.56)		
5	Musser, Jesse D	15	Kansas City Blazers-MV	4:20.11	4:18.40	14
	28.30	59.70 (31.40)	1:32.64 (32.94)	2:05.38 (32.74)		
	2:39.00 (33.62)	3:12.42 (33.42)	3:46.25 (33.83)	4:18.40 (32.15)		
6	Koeller, Benjamin C	15	Kansas City Blazers-MV	4:18.99	4:20.09	13
	28.33	1:00.91 (32.58)	1:33.21 (32.30)	2:06.57 (33.36)		
	2:39.76 (33.19)	3:14.01 (34.25)	3:47.76 (33.75)	4:20.09 (32.33)		
7	Angerhofer, Christopher R	15	Sioux Falls Snowfox-SD	4:20.50	4:20.19	12
	28.49	1:02.14 (33.65)	1:35.60 (33.46)	2:09.43 (33.83)		
	2:42.74 (33.31)	3:15.90 (33.16)	3:48.75 (32.85)	4:20.19 (31.44)		
8	Martin, Matthew P	16	Kansas City Blazers-MV	4:21.37	4:22.69	11
	28.74	1:00.58 (31.84)	1:33.77 (33.19)	2:07.26 (33.49)		
	2:40.82 (33.56)	3:15.15 (34.33)	3:49.35 (34.20)	4:22.69 (33.34)		
<b>B - Final</b>						
9	Kurz, Benjamin A	16	Council Bluffs Swim Club-MW	4:21.76	4:18.03	9
	28.60	1:01.24 (32.64)	1:33.82 (32.58)	2:07.38 (33.56)		
	2:39.78 (32.40)	3:13.60 (33.82)	3:46.73 (33.13)	4:18.03 (31.30)		
10	Ramoska, Robert R	15	Des Plaines River Racers-IL	4:21.70	4:19.41	7
	28.78	1:00.28 (31.50)	1:33.05 (32.77)	2:05.57 (32.52)		
	2:39.02 (33.45)	3:12.56 (33.54)	3:46.67 (34.11)	4:19.41 (32.74)		
11	Ruffin, Jeffrey J	15	Alligator Aquatics-IL	4:24.60	4:20.79	6
	28.56	1:01.08 (32.52)	1:33.72 (32.64)	2:07.45 (33.73)		
	2:41.03 (33.58)	3:15.68 (34.65)	3:49.47 (33.79)	4:20.79 (31.32)		
12	Kastigar, Adam J	16	Aberdeen Swim Club-SD	4:21.61	4:21.81	5
	28.64	1:01.70 (33.06)	1:35.64 (33.94)	2:09.85 (34.21)		
	2:43.50 (33.65)	3:17.07 (33.57)	3:50.09 (33.02)	4:21.81 (31.72)		
13	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	4:22.77	4:22.71	4
	28.34	1:00.60 (32.26)	1:34.71 (34.11)	2:08.41 (33.70)		
	2:42.62 (34.21)	3:16.00 (33.38)	3:50.08 (34.08)	4:22.71 (32.63)		
14	Glenn, Michael G	17	Kansas City Blazers-MV	4:25.81	4:24.72	3
	29.87	1:02.45 (32.58)	1:35.90 (33.45)	2:09.15 (33.25)		
	2:42.95 (33.80)	3:17.12 (34.17)	3:51.66 (34.54)	4:24.72 (33.06)		
15	Young, Ryan A	15	South Metro Storm Swim Club-MN	4:26.04	4:26.05	2
	29.91	1:03.25 (33.34)	1:37.23 (33.98)	2:11.01 (33.78)		
	2:45.50 (34.49)	3:19.61 (34.11)	3:54.31 (34.70)	4:26.05 (31.74)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****B - Final ... (Event 20 Men 400 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
16	McLain, Alex J	17	Pierre Swim Team-SD	4:26.03	4:26.90	1
	28.72	1:01.84 (33.12)	1:35.09 (33.25)	2:09.60 (34.51)		
	2:43.60 (34.00)	3:18.97 (35.37)	3:53.48 (34.51)	4:26.90 (33.42)		

**C - Final**

17	Maginn, Heath M	15	Kansas City Blazers-MV	4:31.18	4:23.70	
	29.39	1:02.67 (33.28)	1:36.10 (33.43)	2:10.41 (34.31)		
	2:43.72 (33.31)	3:17.51 (33.79)	3:50.80 (33.29)	4:23.70 (32.90)		
18	Faulkenberry, John R	17	Kansas City Blazers-MV	4:28.24	4:23.78	
	29.71	1:02.81 (33.10)	1:36.10 (33.29)	2:10.00 (33.90)		
	2:43.86 (33.86)	3:17.65 (33.79)	3:51.55 (33.90)	4:23.78 (32.23)		
19	Dake, Ryan M	17	Kansas City Blazers-MV	4:36.05	4:25.96	
	30.45	1:04.11 (33.66)	1:38.53 (34.42)	2:12.35 (33.82)		
	2:46.26 (33.91)	3:19.33 (33.07)	3:53.04 (33.71)	4:25.96 (32.92)		
20	Nygaard, Christian J	17	North Suburban Aquatic Club-MN	4:28.91	4:26.69	
	29.96	1:02.80 (32.84)	1:36.59 (33.79)	2:10.50 (33.91)		
	2:44.56 (34.06)	3:18.58 (34.02)	3:53.21 (34.63)	4:26.69 (33.48)		

**Preliminaries**

19	Gorycki, Robert L	19	South Metro Storm Swim Club-MN	4:30.63		
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## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 20 Men 400 LC Meter Freestyle

Pool Record: 4:11.66 ? 8/7/2010 Morgan M Barnes Cedar Rapids Aqu

Meet Record: 4:11.66 ! 8/7/2010 Morgan M Barnes Cedar Rapids Aqu

4:07.09 JR

Meet Qualifying: 4:26.09

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Foster, James N	16	Kansas City Blazers-MV	4:12.65	4:13.88 q
28.04	58.93 (30.89)	1:31.03 (32.10)	2:03.24 (32.21)	
2:36.16 (32.92)	3:09.37 (33.21)	3:42.51 (33.14)	4:13.88 (31.37)	
2 Evansnolan, Max B	17	Waukesha Express Swim Team-WI	4:16.48	4:14.02 q
27.91	59.43 (31.52)	1:31.82 (32.39)	2:04.35 (32.53)	
2:36.80 (32.45)	3:09.83 (33.03)	3:42.70 (32.87)	4:14.02 (31.32)	
3 Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	4:14.31	4:16.70 q
28.78	1:00.73 (31.95)	1:33.47 (32.74)	2:06.00 (32.53)	
2:38.71 (32.71)	3:11.31 (32.60)	3:44.57 (33.26)	4:16.70 (32.13)	
4 Blankenbeker, Zach D	17	Pacesetter Aquatics-IN	4:10.22	4:18.42 q
29.50	1:02.26 (32.76)	1:34.63 (32.37)	2:06.60 (31.97)	
2:38.83 (32.23)	3:12.08 (33.25)	3:45.32 (33.24)	4:18.42 (33.10)	
5 Koeller, Benjamin C	15	Kansas City Blazers-MV	4:22.56	4:18.99 q
28.49	1:01.18 (32.69)	1:33.73 (32.55)	2:07.11 (33.38)	
2:39.51 (32.40)	3:13.08 (33.57)	3:46.15 (33.07)	4:18.99 (32.84)	
6 Musser, Jesse D	15	Kansas City Blazers-MV	4:13.99	4:20.11 q
27.93	59.97 (32.04)	1:33.01 (33.04)	2:06.68 (33.67)	
2:40.59 (33.91)	3:14.86 (34.27)	3:48.62 (33.76)	4:20.11 (31.49)	
7 Angerhofer, Christopher R	15	Sioux Falls Snowfox-SD	4:21.49	4:20.50 q
28.31	1:00.24 (31.93)	1:33.72 (33.48)	2:07.48 (33.76)	
2:41.68 (34.20)	3:15.43 (33.75)	3:49.08 (33.65)	4:20.50 (31.42)	
8 Martin, Matthew P	16	Kansas City Blazers-MV	4:21.40	4:21.37 q
28.39	1:00.57 (32.18)	1:33.10 (32.53)	2:06.64 (33.54)	
2:39.96 (33.32)	3:14.18 (34.22)	3:48.13 (33.95)	4:21.37 (33.24)	
9 Kastigar, Adam J	16	Aberdeen Swim Club-SD	4:21.34	4:21.61 q
28.05	1:00.30 (32.25)	1:33.04 (32.74)	2:06.37 (33.33)	
2:39.86 (33.49)	3:14.23 (34.37)	3:48.31 (34.08)	4:21.61 (33.30)	
10 Ramoska, Robert R	15	Des Plaines River Racers-IL	4:26.08	4:21.70 q
28.99	1:01.68 (32.69)	1:35.04 (33.36)	2:08.97 (33.93)	
2:42.17 (33.20)	3:15.35 (33.18)	3:48.94 (33.59)	4:21.70 (32.76)	
11 Kurz, Benjamin A	16	Council Bluffs Swim Club-MW	4:22.45	4:21.76 q
28.44	1:00.31 (31.87)	1:33.30 (32.99)	2:07.44 (34.14)	
2:40.51 (33.07)	3:15.18 (34.67)	3:49.14 (33.96)	4:21.76 (32.62)	
12 Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	4:19.06	4:22.77 q
28.32	1:00.75 (32.43)	1:35.00 (34.25)	2:08.99 (33.99)	
2:42.91 (33.92)	3:16.53 (33.62)	3:50.21 (33.68)	4:22.77 (32.56)	
13 Ruffin, Jeffrey J	15	Alligator Aquatics-IL	4:21.85	4:24.60 q
29.32	1:02.34 (33.02)	1:35.94 (33.60)	2:09.32 (33.38)	
2:43.51 (34.19)	3:17.78 (34.27)	3:51.44 (33.66)	4:24.60 (33.16)	
14 Glenn, Michael G	17	Kansas City Blazers-MV	4:21.58	4:25.81 q
29.17	1:01.49 (32.32)	1:35.09 (33.60)	2:08.86 (33.77)	
2:43.14 (34.28)	3:17.35 (34.21)	3:52.43 (35.08)	4:25.81 (33.38)	
15 McLain, Alex J	17	Pierre Swim Team-SD	4:56.67 Y	4:26.03 q
28.14	1:00.37 (32.23)	1:33.86 (33.49)	2:08.33 (34.47)	
2:42.40 (34.07)	3:16.63 (34.23)	3:51.18 (34.55)	4:26.03 (34.85)	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 20 Men 400 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
16	Young, Ryan A	15	South Metro Storm Swim Club-MN	4:23.79	4:26.04	q
	29.55	1:02.76 (33.21)	1:36.69 (33.93)	2:11.69 (35.00)		
	2:45.57 (33.88)	3:19.99 (34.42)	3:53.86 (33.87)	4:26.04 (32.18)		
17	Faulkenberry, John R	17	Kansas City Blazers-MV	4:20.32	4:28.24	q
	29.59	1:02.83 (33.24)	1:36.19 (33.36)	2:10.34 (34.15)		
	2:44.16 (33.82)	3:19.08 (34.92)	3:53.81 (34.73)	4:28.24 (34.43)		
18	Nygaard, Christian J	17	North Suburban Aquatic Club-MN	4:55.37 Y	4:28.91	q
	30.84	1:04.32 (33.48)	1:38.38 (34.06)	2:12.26 (33.88)		
	2:46.41 (34.15)	3:20.50 (34.09)	3:55.03 (34.53)	4:28.91 (33.88)		
19	Gorycki, Robert L	19	South Metro Storm Swim Club-MN	4:24.02	4:30.63	q
	30.17	1:02.64 (32.47)	1:36.39 (33.75)	2:10.51 (34.12)		
	2:45.25 (34.74)	3:20.31 (35.06)	3:56.06 (35.75)	4:30.63 (34.57)		
20	Maginn, Heath M	15	Kansas City Blazers-MV	4:26.07	4:31.18	q
	29.74	1:03.05 (33.31)	1:37.58 (34.53)	2:11.81 (34.23)		
	2:46.92 (35.11)	3:21.58 (34.66)	3:57.38 (35.80)	4:31.18 (33.80)		
21	Dake, Ryan M	17	Kansas City Blazers-MV	4:23.01	4:36.05	q
	29.75	1:03.57 (33.82)	1:37.91 (34.34)	2:13.29 (35.38)		
	2:48.46 (35.17)	3:24.32 (35.86)	4:00.18 (35.86)	4:36.05 (35.87)		
---	Carpenter, Chris N	17	Topeka Swim Association-MV	4:11.93	SCR	
---	Lieberman, Jonathan D	15	Team Foxjet-MN	4:21.94	SCR	
---	Johnson, Zachary D	18	Sioux Falls Snowfox-SD	4:17.91	SCR	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 21 Women 100 LC Meter Backstroke****Pool Record: 1:05.88 ? 8/7/2010 Hannah L Angell****Kansas City Blaz****Meet Record: 1:05.88 ! 8/7/2010 Hannah L Angell****Kansas City Blaz****1:05.69 JR****Meet Qualifying: 1:09.89**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Angell, Hannah L 32.06	15	Kansas City Blazers-MV 1:05.88 (33.82)	1:07.68	1:05.88?	20
2	Snyder, Kate A 32.49	16	Kansas City Blazers-MV 1:07.53 (35.04)	1:08.02	1:07.53	17
3	Campbell, Emily A 32.72	18	Aberdeen Swim Club-SD 1:08.51 (35.79)	1:08.92	1:08.51	16
4	Grabill, Reese H 33.80	16	Lawrence Aquahawks-MV 1:09.35 (35.55)	1:09.76	1:09.35	15
5	Smallbeck, Emily L 33.95	16	AquaStorm-ND 1:09.59 (35.64)	1:11.74	1:09.59	14
6	Neeley, Mackenzie R 33.99	15	Kansas City Blazers-MV 1:10.09 (36.10)	1:09.79	1:10.09	13
7	Rudman, Stacey A 33.34	17	Lawrence Aquahawks-MV 1:11.05 (37.71)	1:11.14	1:11.05	12
8	Iida, Katherine M 34.49	15	Glenview Titan Aquatic Club-IL 1:11.22 (36.73)	1:11.07	1:11.22	11
<b>Preliminaries</b>						
9	Metz, Marjorie M	17	Topeka Swim Association-MV	1:13.51		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 21 Women 100 LC Meter Backstroke****Pool Record: 1:05.88 ? 8/7/2010 Hannah L Angell****Kansas City Blaz****Meet Record: 1:05.88 ! 8/7/2010 Hannah L Angell****Kansas City Blaz****1:05.69 JR****Meet Qualifying: 1:09.89**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Prelim Time</u>	
<b>Preliminaries</b>						
1	Angell, Hannah L	15	Kansas City Blazers-MV	1:07.83	1:07.68	q
	32.15		1:07.68 (35.53)			
2	Snyder, Kate A	16	Kansas City Blazers-MV	1:08.50	1:08.02	q
	32.19		1:08.02 (35.83)			
3	Campbell, Emily A	18	Aberdeen Swim Club-SD	1:09.45	1:08.92	q
	33.20		1:08.92 (35.72)			
4	Grabill, Reese H	16	Lawrence Aquahawks-MV	1:09.21	1:09.76	q
	34.16		1:09.76 (35.60)			
5	Neeley, Mackenzie R	15	Kansas City Blazers-MV	1:00.90 Y	1:09.79	q
	34.28		1:09.79 (35.51)			
6	Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	1:00.31 Y	1:11.07	q
	34.45		1:11.07 (36.62)			
7	Rudman, Stacey A	17	Lawrence Aquahawks-MV	1:09.65	1:11.14	q
	33.19		1:11.14 (37.95)			
8	Smallbeck, Emily L	16	AquaStorm-ND	59.68 Y	1:11.74	q
	34.77		1:11.74 (36.97)			
9	Metz, Marjorie M	17	Topeka Swim Association-MV	1:09.37	1:13.51	q
	35.96		1:13.51 (37.55)			
---	Smoliga, Olivia M	15	Glenview Titan Aquatic Club-IL	1:04.72	SCR	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 22 Men 100 LC Meter Backstroke****Pool Record: 59.85 ? 8/7/2010 Benjamin L Scheffer****Kansas City Blaz****Meet Record: 59.85 ! 8/7/2010 Benjamin L Scheffer****Kansas City Blaz****1:00.09 JR****Meet Qualifying: 1:04.79**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	1:00.48	1:00.50	20
	29.56		1:00.50 (30.94)			
2	Griggs, Benjamin T	19	Northern Lights Swim Associati-MN	1:01.91	1:00.81	17
	29.19		1:00.81 (31.62)			
3	Robrock, Kyle J	16	Black Dog Swimming-MN	59.94	1:00.84	16
	29.36		1:00.84 (31.48)			
4	Hearl, Christopher R	15	Kansas City Blazers-MV	1:01.91	1:00.91	15
	29.25		1:00.91 (31.66)			
5	Gorman, Brian J	17	Rapid City Racers-SD	1:02.04	1:01.69	14
	29.65		1:01.69 (32.04)			
6	Davidson, Austin J	16	South East Metro Sharks Swim C-MN	1:02.65	1:02.51	13
	29.84		1:02.51 (32.67)			
7	Carpenter, Chris N	17	Topeka Swim Association-MV	1:03.05	1:02.64	12
	30.13		1:02.64 (32.51)			
8	Maginn, Heath M	15	Kansas City Blazers-MV	1:02.50	1:03.05	11
	30.77		1:03.05 (32.28)			
<b>B - Final</b>						
9	Ford, Ian N	17	Cedar Rapids Aquatic-IA	1:03.25	1:01.92	9
	30.32		1:01.92 (31.60)			
10	Boyd, Matthew J	16	Unattached-IA	1:03.12	1:02.93	7
	30.43		1:02.93 (32.50)			
11	Moore, Eric J	17	Sioux Falls Snowfox-SD	1:03.81	1:03.69	6
	30.77		1:03.69 (32.92)			
12	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	1:04.07	1:03.86	5
	30.11		1:03.86 (33.75)			
13	McLain, Alex J	17	Pierre Swim Team-SD	1:04.02	1:04.00	4
	30.82		1:04.00 (33.18)			
14	Faulkenberry, John R	17	Kansas City Blazers-MV	1:04.43	1:04.05	3
	31.13		1:04.05 (32.92)			
15	Kuriga, Lucas A	16	Waukesha Express Swim Team-WI	1:04.43	1:04.31	2
	30.80		1:04.31 (33.51)			
16	Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	1:04.15	1:04.49	1
	31.37		1:04.49 (33.12)			
<b>C - Final</b>						
17	Young, Ryan A	15	South Metro Storm Swim Club-MN	1:04.63	1:04.80	
	31.56		1:04.80 (33.24)			
18	McDonald, Kyle M	17	Kansas City Blazers-MV	1:05.67	1:06.25	
	32.34		1:06.25 (33.91)			
19	Simson, Robert D	18	Granite City Aquatics-MN	1:10.03	1:08.46	
	32.18		1:08.46 (36.28)			
<b>Preliminaries</b>						
1	Scheffer, Benjamin L	17	Kansas City Blazers-MV	59.85		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 22 Men 100 LC Meter Backstroke

Pool Record: 59.85 ? 8/7/2010 Benjamin L Scheffer

Kansas City Blaz

Meet Record: 59.85 ! 8/7/2010 Benjamin L Scheffer

Kansas City Blaz

1:00.09 JR

Meet Qualifying: 1:04.79

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Scheffer, Benjamin L	17	Kansas City Blazers-MV	1:00.76	59.85?	qJR
29.17	59.85 (30.68)				
2 Robrock, Kyle J	16	Black Dog Swimming-MN	1:00.13	59.94	qJR
28.70	59.94 (31.24)				
3 Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	1:00.41	1:00.48	q
28.97	1:00.48 (31.51)				
*4 Griggs, Benjamin T	19	Northern Lights Swim Associati-MN	1:01.20	1:01.91	q
30.28	1:01.91 (31.63)				
*4 Hearl, Christopher R	15	Kansas City Blazers-MV	1:00.90	1:01.91	q
29.83	1:01.91 (32.08)				
6 Gorman, Brian J	17	Rapid City Racers-SD	1:03.03	1:02.04	q
29.84	1:02.04 (32.20)				
7 Maginn, Heath M	15	Kansas City Blazers-MV	1:02.89	1:02.50	q
30.38	1:02.50 (32.12)				
8 Davidson, Austin J	16	South East Metro Sharks Swim C-MN	1:03.85	1:02.65	q
29.82	1:02.65 (32.83)				
9 Carpenter, Chris N	17	Topeka Swim Association-MV	1:03.78	1:03.05	q
30.62	1:03.05 (32.43)				
10 Boyd, Matthew J	16	Unattached-IA	1:04.44	1:03.12	q
30.66	1:03.12 (32.46)				
11 Ford, Ian N	17	Cedar Rapids Aquatic-IA	1:04.02	1:03.25	q
30.02	1:03.25 (33.23)				
12 Moore, Eric J	17	Sioux Falls Snowfox-SD	1:03.54	1:03.81	q
30.78	1:03.81 (33.03)				
13 McLain, Alex J	17	Pierre Swim Team-SD	1:04.61	1:04.02	q
31.16	1:04.02 (32.86)				
14 Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	1:04.28	1:04.07	q
30.18	1:04.07 (33.89)				
15 Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	1:02.80	1:04.15	q
30.43	1:04.15 (33.72)				
*16 Faulkenberry, John R	17	Kansas City Blazers-MV	1:03.16	1:04.43	q
31.59	1:04.43 (32.84)				
*16 Kuriga, Lucas A	16	Waukesha Express Swim Team-WI	1:02.29	1:04.43	q
31.12	1:04.43 (33.31)				
<b>Swim-Off Required</b>					
18 Young, Ryan A	15	South Metro Storm Swim Club-MN	1:04.64	1:04.63	q
31.40	1:04.63 (33.23)				
19 McDonald, Kyle M	17	Kansas City Blazers-MV	1:04.77	1:05.67	q
31.92	1:05.67 (33.75)				
20 Simson, Robert D	18	Granite City Aquatics-MN	54.47Y	1:10.03	q
33.30	1:10.03 (36.73)				

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 23 Women 200 LC Meter Butterfly****Pool Record: 2:24.81 ? 8/7/2010 Natalie K Morris****Kansas City Blaz****Meet Record: 2:24.81 ! 8/7/2010 Natalie K Morris****Kansas City Blaz****2:19.69 JR****Meet Qualifying: 2:29.09**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Morris, Natalie K	17	Kansas City Blazers-MV	2:28.55	2:24.81?	20
	31.24	1:07.38 (36.14)	1:45.35 (37.97)	2:24.81 (39.46)		
2	Nadeau, Katie C	15	South Metro Storm Swim Club-MN	2:30.60	2:26.15	17
	31.97	1:08.88 (36.91)	1:47.23 (38.35)	2:26.15 (38.92)		
3	Weatherford, Chelsey E	18	Kansas City Blazers-MV	2:40.41	2:35.97	16
	33.16	1:12.45 (39.29)	1:53.84 (41.39)	2:35.97 (42.13)		
<b>Preliminaries</b>						
---	Paakh, Melissa K	18	Unattached Nlsa-MN		DQ	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 23 Women 200 LC Meter Butterfly****Pool Record: 2:24.81 ? 8/7/2010 Natalie K Morris****Kansas City Blaz****Meet Record: 2:24.81 ! 8/7/2010 Natalie K Morris****Kansas City Blaz****2:19.69 JR****Meet Qualifying: 2:29.09**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Morris, Natalie K	17	Kansas City Blazers-MV	2:22.53	2:28.55	q
	31.77	1:08.72 (36.95)	1:48.08 (39.36)	2:28.55 (40.47)		
2	Nadeau, Katie C	15	South Metro Storm Swim Club-MN	2:25.93	2:30.60	q
	32.64	1:10.45 (37.81)	1:50.61 (40.16)	2:30.60 (39.99)		
3	Weatherford, Chelsey E	18	Kansas City Blazers-MV	2:23.06	2:40.41	q
	33.19	1:13.82 (40.63)	1:56.30 (42.48)	2:40.41 (44.11)		
---	Paakh, Melissa K	18	Unattached Nlsa-MN	2:22.65	DQ	
	Declared false start					
---	Metz, Marjorie M	17	Topeka Swim Association-MV	2:28.09	SCR	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 24 Men 200 LC Meter Butterfly**

Pool Record: 2:09.62 ? 8/7/2010 Zach D Blankenkemper Pacesetter Aquat  
 Meet Record: 2:09.62 ! 8/7/2010 Zach D Blankenkemper Pacesetter Aquat  
 2:08.39 JR

**Meet Qualifying: 2:18.09**

	Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>						
1	Blankenkemper, Zach D	17	Pacesetter Aquatics-IN	2:13.39	2:09.62?	20
	27.89	1:00.98 (33.09)	1:35.64 (34.66)	2:09.62 (33.98)		
2	Koken, Matthew J	16	South East Metro Sharks Swim C-MN	2:14.48	2:11.26	17
	28.19	1:01.90 (33.71)	1:36.00 (34.10)	2:11.26 (35.26)		
3	Musser, Jesse D	15	Kansas City Blazers-MV	2:13.88	2:14.07	16
	28.77	1:02.59 (33.82)	1:38.37 (35.78)	2:14.07 (35.70)		
4	Foster, James N	16	Kansas City Blazers-MV	2:16.21	2:17.09	15
	30.16	1:04.82 (34.66)	1:41.70 (36.88)	2:17.09 (35.39)		
5	Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:18.59	2:18.38	14
	30.12	1:05.54 (35.42)	1:42.09 (36.55)	2:18.38 (36.29)		
6	Gorycki, Robert L	19	South Metro Storm Swim Club-MN	2:18.37	2:18.81	13
	31.68	1:05.73 (34.05)	1:41.26 (35.53)	2:18.81 (37.55)		
7	Kastigar, Adam J	16	Aberdeen Swim Club-SD	2:18.19	2:19.64	12
	29.83	1:04.74 (34.91)	1:41.66 (36.92)	2:19.64 (37.98)		
8	Glenn, Michael G	17	Kansas City Blazers-MV	2:17.93	2:20.60	11
	30.36	1:06.42 (36.06)	1:43.35 (36.93)	2:20.60 (37.25)		
<b>B - Final</b>						
9	Austin, Jacob T	15	Sioux Falls Snowfox-SD	2:18.85	2:18.64	9
	29.77	1:04.42 (34.65)	1:40.86 (36.44)	2:18.64 (37.78)		
<b>Preliminaries</b>						
---	Carpenter, Chris N	17	Topeka Swim Association-MV	DQ		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 24 Men 200 LC Meter Butterfly

Pool Record: 2:09.62 ? 8/7/2010 Zach D Blankenkemper

Pacesetter Aquat

Meet Record: 2:09.62 ! 8/7/2010 Zach D Blankenkemper

Pacesetter Aquat

2:08.39 JR

Meet Qualifying: 2:18.09

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Blankenkemper, Zach D	17	Pacesetter Aquatics-IN	2:10.37	2:13.39	q
28.05	1:01.61 (33.56)	1:37.96 (36.35)	2:13.39 (35.43)		
2 Musser, Jesse D	15	Kansas City Blazers-MV	2:11.96	2:13.88	q
29.27	1:03.27 (34.00)	1:38.94 (35.67)	2:13.88 (34.94)		
3 Koken, Matthew J	16	South East Metro Sharks Swim C-MN	2:12.91	2:14.48	q
30.00	1:03.92 (33.92)	1:39.46 (35.54)	2:14.48 (35.02)		
4 Foster, James N	16	Kansas City Blazers-MV	2:15.11	2:16.21	q
29.94	1:04.48 (34.54)	1:40.71 (36.23)	2:16.21 (35.50)		
5 Glenn, Michael G	17	Kansas City Blazers-MV	2:01.53 Y	2:17.93	q
30.98	1:06.24 (35.26)	1:42.69 (36.45)	2:17.93 (35.24)		
6 Kastigar, Adam J	16	Aberdeen Swim Club-SD	2:01.67 Y	2:18.19	q
29.29	1:04.55 (35.26)	1:41.02 (36.47)	2:18.19 (37.17)		
7 Gorycki, Robert L	19	South Metro Storm Swim Club-MN	2:14.29	2:18.37	q
31.58	1:05.84 (34.26)	1:42.39 (36.55)	2:18.37 (35.98)		
8 Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:00.01 Y	2:18.59	q
31.16	1:06.27 (35.11)	1:41.93 (35.66)	2:18.59 (36.66)		
9 Austin, Jacob T	15	Sioux Falls Snowfox-SD	1:59.07 Y	2:18.85	q
30.97	1:06.93 (35.96)	1:42.63 (35.70)	2:18.85 (36.22)		
--- Carpenter, Chris N	17	Topeka Swim Association-MV	2:01.81 Y	DQ	
Alternating Kick					
29.80	1:04.63 (34.83)	1:38.97 (34.34)	DQ (36.85)		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 25 Women 800 LC Meter Freestyle Relay

Pool Record: 8:51.84 ? 8/7/2010 Kansas City Blazers Kansas City Blaz  
 A Davis, M Rife, M Fries, N Morris  
 Meet Record: 8:51.84 ! 8/7/2010 Kansas City Blazers Kansas City Blaz  
 A Davis, M Rife, M Fries, N Morris

8:36.99 JR

Team	Relay	Seed Time	Finals Time	Points
1 Kansas City Blazers-MV	A	8:46.43	8:51.84?	40
1) Davis, Amelia G 15	2) Rife, Mackenna L 16	3) Fries, Marston E 16	4) Morris, Natalie K 17	
29.92	1:02.52 (1:02.52)	1:36.81 (1:36.81)	2:10.86 (2:10.86)	
2:41.84 (30.98)	3:15.63 (1:04.77)	3:50.63 (1:39.77)	4:24.19 (2:13.33)	
4:54.07 (29.88)	5:27.60 (1:03.41)	6:03.04 (1:38.85)	6:38.09 (2:13.90)	
7:08.80 (30.71)	7:42.05 (1:03.96)	8:17.10 (1:39.01)	8:51.84 (2:13.75)	
2 Kansas City Blazers-MV	B	9:00.85	9:02.93	34
1) Neeley, Mackenzie R 15	2) Snyder, Kate A 16	3) Brennan, Samantha N 17	4) Snyder, Heather M 16	
31.88	1:06.18 (1:06.18)	1:41.79 (1:41.79)	2:16.66 (2:16.66)	
2:47.18 (30.52)	3:21.58 (1:04.92)	3:57.38 (1:40.72)	4:32.97 (2:16.31)	
5:04.32 (31.35)	5:38.41 (1:05.44)	6:12.92 (1:39.95)	6:47.09 (2:14.12)	
7:18.48 (31.39)	7:52.82 (1:05.73)	8:28.44 (1:41.35)	9:02.93 (2:15.84)	
3 South Metro Storm Swim Club-M	A	9:05.66	9:03.72	32
1) Kleiner, Elizabeth A 17	2) Young, Christen A 17	3) Kleiner, Erin M 16	4) Nadeau, Katie C 15	
30.16	1:03.60 (1:03.60)	1:38.37 (1:38.37)	2:13.40 (2:13.40)	
2:44.52 (31.12)	3:19.02 (1:05.62)	3:54.33 (1:40.93)	4:29.02 (2:15.62)	
5:00.74 (31.72)	5:37.37 (1:08.35)	6:13.93 (1:44.91)	6:49.85 (2:20.83)	
7:20.47 (30.62)	7:54.60 (1:04.75)	8:29.89 (1:40.04)	9:03.72 (2:13.87)	
4 South East Metro Sharks Swim C	A	9:16.30	9:05.22	30
1) Cedarholm, Cassandra A 17	2) Mayer, Mikayla C 15	3) Lugg, Natalie R 18	4) Rizzo, Marina L 15	
31.70	1:06.39 (1:06.39)	1:42.28 (1:42.28)	2:18.48 (2:18.48)	
2:49.78 (31.30)	3:23.24 (1:04.76)	3:59.33 (1:40.85)	4:34.37 (2:15.89)	
5:05.29 (30.92)	5:39.15 (1:04.78)	6:13.57 (1:39.20)	6:47.92 (2:13.55)	
7:19.24 (31.32)	7:53.65 (1:05.73)	8:29.12 (1:41.20)	9:05.22 (2:17.30)	
5 AquaStorm-ND	A	7:57.13 Y	9:21.45	28
1) Engberg, Lydia R 16	2) Jeske, Mckenzie C 15	3) Smallbeck, Emily L 16	4) Walth, Cassandra B 16	
31.71	1:06.85 (1:06.85)	1:43.40 (1:43.40)	2:19.63 (2:19.63)	
2:51.78 (32.15)	3:27.69 (1:08.06)	4:05.25 (1:45.62)	4:41.50 (2:21.87)	
5:13.16 (31.66)	5:49.28 (1:07.78)	6:28.66 (1:47.16)	7:07.50 (2:26.00)	
7:36.81 (29.31)	8:09.78 (1:02.28)	8:45.50 (1:38.00)	9:21.45 (2:13.95)	
6 Northland United Swim Team-M	A	9:34.06	9:37.26	26
1) Guardado, Brynn J 16	2) Myer, Shannon N 17	3) Powers, Alyssa L 17	4) Norfleet, Rachael E 16	
32.02	1:08.54 (1:08.54)	1:45.98 (1:45.98)	2:23.33 (2:23.33)	
2:54.28 (30.95)	3:30.06 (1:06.73)	4:06.09 (1:42.76)	4:42.23 (2:18.90)	
5:15.36 (33.13)	5:53.42 (1:11.19)	6:33.04 (1:50.81)	7:13.85 (2:31.62)	
7:45.08 (31.23)	8:21.18 (1:07.33)	8:58.74 (1:44.89)	9:37.26 (2:23.41)	

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 26 Men 800 LC Meter Freestyle Relay

Pool Record: 8:10.84 ? 8/7/2010 Sioux Falls Snowfox Sioux Falls Snow

E Moore, C Angerhofer, J Austin, Z Johnson

Meet Record: 8:10.84 ! 8/7/2010 Sioux Falls Snowfox Sioux Falls Snow

E Moore, C Angerhofer, J Austin, Z Johnson

7:54.99 JR

Team	Relay	Seed Time	Finals Time	Points
1 Sioux Falls Snowfox-SD	A	8:13.72	8:10.84?	40
1) Moore, Eric J 17	2) Angerhofer, Christopher R 15	3) Austin, Jacob T 15	4) Johnson, Zachary D 18	
28.09	59.48 (59.48)	1:31.20 (1:31.20)	2:03.29 (2:03.29)	
2:31.06 (27.77)	3:02.99 (59.70)	3:35.61 (1:32.32)	4:07.12 (2:03.83)	
4:34.46 (27.34)	5:05.45 (58.33)	5:38.52 (1:31.40)	6:11.87 (2:04.75)	
6:37.87 (26.00)	7:07.63 (55.76)	7:39.31 (1:27.44)	8:10.84 (1:58.97)	
2 Kansas City Blazers-MV	A	8:06.18	8:11.30	34
1) Musser, Jesse D 15	2) Foster, James N 16	3) Hearl, Christopher R 15	4) Martin, Matthew P 16	
28.41	1:00.19 (1:00.19)	1:32.60 (1:32.60)	2:03.53 (2:03.53)	
2:31.42 (27.89)	3:02.33 (58.80)	3:34.96 (1:31.43)	4:06.73 (2:03.20)	
4:33.64 (26.91)	5:04.51 (57.78)	5:36.95 (1:30.22)	6:08.62 (2:01.89)	
6:35.80 (27.18)	7:06.71 (58.09)	7:38.95 (1:30.33)	8:11.30 (2:02.68)	
3 Kansas City Blazers-MV	B	8:11.57	8:20.38	32
1) Koeller, Benjamin C 15	2) Faulkenberry, John R 17	3) Dake, Ryan M 17	4) Glenn, Michael G 17	
28.93	1:00.36 (1:00.36)	1:32.80 (1:32.80)	2:03.99 (2:03.99)	
2:32.77 (28.78)	3:04.84 (1:00.85)	3:38.03 (1:34.04)	4:10.65 (2:06.66)	
4:38.56 (27.91)	5:09.53 (58.88)	5:42.00 (1:31.35)	6:14.32 (2:03.67)	
6:42.59 (28.27)	7:13.98 (59.66)	7:47.48 (1:33.16)	8:20.38 (2:06.06)	
4 Pierre Swim Team-SD	A	8:37.71	8:27.24	30
1) Christianson, Marcus A 18	2) Christensen, Weston E 15	3) McLain, James C 19	4) McLain, Alex J 17	
28.37	1:00.32 (1:00.32)	1:32.61 (1:32.61)	2:04.94 (2:04.94)	
2:33.18 (28.24)	3:06.50 (1:01.56)	3:41.13 (1:36.19)	4:16.01 (2:11.07)	
4:44.13 (28.12)	5:16.18 (1:00.17)	5:49.45 (1:33.44)	6:23.37 (2:07.36)	
6:50.58 (27.21)	7:22.45 (59.08)	7:54.47 (1:31.10)	8:27.24 (2:03.87)	
5 South Metro Storm Swim Club-M	A	8:27.27	8:29.32	28
1) Gorycki, Robert L 19	2) Young, Ryan A 15	3) Kosieradzki, Benjman A 17	4) Ochsner, Kyle L 19	
29.63	1:01.51 (1:01.51)	1:35.28 (1:35.28)	2:07.33 (2:07.33)	
2:36.03 (28.70)	3:08.19 (1:00.86)	3:41.18 (1:33.85)	4:13.59 (2:06.26)	
4:42.19 (28.60)	5:14.69 (1:01.10)	5:49.27 (1:35.68)	6:23.55 (2:09.96)	
6:50.70 (27.15)	7:22.36 (58.81)	7:55.94 (1:32.39)	8:29.32 (2:05.77)	
6 AquaStorm-ND	A	7:29.27Y	8:42.41	26
1) Sether, Dylan L 15	2) Stromme, Thomas M 16	3) Sether, Levi F 17	4) Ballantyne, Ian R 15	
29.84	1:02.07 (1:02.07)	1:35.26 (1:35.26)	2:06.05 (2:06.05)	
2:34.84 (28.79)	3:08.18 (1:02.13)	3:44.58 (1:38.53)	4:19.90 (2:13.85)	
4:49.49 (29.59)	5:22.45 (1:02.55)	5:57.44 (1:37.54)	6:31.83 (2:11.93)	
7:00.15 (28.32)	7:31.93 (1:00.10)	8:07.57 (1:35.74)	8:42.41 (2:10.58)	

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 27 Women 200 LC Meter IM****Pool Record: 2:25.88 ? 8/8/2010 Ellen R Suck****Team Foxjet****Meet Record: 2:25.88 ! 8/8/2010 Ellen R Suck****Team Foxjet****2:23.09 JR****Meet Qualifying: 2:33.39**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
<b>A - Final</b>						
1	Suck, Ellen R	15	Team Foxjet-MN	2:31.31	2:25.88?	20
	31.54	1:08.11 (36.57)	1:52.94 (44.83)	2:25.88 (32.94)		
2	Fries, Marston E	16	Kansas City Blazers-MV	2:28.56	2:26.28	17
	30.97	1:08.33 (37.36)	1:53.97 (45.64)	2:26.28 (32.31)		
3	Lugg, Natalie R	18	South East Metro Sharks Swim C-MN	2:31.30	2:29.14	16
	31.63	1:11.80 (40.17)	1:54.29 (42.49)	2:29.14 (34.85)		
4	Campbell, Emily A	18	Aberdeen Swim Club-SD	2:31.43	2:29.50	15
	32.29	1:11.65 (39.36)	1:53.62 (41.97)	2:29.50 (35.88)		
5	Morris, Natalie K	17	Kansas City Blazers-MV	2:33.08	2:30.71	14
	30.89	1:09.28 (38.39)	1:56.11 (46.83)	2:30.71 (34.60)		
6	Angell, Hannah L	15	Kansas City Blazers-MV	2:30.78	2:32.26	13
	32.01	1:08.30 (36.29)	1:56.01 (47.71)	2:32.26 (36.25)		
7	Grabill, Reese H	16	Lawrence Aquahawks-MV	2:33.88	2:36.01	12
	32.90	1:12.41 (39.51)	2:01.14 (48.73)	2:36.01 (34.87)		
8	Kent, Margaux E	18	Kansas City Blazers-MV	2:34.70	2:37.97	11
	34.65	1:17.66 (43.01)	2:01.90 (44.24)	2:37.97 (36.07)		
<b>B - Final</b>						
9	Neeley, Mackenzie R	15	Kansas City Blazers-MV	2:34.70	2:32.26	9
	31.80	1:09.83 (38.03)	1:58.74 (48.91)	2:32.26 (33.52)		
<b>Preliminaries</b>						
6	Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	2:32.50		
9	Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	2:34.49		
12	Kleiner, Erin M	16	South Metro Storm Swim Club-MN	2:37.80		
13	Powers, Alyssa L	17	Northland United Swim Team-MV	2:42.84		

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 27 Women 200 LC Meter IM

Pool Record: 2:25.88 ? 8/8/2010 Ellen R Suck

Team Foxjet

Meet Record: 2:25.88 ! 8/8/2010 Ellen R Suck

Team Foxjet

2:23.09 JR

Meet Qualifying: 2:33.39

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Fries, Marston E	16	Kansas City Blazers-MV	2:25.00	2:28.56	q
31.73	1:08.89 (37.16)	1:54.64 (45.75)	2:28.56 (33.92)		
2 Angell, Hannah L	15	Kansas City Blazers-MV	2:31.12	2:30.78	q
31.72	1:09.04 (37.32)	1:55.37 (46.33)	2:30.78 (35.41)		
3 Lugg, Natalie R	18	South East Metro Sharks Swim C-MN	2:29.15	2:31.30	q
32.46	1:11.83 (39.37)	1:55.13 (43.30)	2:31.30 (36.17)		
4 Suck, Ellen R	15	Team Foxjet-MN	2:26.71	2:31.31	q
32.11	1:10.12 (38.01)	1:57.19 (47.07)	2:31.31 (34.12)		
5 Campbell, Emily A	18	Aberdeen Swim Club-SD	2:29.87	2:31.43	q
33.63	1:12.16 (38.53)	1:55.66 (43.50)	2:31.43 (35.77)		
6 Iida, Katherine M	15	Glenview Titan Aquatic Club-IL	2:32.55	2:32.50	q
31.50	1:11.43 (39.93)	1:55.62 (44.19)	2:32.50 (36.88)		
7 Morris, Natalie K	17	Kansas City Blazers-MV	2:27.82	2:33.08	q
31.38	1:10.24 (38.86)	1:57.78 (47.54)	2:33.08 (35.30)		
8 Grabill, Reese H	16	Lawrence Aquahawks-MV	2:13.20 Y	2:33.88	q
32.63	1:11.37 (38.74)	1:59.75 (48.38)	2:33.88 (34.13)		
9 Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	2:30.12	2:34.49	q
32.05	1:10.98 (38.93)	1:59.06 (48.08)	2:34.49 (35.43)		
*10 Kent, Margaux E	18	Kansas City Blazers-MV	2:11.76 Y	2:34.70	q
33.42	1:16.26 (42.84)	1:59.18 (42.92)	2:34.70 (35.52)		
*10 Neeley, Mackenzie R	15	Kansas City Blazers-MV	2:13.15 Y	2:34.70	q
32.97	1:12.15 (39.18)	2:00.96 (48.81)	2:34.70 (33.74)		
12 Kleiner, Erin M	16	South Metro Storm Swim Club-MN	2:12.80 Y	2:37.80	q
32.67	1:12.15 (39.48)	2:01.22 (49.07)	2:37.80 (36.58)		
13 Powers, Alyssa L	17	Northland United Swim Team-MV	2:14.54 Y	2:42.84	q
32.75	1:17.38 (44.63)	2:02.42 (45.04)	2:42.84 (40.42)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 28 Men 200 LC Meter IM****Pool Record: 2:10.13 ? 8/8/2010 Chris N Carpenter****Topeka Swim Asso****Meet Record: 2:10.13 ! 8/8/2010 Chris N Carpenter****Topeka Swim Asso****2:11.39 JR****Meet Qualifying: 2:22.89**

Name		Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>						
1	Carpenter, Chris N	17	Topeka Swim Association-MV	2:13.65	2:10.13? JR	20
	28.08	1:01.56 (33.48)	1:38.67 (37.11)	2:10.13 (31.46)		
2	Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:16.65	2:14.98	17
	28.35	1:04.88 (36.53)	1:43.59 (38.71)	2:14.98 (31.39)		
3	Glenn, Michael G	17	Kansas City Blazers-MV	2:15.19	2:15.34	16
	29.20	1:04.52 (35.32)	1:44.05 (39.53)	2:15.34 (31.29)		
4	Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	2:16.22	2:15.82	15
	28.46	1:03.71 (35.25)	1:43.68 (39.97)	2:15.82 (32.14)		
5	Musser, Jesse D	15	Kansas City Blazers-MV	2:16.20	2:16.15	14
	27.96	1:04.30 (36.34)	1:46.22 (41.92)	2:16.15 (29.93)		
6	Boyd, Matthew J	16	Unattached-IA	2:18.09	2:16.59	13
	29.42	1:04.48 (35.06)	1:44.73 (40.25)	2:16.59 (31.86)		
7	Oak, Quillan E	17	Northern Lights Swim Associati-MN	2:18.54	2:17.64	12
	29.33	1:06.38 (37.05)	1:44.96 (38.58)	2:17.64 (32.68)		
8	Johnson, Zachary D	18	Sioux Falls Snowfox-SD	2:18.90	2:20.30	11
	28.13	1:03.99 (35.86)	1:47.98 (43.99)	2:20.30 (32.32)		
<b>B - Final</b>						
9	Dake, Ryan M	17	Kansas City Blazers-MV	2:21.21	2:17.03	9
	30.12	1:03.30 (33.18)	1:46.16 (42.86)	2:17.03 (30.87)		
10	Ballantyne, Ian R	15	AquaStorm-ND	2:19.33	2:17.09	7
	28.98	1:04.90 (35.92)	1:45.11 (40.21)	2:17.09 (31.98)		
11	Davidson, Austin J	16	South East Metro Sharks Swim C-MN	2:20.18	2:18.68	6
	29.27	1:05.02 (35.75)	1:48.19 (43.17)	2:18.68 (30.49)		
12	Sether, Dylan L	15	AquaStorm-ND	2:20.09	2:19.08	5
	30.08	1:06.98 (36.90)	1:47.35 (40.37)	2:19.08 (31.73)		
13	Kastigar, Adam J	16	Aberdeen Swim Club-SD	2:19.76	2:20.09	4
	29.93	1:07.25 (37.32)	1:48.61 (41.36)	2:20.09 (31.48)		
14	Faulkenberry, John R	17	Kansas City Blazers-MV	2:20.19	2:21.19	3
	29.38	1:05.68 (36.30)	1:48.72 (43.04)	2:21.19 (32.47)		
15	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	2:21.49	2:24.31	2
	29.13	1:05.57 (36.44)	1:51.09 (45.52)	2:24.31 (33.22)		
16	McLain, James C	19	Pierre Swim Team-SD	2:22.04	2:24.60	1
	30.25	1:09.07 (38.82)	1:51.34 (42.27)	2:24.60 (33.26)		
<b>C - Final</b>						
17	Hearl, Christopher R	15	Kansas City Blazers-MV	2:23.85	2:20.53	
	27.99	1:03.76 (35.77)	1:49.64 (45.88)	2:20.53 (30.89)		
18	Maginn, Heath M	15	Kansas City Blazers-MV	2:23.27	2:21.01	
	29.75	1:04.35 (34.60)	1:48.73 (44.38)	2:21.01 (32.28)		
19	Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	2:25.29	2:22.84	
	29.05	1:06.72 (37.67)	1:49.76 (43.04)	2:22.84 (33.08)		
20	Moore, Eric J	17	Sioux Falls Snowfox-SD	2:24.07	2:23.12	
	30.73	1:06.83 (36.10)	1:51.38 (44.55)	2:23.12 (31.74)		
21	Shain, Jacob L	17	Kansas City Blazers-MV	2:23.71	2:23.69	
	29.70	1:07.75 (38.05)	1:52.03 (44.28)	2:23.69 (31.66)		
<b>Preliminaries</b>						
2	Gorman, Brian J	17	Rapid City Racers-SD	2:14.93		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 28 Men 200 LC Meter IM)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
7 Jurgens, Daniel P	16	Decatur Swim Club-IL	2:17.31		
16 Ford, Ian N	17	Cedar Rapids Aquatic-IA	2:20.93		
24 Robrock, Kyle J	16	Black Dog Swimming-MN	2:24.15		
26 McDonald, Kyle M	17	Kansas City Blazers-MV	2:30.19		
27 Simson, Robert D	18	Granite City Aquatics-MN	2:40.84		
--- Scheffer, Benjamin L	17	Kansas City Blazers-MV	DQ		

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Name		Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Carpenter, Chris N	17	Topeka Swim Association-MV	2:15.36	2:13.65	q
	28.18	1:02.10 (33.92)	1:42.19 (40.09)	2:13.65 (31.46)		
2	Gorman, Brian J	17	Rapid City Racers-SD	2:15.66	2:14.93	q
	29.04	1:02.47 (33.43)	1:42.76 (40.29)	2:14.93 (32.17)		
3	Glenn, Michael G	17	Kansas City Blazers-MV	2:14.15	2:15.19	q
	28.97	1:04.62 (35.65)	1:43.96 (39.34)	2:15.19 (31.23)		
4	Musser, Jesse D	15	Kansas City Blazers-MV	2:16.24	2:16.20	q
	28.20	1:04.01 (35.81)	1:45.83 (41.82)	2:16.20 (30.37)		
5	Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	2:11.80	2:16.22	q
	27.61	1:02.03 (34.42)	1:42.91 (40.88)	2:16.22 (33.31)		
6	Nichols, Tyler G	17	Heart Of America Swim Club-MV	2:16.64	2:16.65	q
	29.88	1:05.84 (35.96)	1:44.95 (39.11)	2:16.65 (31.70)		
7	Jurgens, Daniel P	16	Decatur Swim Club-IL	2:21.97	2:17.31	q
	29.24	1:04.11 (34.87)	1:43.78 (39.67)	2:17.31 (33.53)		
8	Boyd, Matthew J	16	Unattached-IA	2:16.04	2:18.09	q
	28.60	1:04.59 (35.99)	1:44.61 (40.02)	2:18.09 (33.48)		
9	Oak, Quillan E	17	Northern Lights Swim Associati-MN	2:20.53	2:18.54	q
	30.21	1:07.31 (37.10)	1:46.24 (38.93)	2:18.54 (32.30)		
10	Johnson, Zachary D	18	Sioux Falls Snowfox-SD	2:19.88	2:18.90	q
	28.06	1:04.42 (36.36)	1:45.36 (40.94)	2:18.90 (33.54)		
11	Ballantyne, Ian R	15	AquaStorm-ND	2:15.41	2:19.33	q
	28.60	1:04.39 (35.79)	1:44.38 (39.99)	2:19.33 (34.95)		
12	Kastigar, Adam J	16	Aberdeen Swim Club-SD	2:16.34	2:19.76	q
	29.63	1:05.92 (36.29)	1:47.34 (41.42)	2:19.76 (32.42)		
13	Sether, Dylan L	15	AquaStorm-ND	2:01.94 Y	2:20.09	q
	30.41	1:06.58 (36.17)	1:48.58 (42.00)	2:20.09 (31.51)		
14	Davidson, Austin J	16	South East Metro Sharks Swim C-MN	2:18.26	2:20.18	q
	28.97	1:04.37 (35.40)	1:48.20 (43.83)	2:20.18 (31.98)		
15	Faulkenberry, John R	17	Kansas City Blazers-MV	2:19.54	2:20.19	q
	29.17	1:04.63 (35.46)	1:48.18 (43.55)	2:20.19 (32.01)		
16	Ford, Ian N	17	Cedar Rapids Aquatic-IA	1:58.20 Y	2:20.93	q
	29.40	1:03.70 (34.30)	1:45.99 (42.29)	2:20.93 (34.94)		
17	Dake, Ryan M	17	Kansas City Blazers-MV	2:19.86	2:21.21	q
	29.45	1:03.94 (34.49)	1:47.01 (43.07)	2:21.21 (34.20)		
18	Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	2:20.37	2:21.49	q
	28.77	1:02.98 (34.21)	1:48.12 (45.14)	2:21.49 (33.37)		
19	McLain, James C	19	Pierre Swim Team-SD	2:22.65	2:22.04	q
	29.67	1:07.92 (38.25)	1:49.49 (41.57)	2:22.04 (32.55)		
20	Maginn, Heath M	15	Kansas City Blazers-MV	2:22.51	2:23.27	q
	29.77	1:05.10 (35.33)	1:49.66 (44.56)	2:23.27 (33.61)		
21	Shain, Jacob L	17	Kansas City Blazers-MV	1:58.79 Y	2:23.71	q
	30.12	1:06.77 (36.65)	1:49.73 (42.96)	2:23.71 (33.98)		
22	Hearl, Christopher R	15	Kansas City Blazers-MV	2:21.87	2:23.85	q
	28.37	1:03.43 (35.06)	1:51.33 (47.90)	2:23.85 (32.52)		
23	Moore, Eric J	17	Sioux Falls Snowfox-SD	2:22.29	2:24.07	q
	30.24	1:06.34 (36.10)	1:50.96 (44.62)	2:24.07 (33.11)		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Preliminaries ... (Event 28 Men 200 LC Meter IM)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
24	Robrock, Kyle J	16	Black Dog Swimming-MN	2:19.68	2:24.15	q
	29.40	1:05.39 (35.99)	1:50.24 (44.85)	2:24.15 (33.91)		
25	Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	2:01.39 Y	2:25.29	
	29.22	1:06.89 (37.67)	1:50.85 (43.96)	2:25.29 (34.44)		
26	McDonald, Kyle M	17	Kansas City Blazers-MV	2:02.64 Y	2:30.19	
	30.88	1:08.73 (37.85)	1:55.16 (46.43)	2:30.19 (35.03)		
27	Simson, Robert D	18	Granite City Aquatics-MN	2:03.39 Y	2:40.84	
	32.74	1:13.13 (40.39)	2:03.72 (50.59)	2:40.84 (37.12)		
---	Scheffer, Benjamin L	17	Kansas City Blazers-MV	2:14.92		DQ
	Declared false start - Misc					

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 29 Women 1500 LC Meter Freestyle****Pool Record: 17:46.47 ? 8/8/2010 Mackenna L Rife****Kansas City Blaz****Meet Record: 17:46.47 ! 8/8/2010 Mackenna L Rife****Kansas City Blaz****17:20.49 JR****Meet Qualifying: 18:45.99**

Name	Age	Team	Seed Time	Finals Time	Points
1 Rife, Mackenna L	16	Kansas City Blazers-MV	17:38.18	17:46.47?	20
31.84	1:06.76 (34.92)	1:42.14 (35.38)	2:17.80 (35.66)		
2:53.72 (35.92)	3:29.86 (36.14)	4:05.37 (35.51)	4:41.91 (36.54)		
5:16.32 (34.41)	5:51.40 (35.08)	6:26.52 (35.12)	7:01.35 (34.83)		
7:36.85 (35.50)	8:12.04 (35.19)	8:47.87 (35.83)	9:23.68 (35.81)		
9:59.92 (36.24)	10:36.17 (36.25)	11:11.63 (35.46)	11:47.68 (36.05)		
12:23.44 (35.76)	12:59.17 (35.73)	13:34.31 (35.14)	14:10.19 (35.88)		
14:46.32 (36.13)	15:22.67 (36.35)	15:58.72 (36.05)	16:35.43 (36.71)		
17:11.21 (35.78)	17:46.47 (35.26)				
2 Snyder, Heather M	16	Kansas City Blazers-MV	17:58.52	17:46.99	17
32.51	1:06.87 (34.36)	1:41.98 (35.11)	2:16.69 (34.71)		
2:52.34 (35.65)	3:27.11 (34.77)	4:03.05 (35.94)	4:38.10 (35.05)		
5:14.26 (36.16)	5:49.50 (35.24)	6:25.62 (36.12)	7:01.01 (35.39)		
7:37.10 (36.09)	8:12.30 (35.20)	8:48.43 (36.13)	9:23.67 (35.24)		
9:59.85 (36.18)	10:35.28 (35.43)	11:11.51 (36.23)	11:47.03 (35.52)		
12:23.55 (36.52)	12:59.22 (35.67)	13:35.71 (36.49)	14:11.13 (35.42)		
14:47.88 (36.75)	15:23.71 (35.83)	15:54.78 (31.07)	16:36.67 (41.89)		
17:13.02 (36.35)	17:46.99 (33.97)				
3 Davis, Amelia G	15	Kansas City Blazers-MV	17:41.82	17:59.07	16
31.85	1:06.35 (34.50)	1:41.50 (35.15)	2:16.33 (34.83)		
2:51.61 (35.28)	3:26.58 (34.97)	4:02.25 (35.67)	4:37.44 (35.19)		
5:13.56 (36.12)	5:49.04 (35.48)	6:25.18 (36.14)	7:00.73 (35.55)		
7:37.14 (36.41)	8:12.88 (35.74)	8:49.57 (36.69)	9:25.43 (35.86)		
10:02.24 (36.81)	10:38.18 (35.94)	11:15.10 (36.92)	11:51.12 (36.02)		
12:28.14 (37.02)	13:04.56 (36.42)	13:41.60 (37.04)	14:18.38 (36.78)		
14:55.79 (37.41)	15:32.47 (36.68)	16:09.83 (37.36)	16:46.45 (36.62)		
17:23.74 (37.29)	17:59.07 (35.33)				
4 Brennan, Samantha N	17	Kansas City Blazers-MV	17:54.00	18:04.97	15
32.12	1:07.49 (35.37)	1:42.35 (34.86)	2:18.10 (35.75)		
2:53.79 (35.69)	3:29.93 (36.14)	4:05.60 (35.67)	4:42.10 (36.50)		
5:17.50 (35.40)	5:53.77 (36.27)	6:29.76 (35.99)	7:06.27 (36.51)		
7:42.66 (36.39)	8:19.47 (36.81)	8:55.64 (36.17)	9:32.21 (36.57)		
10:08.74 (36.53)	10:45.16 (36.42)	11:21.39 (36.23)	11:58.33 (36.94)		
12:34.56 (36.23)	13:11.29 (36.73)	13:47.86 (36.57)	14:24.97 (37.11)		
15:02.03 (37.06)	15:39.08 (37.05)	16:15.83 (36.75)	16:52.58 (36.75)		
17:28.92 (36.34)	18:04.97 (36.05)				
5 Braden, Mackenzie K	15	Team Foxjet-MN	18:45.99	18:15.76	14
32.98	1:09.80 (36.82)	1:46.44 (36.64)	2:23.94 (37.50)		
3:01.00 (37.06)	3:38.45 (37.45)	4:15.66 (37.21)	4:53.16 (37.50)		
5:29.98 (36.82)	6:06.66 (36.68)	6:43.20 (36.54)	7:19.60 (36.40)		
7:55.95 (36.35)	8:32.47 (36.52)	9:08.50 (36.03)	9:45.09 (36.59)		
10:21.88 (36.79)	10:58.44 (36.56)	11:35.02 (36.58)	12:12.04 (37.02)		
12:48.44 (36.40)	13:25.11 (36.67)	14:01.70 (36.59)	14:38.54 (36.84)		
15:15.08 (36.54)	15:51.94 (36.86)	16:28.33 (36.39)	17:04.84 (36.51)		
17:40.66 (35.82)	18:15.76 (35.10)				

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## (Event 29 Women 1500 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time	Points
6 Fossom, Samantha J	17	Brookings Swim Club-SD	18:16.48	18:22.07	13
31.54	1:07.49 (35.95)	1:43.02 (35.53)	2:19.48 (36.46)		
2:55.62 (36.14)	3:32.33 (36.71)	4:08.76 (36.43)	4:45.65 (36.89)		
5:22.30 (36.65)	5:59.54 (37.24)	6:35.97 (36.43)	7:13.53 (37.56)		
7:50.38 (36.85)	8:27.75 (37.37)	9:04.95 (37.20)	9:42.29 (37.34)		
10:19.59 (37.30)	10:57.29 (37.70)	11:33.91 (36.62)	12:11.70 (37.79)		
12:49.02 (37.32)	13:26.97 (37.95)	14:04.16 (37.19)	14:41.77 (37.61)		
15:18.42 (36.65)	15:56.04 (37.62)	16:32.61 (36.57)	17:10.04 (37.43)		
17:46.33 (36.29)	18:22.07 (35.74)				
7 Ropson, Kaela C	15	Kansas City Blazers-MV	18:20.80	18:22.15	12
32.75	1:09.17 (36.42)	1:45.27 (36.10)	2:22.12 (36.85)		
2:58.76 (36.64)	3:35.46 (36.70)	4:12.34 (36.88)	4:49.65 (37.31)		
5:26.78 (37.13)	6:04.34 (37.56)	6:41.42 (37.08)	7:18.79 (37.37)		
7:55.74 (36.95)	8:33.19 (37.45)	9:09.89 (36.70)	9:46.84 (36.95)		
10:23.37 (36.53)	11:00.31 (36.94)	11:37.26 (36.95)	12:14.49 (37.23)		
12:51.31 (36.82)	13:28.69 (37.38)	14:05.53 (36.84)	14:42.86 (37.33)		
15:19.69 (36.83)	15:57.08 (37.39)	16:33.85 (36.77)	17:11.44 (37.59)		
17:47.49 (36.05)	18:22.15 (34.66)				
8 Metz, Marjorie M	17	Topeka Swim Association-MV	18:17.79	18:31.72	11
31.55	1:06.11 (34.56)	1:42.55 (36.44)	2:18.81 (36.26)		
2:56.26 (37.45)	3:33.08 (36.82)	4:10.63 (37.55)	4:47.56 (36.93)		
5:25.59 (38.03)	6:02.84 (37.25)	6:40.75 (37.91)	7:18.04 (37.29)		
7:43.07 (25.03)	8:33.02 (49.95)	9:11.03 (38.01)	9:48.08 (37.05)		
10:25.80 (37.72)	11:02.73 (36.93)	11:40.53 (37.80)	12:17.76 (37.23)		
12:55.31 (37.55)	13:32.34 (37.03)	14:09.99 (37.65)	14:47.10 (37.11)		
15:24.70 (37.60)	16:02.03 (37.33)	16:40.16 (38.13)	17:17.65 (37.49)		
17:55.41 (37.76)	18:31.72 (36.31)				
9 Young, Christen A	17	South Metro Storm Swim Club-MN	18:45.99	18:45.23	9
33.01	1:09.56 (36.55)	1:46.12 (36.56)	2:23.21 (37.09)		
3:00.64 (37.43)	3:38.06 (37.42)	4:15.64 (37.58)	4:53.16 (37.52)		
5:30.82 (37.66)	6:08.59 (37.77)	6:46.41 (37.82)	7:24.16 (37.75)		
8:01.72 (37.56)	8:39.61 (37.89)	9:17.43 (37.82)	9:55.23 (37.80)		
10:33.25 (38.02)	11:10.84 (37.59)	11:49.03 (38.19)	12:26.88 (37.85)		
13:04.91 (38.03)	13:43.18 (38.27)	14:21.13 (37.95)	14:59.12 (37.99)		
15:36.71 (37.59)	16:14.39 (37.68)	16:52.41 (38.02)	17:30.41 (38.00)		
18:08.22 (37.81)	18:45.23 (37.01)				
10 Neeley, Mackenzie R	15	Kansas City Blazers-MV	18:23.19	18:50.27	7
33.69	1:09.97 (36.28)	1:47.39 (37.42)	2:23.96 (36.57)		
3:01.49 (37.53)	3:38.55 (37.06)	4:16.39 (37.84)	4:53.90 (37.51)		
5:31.98 (38.08)	6:09.83 (37.85)	6:47.97 (38.14)	7:25.60 (37.63)		
8:03.95 (38.35)	8:41.66 (37.71)	9:20.22 (38.56)	9:58.07 (37.85)		
10:36.93 (38.86)	11:14.55 (37.62)	11:53.14 (38.59)	12:30.79 (37.65)		
13:09.49 (38.70)	13:47.21 (37.72)	14:25.95 (38.74)	15:03.73 (37.78)		
15:42.19 (38.46)	16:19.70 (37.51)	16:57.98 (38.28)	17:35.58 (37.60)		
18:13.95 (38.37)	18:50.27 (36.32)				
--- Guardado, Brynn J	16	Northland United Swim Team-MV	NT	SCR	

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 30 Men 1500 LC Meter Freestyle

Pool Record: 16:33.67 ? 8/8/2010

Brian J Gorman

Rapid City Racer

Meet Record: 16:33.67 ! 8/8/2010

Brian J Gorman

Rapid City Racer

16:15.49 JR

Meet Qualifying: 17:37.29

Name	Age	Team	Seed Time	Finals Time	Points
1 Gorman, Brian J	17	Rapid City Racers-SD	16:41.76	16:33.67?	20
29.38	1:01.49 (32.11)	1:34.53 (33.04)	2:07.75 (33.22)		
2:41.47 (33.72)	3:14.70 (33.23)	3:48.64 (33.94)	4:21.88 (33.24)		
4:55.71 (33.83)	5:28.90 (33.19)	6:02.66 (33.76)	6:35.94 (33.28)		
7:09.42 (33.48)	7:42.70 (33.28)	8:16.31 (33.61)	8:49.71 (33.40)		
9:23.13 (33.42)	9:56.26 (33.13)	10:29.93 (33.67)	11:03.02 (33.09)		
11:36.57 (33.55)	12:09.78 (33.21)	12:43.24 (33.46)	13:16.37 (33.13)		
13:49.95 (33.58)	14:23.01 (33.06)	14:56.42 (33.41)	15:29.52 (33.10)		
16:02.55 (33.03)	16:33.67 (31.12)				
2 Foster, James N	16	Kansas City Blazers-MV	16:42.10	16:45.57	17
28.90	1:01.23 (32.33)	1:34.03 (32.80)	2:07.14 (33.11)		
2:40.39 (33.25)	3:13.71 (33.32)	3:47.11 (33.40)	4:20.87 (33.76)		
4:54.61 (33.74)	5:28.73 (34.12)	6:02.49 (33.76)	6:36.13 (33.64)		
7:09.46 (33.33)	7:42.99 (33.53)	8:16.42 (33.43)	8:50.10 (33.68)		
9:23.79 (33.69)	9:57.86 (34.07)	10:31.90 (34.04)	11:05.85 (33.95)		
11:38.76 (32.91)	12:12.23 (33.47)	12:45.42 (33.19)	13:19.20 (33.78)		
13:54.05 (34.85)	14:28.86 (34.81)	15:03.27 (34.41)	15:38.12 (34.85)		
16:12.03 (33.91)	16:45.57 (33.54)				
3 Evansnolan, Max B	17	Waukesha Express Swim Team-WI	16:36.19	17:02.64	16
27.88	1:00.23 (32.35)	1:33.52 (33.29)	2:07.28 (33.76)		
2:41.14 (33.86)	3:15.37 (34.23)	3:49.58 (34.21)	4:23.87 (34.29)		
4:58.28 (34.41)	5:33.01 (34.73)	6:07.56 (34.55)	6:42.41 (34.85)		
7:16.67 (34.26)	7:51.04 (34.37)	8:25.23 (34.19)	9:00.45 (35.22)		
9:34.67 (34.22)	10:08.91 (34.24)	10:43.38 (34.47)	11:18.00 (34.62)		
11:52.39 (34.39)	12:26.93 (34.54)	13:01.67 (34.74)	13:36.19 (34.52)		
14:10.93 (34.74)	14:45.66 (34.73)	15:20.19 (34.53)	15:54.69 (34.50)		
16:29.14 (34.45)	17:02.64 (33.50)				
4 Ramoska, Robert R	15	Des Plaines River Racers-IL	17:18.11	17:09.24	15
30.57	1:04.21 (33.64)	1:38.53 (34.32)	2:11.80 (33.27)		
2:46.19 (34.39)	3:20.02 (33.83)	3:54.57 (34.55)	4:28.55 (33.98)		
5:03.30 (34.75)	5:37.82 (34.52)	6:12.91 (35.09)	6:47.33 (34.42)		
7:22.24 (34.91)	7:56.99 (34.75)	8:32.24 (35.25)	9:06.58 (34.34)		
9:41.36 (34.78)	10:15.75 (34.39)	10:50.47 (34.72)	11:25.15 (34.68)		
12:00.07 (34.92)	12:34.57 (34.50)	13:09.16 (34.59)	13:43.72 (34.56)		
14:18.28 (34.56)	14:52.37 (34.09)	15:27.03 (34.66)	16:01.62 (34.59)		
16:35.82 (34.20)	17:09.24 (33.42)				
5 Kastigar, Adam J	16	Aberdeen Swim Club-SD	17:12.26	17:11.25	14
29.49	1:03.70 (34.21)	1:38.08 (34.38)	2:12.81 (34.73)		
2:47.00 (34.19)	3:21.85 (34.85)	3:56.88 (35.03)	4:31.71 (34.83)		
5:07.18 (35.47)	5:42.01 (34.83)	6:16.12 (34.11)	6:51.06 (34.94)		
7:26.02 (34.96)	8:01.20 (35.18)	8:35.97 (34.77)	9:11.38 (35.41)		
9:45.83 (34.45)	10:21.24 (35.41)	10:56.24 (35.00)	11:31.41 (35.17)		
12:05.71 (34.30)	12:40.28 (34.57)	13:14.74 (34.46)	13:48.87 (34.13)		
14:22.91 (34.04)	14:57.41 (34.50)	15:31.05 (33.64)	16:05.09 (34.04)		
16:38.47 (33.38)	17:11.25 (32.78)				

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## (Event 30 Men 1500 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time	Points
6 Faulkenberry, John R	17	Kansas City Blazers-MV	17:11.29	17:12.05	13
30.42	1:03.70 (33.28)	1:37.90 (34.20)	2:11.66 (33.76)		
2:46.62 (34.96)	3:20.63 (34.01)	3:55.61 (34.98)	4:29.89 (34.28)		
5:05.33 (35.44)	5:39.74 (34.41)	6:14.94 (35.20)	6:49.24 (34.30)		
7:24.35 (35.11)	7:58.90 (34.55)	8:33.85 (34.95)	9:08.02 (34.17)		
9:43.04 (35.02)	10:17.19 (34.15)	10:52.40 (35.21)	11:26.79 (34.39)		
12:01.65 (34.86)	12:36.41 (34.76)	13:02.84 (26.43)	13:46.27 (43.43)		
14:21.32 (35.05)	14:55.80 (34.48)	15:30.44 (34.64)	16:04.54 (34.10)		
16:39.15 (34.61)	17:12.05 (32.90)				
7 Barnes, Morgan M	16	Cedar Rapids Aquatic-IA	16:46.49	17:13.76	12
29.02	1:00.90 (31.88)	1:34.37 (33.47)	2:07.73 (33.36)		
2:41.84 (34.11)	3:15.42 (33.58)	3:49.59 (34.17)	4:23.41 (33.82)		
4:57.57 (34.16)	5:31.68 (34.11)	6:06.39 (34.71)	6:40.96 (34.57)		
7:15.98 (35.02)	7:50.55 (34.57)	8:25.72 (35.17)	9:00.60 (34.88)		
9:35.87 (35.27)	10:10.86 (34.99)	10:46.51 (35.65)	11:21.56 (35.05)		
11:57.56 (36.00)	12:32.72 (35.16)	13:08.40 (35.68)	13:43.46 (35.06)		
14:19.32 (35.86)	14:54.39 (35.07)	15:30.02 (35.63)	16:04.72 (34.70)		
16:39.94 (35.22)	17:13.76 (33.82)				
8 Kurz, Benjamin A	16	Council Bluffs Swim Club-MW	17:35.23	17:14.68	11
30.48	1:04.68 (34.20)	1:39.77 (35.09)	2:15.08 (35.31)		
2:50.07 (34.99)	3:24.83 (34.76)	3:59.57 (34.74)	4:33.94 (34.37)		
5:08.58 (34.64)	5:43.56 (34.98)	6:17.65 (34.09)	6:51.79 (34.14)		
7:26.86 (35.07)	8:01.16 (34.30)	8:36.58 (35.42)	9:10.74 (34.16)		
9:46.01 (35.27)	10:19.95 (33.94)	10:54.77 (34.82)	11:29.38 (34.61)		
12:04.29 (34.91)	12:39.25 (34.96)	13:14.44 (35.19)	13:49.23 (34.79)		
14:24.39 (35.16)	14:59.36 (34.97)	15:34.93 (35.57)	16:09.32 (34.39)		
16:43.85 (34.53)	17:14.68 (30.83)				
9 Angerhofer, Christopher R	15	Sioux Falls Snowfox-SD	17:36.62	17:16.99	9
30.09	1:04.28 (34.19)	1:38.89 (34.61)	2:13.91 (35.02)		
2:48.71 (34.80)	3:23.38 (34.67)	3:58.13 (34.75)	4:33.22 (35.09)		
5:08.26 (35.04)	5:43.34 (35.08)	6:18.38 (35.04)	6:53.24 (34.86)		
7:28.17 (34.93)	8:03.45 (35.28)	8:38.52 (35.07)	9:13.76 (35.24)		
9:49.02 (35.26)	10:24.29 (35.27)	10:59.28 (34.99)	11:34.26 (34.98)		
12:08.75 (34.49)	12:44.05 (35.30)	13:18.72 (34.67)	13:53.66 (34.94)		
14:28.30 (34.64)	15:02.94 (34.64)	15:37.50 (34.56)	16:12.03 (34.53)		
16:45.81 (33.78)	17:16.99 (31.18)				
10 Young, Ryan A	15	South Metro Storm Swim Club-MN	17:37.29	17:23.51	7
30.22	1:03.28 (33.06)	1:37.59 (34.31)	2:12.30 (34.71)		
2:47.49 (35.19)	3:21.55 (34.06)	3:56.17 (34.62)	4:30.50 (34.33)		
5:05.21 (34.71)	5:39.87 (34.66)	6:14.65 (34.78)	6:49.34 (34.69)		
7:24.36 (35.02)	7:59.14 (34.78)	8:34.55 (35.41)	9:09.33 (34.78)		
9:44.55 (35.22)	10:19.33 (34.78)	10:54.60 (35.27)	11:29.41 (34.81)		
12:05.13 (35.72)	12:40.23 (35.10)	13:15.50 (35.27)	13:50.49 (34.99)		
14:26.13 (35.64)	15:01.08 (34.95)	15:37.16 (36.08)	16:13.51 (36.35)		
16:50.88 (37.37)	17:23.51 (32.63)				
11 Koeller, Benjamin C	15	Kansas City Blazers-MV	17:33.19	17:27.04	6
30.71	1:04.46 (33.75)	1:40.00 (35.54)	2:14.91 (34.91)		
2:50.34 (35.43)	3:25.43 (35.09)	4:00.67 (35.24)	4:35.20 (34.53)		
5:10.40 (35.20)	5:45.38 (34.98)	6:20.44 (35.06)	6:55.00 (34.56)		
7:30.47 (35.47)	8:05.29 (34.82)	8:40.80 (35.51)	9:15.54 (34.74)		
9:50.62 (35.08)	10:25.58 (34.96)	11:00.83 (35.25)	11:35.83 (35.00)		
12:11.08 (35.25)	12:46.34 (35.26)	13:21.93 (35.59)	13:57.10 (35.17)		
14:33.04 (35.94)	15:07.84 (34.80)	15:43.14 (35.30)	16:18.27 (35.13)		
16:53.40 (35.13)	17:27.04 (33.64)				

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## (Event 30 Men 1500 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time	Points
12 Maginn, Heath M	15	Kansas City Blazers-MV	17:31.33	17:28.19	5
31.43	1:06.63 (35.20)	1:41.82 (35.19)	2:17.68 (35.86)		
2:52.83 (35.15)	3:28.52 (35.69)	4:03.53 (35.01)	4:39.51 (35.98)		
5:15.03 (35.52)	5:51.19 (36.16)	6:26.29 (35.10)	7:02.60 (36.31)		
7:38.20 (35.60)	8:14.10 (35.90)	8:49.18 (35.08)	9:24.87 (35.69)		
9:59.57 (34.70)	10:35.38 (35.81)	11:10.23 (34.85)	11:45.34 (35.11)		
12:19.87 (34.53)	12:54.81 (34.94)	13:28.91 (34.10)	14:03.37 (34.46)		
14:37.64 (34.27)	15:12.44 (34.80)	15:46.69 (34.25)	16:21.12 (34.43)		
16:54.89 (33.77)	17:28.19 (33.30)				
13 Ochsner, Kyle L	19	South Metro Storm Swim Club-MN	17:06.25	17:34.46	4
28.99	1:03.47 (34.48)	1:37.57 (34.10)	2:13.00 (35.43)		
2:47.32 (34.32)	3:22.41 (35.09)	3:57.19 (34.78)	4:32.50 (35.31)		
5:07.43 (34.93)	5:42.99 (35.56)	6:17.71 (34.72)	6:53.25 (35.54)		
7:28.40 (35.15)	8:04.22 (35.82)	8:39.28 (35.06)	9:15.27 (35.99)		
9:50.75 (35.48)	10:26.90 (36.15)	11:02.42 (35.52)	11:38.75 (36.33)		
12:14.29 (35.54)	12:50.50 (36.21)	13:25.90 (35.40)	14:02.22 (36.32)		
14:37.78 (35.56)	15:13.79 (36.01)	15:49.03 (35.24)	16:24.69 (35.66)		
16:59.61 (34.92)	17:34.46 (34.85)				
14 Gorycki, Robert L	19	South Metro Storm Swim Club-MN	17:24.53	17:35.78	3
32.30	1:07.42 (35.12)	1:42.93 (35.51)	2:18.52 (35.59)		
2:53.78 (35.26)	3:28.75 (34.97)	4:04.37 (35.62)	4:39.04 (34.67)		
5:14.49 (35.45)	5:49.07 (34.58)	6:24.84 (35.77)	6:59.76 (34.92)		
7:35.25 (35.49)	8:10.52 (35.27)	8:46.24 (35.72)	9:21.48 (35.24)		
9:56.66 (35.18)	10:31.78 (35.12)	11:07.12 (35.34)	11:42.03 (34.91)		
12:17.55 (35.52)	12:52.76 (35.21)	13:28.44 (35.68)	14:03.93 (35.49)		
14:39.90 (35.97)	15:15.29 (35.39)	15:51.32 (36.03)	16:27.12 (35.80)		
17:02.37 (35.25)	17:35.78 (33.41)				
15 Lopac, Christian M	16	Team Foxjet-MN	17:35.96	17:41.60	2
21.66	1:06.79 (45.13)	1:42.80 (36.01)	2:19.16 (36.36)		
2:54.88 (35.72)	3:30.71 (35.83)	4:06.65 (35.94)	4:42.81 (36.16)		
5:18.43 (35.62)	5:53.40 (34.97)	6:28.49 (35.09)	7:03.69 (35.20)		
7:39.17 (35.48)	8:14.73 (35.56)	8:49.67 (34.94)	9:24.84 (35.17)		
10:00.14 (35.30)	10:35.61 (35.47)	11:11.20 (35.59)	11:46.55 (35.35)		
12:22.11 (35.56)	12:57.45 (35.34)	13:33.05 (35.60)	14:08.94 (35.89)		
14:44.78 (35.84)	15:20.48 (35.70)	15:56.33 (35.85)	16:32.11 (35.78)		
17:07.43 (35.32)	17:41.60 (34.17)				
16 McLain, Alex J	17	Pierre Swim Team-SD	17:33.96	17:51.84	1
30.49	1:05.81 (35.32)	1:40.90 (35.09)	2:17.07 (36.17)		
2:52.80 (35.73)	3:27.96 (35.16)	4:03.18 (35.22)	4:39.15 (35.97)		
5:14.42 (35.27)	5:50.78 (36.36)	6:26.32 (35.54)	7:02.78 (36.46)		
7:39.01 (36.23)	8:15.37 (36.36)	8:50.97 (35.60)	9:27.59 (36.62)		
10:04.04 (36.45)	10:40.33 (36.29)	11:16.07 (35.74)	11:52.75 (36.68)		
12:29.20 (36.45)	13:05.05 (35.85)	13:41.00 (35.95)	14:17.34 (36.34)		
14:52.60 (35.26)	15:28.63 (36.03)	16:05.02 (36.39)	16:41.90 (36.88)		
17:16.65 (34.75)	17:51.84 (35.19)				
17 Dake, Ryan M	17	Kansas City Blazers-MV	17:25.03	18:02.59	
31.65	1:06.95 (35.30)	1:43.52 (36.57)	2:19.77 (36.25)		
2:56.55 (36.78)	3:31.99 (35.44)	4:08.84 (36.85)	4:44.59 (35.75)		
5:20.86 (36.27)	5:56.21 (35.35)	6:32.74 (36.53)	7:08.11 (35.37)		
7:44.79 (36.68)	8:20.66 (35.87)	8:57.19 (36.53)	9:32.89 (35.70)		
10:09.53 (36.64)	10:45.19 (35.66)	11:21.62 (36.43)	11:57.45 (35.83)		
12:34.11 (36.66)	13:10.25 (36.14)	13:47.37 (37.12)	14:23.38 (36.01)		
15:00.12 (36.74)	15:36.60 (36.48)	16:13.78 (37.18)	16:49.92 (36.14)		
17:27.00 (37.08)	18:02.59 (35.59)				

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****(Event 30 Men 1500 LC Meter Freestyle)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
18 Nygaard, Christian J	17	North Suburban Aquatic Club-MN	17:11.92 Y	18:04.19	
32.33	1:08.26 (35.93)	1:44.85 (36.59)	2:21.34 (36.49)		
2:57.83 (36.49)	3:33.93 (36.10)	4:10.58 (36.65)	4:47.07 (36.49)		
5:24.13 (37.06)	6:00.26 (36.13)	6:36.79 (36.53)	7:12.76 (35.97)		
7:49.35 (36.59)	8:25.75 (36.40)	9:02.28 (36.53)	9:38.40 (36.12)		
10:14.55 (36.15)	10:50.42 (35.87)	11:26.84 (36.42)	12:02.92 (36.08)		
12:39.59 (36.67)	13:15.12 (35.53)	13:51.44 (36.32)	14:27.56 (36.12)		
15:04.27 (36.71)	15:40.51 (36.24)	16:17.17 (36.66)	16:52.89 (35.72)		
17:29.07 (36.18)	18:04.19 (35.12)				

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 31 Women 50 LC Meter Freestyle**

<b>Pool Record:</b>	<b>26.93 ? 8/8/2010</b>	<b>Stacey A Rudman</b>	<b>Lawrence Aquahaw</b>
<b>Meet Record:</b>	<b>26.93 ! 8/8/2010</b>	<b>Stacey A Rudman</b>	<b>Lawrence Aquahaw</b>
	<b>26.99 JR</b>		

**Meet Qualifying: 29.19**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
<b>A - Final</b>						
1	Rudman, Stacey A	17	Lawrence Aquahawks-MV	27.60	26.93? JR	20
2	Mayer, Mikayla C	15	South East Metro Sharks Swim C-MN	27.52	27.10	17
3	Kilgore, Mary C	15	Wichita Swim Club-MV	27.68	27.23	16
4	Fries, Marston E	16	Kansas City Blazers-MV	27.95	27.41	15
5	Walth, Cassandra B	16	AquaStorm-ND	28.20	27.97	14
6	Snyder, Kate A	16	Kansas City Blazers-MV	28.20	28.06	13
7	Myer, Shannon N	17	Northland United Swim Team-MV	28.30	28.11	12
8	Engberg, Lydia R	16	AquaStorm-ND	28.11	28.65	11
<b>B - Final</b>						
9	Lugg, Natalie R	18	South East Metro Sharks Swim C-MN	28.35	28.01	9
10	Nelson, Jillian T	15	Kansas City Blazers-MV	29.07	28.32	7
11	Gerdes, Abagael J	15	Unattached Nlsa-MN	28.80	28.39	6
12	Campbell, Emily A	18	Aberdeen Swim Club-SD	28.78	28.64	5
13	Fossum, Samantha J	17	Brookings Swim Club-SD	28.62	28.74	4
14	Angell, Hannah L	15	Kansas City Blazers-MV	28.89	28.91	3
15	Cedarholm, Cassandra A	17	South East Metro Sharks Swim C-MN	29.35	28.99	2
16	Rizzo, Marina L	15	South East Metro Sharks Swim C-MN	29.53	29.35	1
<b>C - Final</b>						
17	Norfleet, Rachael E	16	Northland United Swim Team-MV	29.72	29.00	
<b>Preliminaries</b>						
10	Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	28.42		
11	Nadeau, Katie C	15	South Metro Storm Swim Club-MN	28.48		
13	Elghor, Sarah	15	Team Foxjet-MN	28.67		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 31 Women 50 LC Meter Freestyle****Pool Record: 26.93 ? 8/8/2010****Stacey A Rudman****Lawrence Aquahaw****Meet Record: 26.93 ! 8/8/2010****Stacey A Rudman****Lawrence Aquahaw****26.99 JR****Meet Qualifying: 29.19**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Mayer, Mikayla C	15	South East Metro Sharks Swim C-MN	27.36	27.52	q
2	Rudman, Stacey A	17	Lawrence Aquahawks-MV	27.42	27.60	q
3	Kilgore, Mary C	15	Wichita Swim Club-MV	27.58	27.68	q
4	Fries, Marston E	16	Kansas City Blazers-MV	28.33	27.95	q
5	Engberg, Lydia R	16	AquaStorm-ND	28.70	28.11	q
*6	Snyder, Kate A	16	Kansas City Blazers-MV	28.81	28.20	q
*6	Walth, Cassandra B	16	AquaStorm-ND	28.40	28.20	q
8	Myer, Shannon N	17	Northland United Swim Team-MV	28.56	28.30	q
9	Lugg, Natalie R	18	South East Metro Sharks Swim C-MN	28.29	28.35	q
10	Kleiner, Elizabeth A	17	South Metro Storm Swim Club-MN	29.17	28.42	q
11	Nadeau, Katie C	15	South Metro Storm Swim Club-MN	29.10	28.48	q
12	Fossum, Samantha J	17	Brookings Swim Club-SD	28.52	28.62	q
13	Elghor, Sarah	15	Team Foxjet-MN	28.77	28.67	q
14	Campbell, Emily A	18	Aberdeen Swim Club-SD	29.19	28.78	q
15	Gerdes, Abagael J	15	Unattached Nlsa-MN	28.63	28.80	q
16	Angell, Hannah L	15	Kansas City Blazers-MV	28.91	28.89	q
17	Nelson, Jillian T	15	Kansas City Blazers-MV	29.05	29.07	q
18	Cedarholm, Cassandra A	17	South East Metro Sharks Swim C-MN	28.92	29.35	q
19	Rizzo, Marina L	15	South East Metro Sharks Swim C-MN	29.08	29.53	q
20	Norfleet, Rachael E	16	Northland United Swim Team-MV	29.15	29.72	q
---	Smoliga, Olivia M	15	Glenview Titan Aquatic Club-IL	27.54		SCR
---	Kraling, Loretta R	16	Unattached-IA	NT		SCR

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 32 Men 50 LC Meter Freestyle**

Pool Record: 23.73 ? 8/8/2010 Benjamin T Griggs Northern Lights  
 Meet Record: 23.73 ! 8/8/2010 Benjamin T Griggs Northern Lights  
 24.29 JR

**Meet Qualifying: 26.39**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Griggs, Benjamin T	19	Northern Lights Swim Associati-MN	24.15	23.73? JR	20
2 Murphy, Conor S	19	Unattached-OZ	24.21	24.16 JR	17
3 Kuriga, Lucas A	16	Waukesha Express Swim Team-WI	24.75	24.85	16
4 Christianson, Marcus A	18	Pierre Swim Team-SD	25.06	24.94	15
5 Carpenter, Chris N	17	Topeka Swim Association-MV	25.08	25.02	14
6 Moore, Eric J	17	Sioux Falls Snowfox-SD	25.12	25.09	13
7 Rasmus, Joseph B	18	Northern Lights Swim Associati-MN	25.14	25.12	12
8 Riepl, Joshua E	16	AquaStorm-ND	25.19	25.40	11
<b>B - Final</b>					
9 Robrock, Kyle J	16	Black Dog Swimming-MN	25.42	24.93	9
10 Runing, Garrett D	17	Black Dog Swimming-MN	25.29	25.00	7
11 Nichols, Tyler G	17	Heart Of America Swim Club-MV	25.31	25.02	6
12 France, Nathaniel L	17	Black Dog Swimming-MN	25.50	25.10	5
13 Koken, Matthew J	16	South East Metro Sharks Swim C-MN	25.23	25.16	4
14 Hearl, Christopher R	15	Kansas City Blazers-MV	25.30	25.31	3
15 Lugg, Donald V	16	South East Metro Sharks Swim C-MN	25.38	25.43	2
16 McLain, James C	19	Pierre Swim Team-SD	25.50	25.57	1
<b>C - Final</b>					
17 Ballantyne, Ian R	15	AquaStorm-ND	26.19	25.42	
18 Kosieradzki, Benjman A	17	South Metro Storm Swim Club-MN	25.59	25.46	
19 Oak, Quillan E	17	Northern Lights Swim Associati-MN	25.78	25.61	
20 Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	26.09	25.93	
21 Johnstone, Jared R	16	Kansas City Blazers-MV	26.05	26.04	
22 Ramoska, Robert R	15	Des Plaines River Racers-IL	26.08	26.08	
23 Stromme, Thomas M	16	AquaStorm-ND	26.57	26.50	
<b>Preliminaries</b>					
3 Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	24.65		
24 Benson, Deforrest R	15	Blackline Aquatics-MN	26.21		
26 Richardson, Brandon T	15	Swim Stma-MN	26.81		
--- Scheffer, Benjamin L	17	Kansas City Blazers-MV	DQ		
--- Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	DQ		
--- Dalluge, Noah J	15	Swim Stma-MN	NS		

**2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010****Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039****Results****Event 32 Men 50 LC Meter Freestyle****Pool Record: 23.73 ? 8/8/2010****Benjamin T Griggs****Northern Lights****Meet Record: 23.73 ! 8/8/2010****Benjamin T Griggs****Northern Lights****24.29 JR****Meet Qualifying: 26.39**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Griggs, Benjamin T	19	Northern Lights Swim Associati-MN	24.18	24.15	qJR
2	Murphy, Conor S	19	Unattached-OZ	24.61	24.21	qJR
3	Pasquesi, Justin L	17	Glenview Titan Aquatic Club-IL	26.19	24.65	q
4	Kuriga, Lucas A	16	Waukesha Express Swim Team-WI	25.15	24.75	q
5	Christianson, Marcus A	18	Pierre Swim Team-SD	26.16	25.06	q
6	Carpenter, Chris N	17	Topeka Swim Association-MV	25.39	25.08	q
7	Moore, Eric J	17	Sioux Falls Snowfox-SD	26.24	25.12	q
8	Rasmus, Joseph B	18	Northern Lights Swim Associati-MN	25.37	25.14	q
9	Riepl, Joshua E	16	AquaStorm-ND	26.18	25.19	q
10	Koken, Matthew J	16	South East Metro Sharks Swim C-MN	25.24	25.23	q
11	Runing, Garrett D	17	Black Dog Swimming-MN	25.77	25.29	q
12	Hearl, Christopher R	15	Kansas City Blazers-MV	25.83	25.30	q
13	Nichols, Tyler G	17	Heart Of America Swim Club-MV	25.88	25.31	q
14	Lugg, Donald V	16	South East Metro Sharks Swim C-MN	26.16	25.38	q
15	Robrock, Kyle J	16	Black Dog Swimming-MN	25.43	25.42	q
*16	McLain, James C	19	Pierre Swim Team-SD	26.33	25.50	q
*16	France, Nathaniel L	17	Black Dog Swimming-MN	26.10	25.50	q
<b>Swim-Off Required</b>						
18	Kosieradzki, Benjman A	17	South Metro Storm Swim Club-MN	26.15	25.59	q
19	Oak, Quillan E	17	Northern Lights Swim Associati-MN	26.19	25.78	q
20	Johnstone, Jared R	16	Kansas City Blazers-MV	22.81 Y	26.05	q
21	Ramoska, Robert R	15	Des Plaines River Racers-IL	22.77 Y	26.08	q
22	Hawkins, Alex N	17	Jasper Aquatic Wildcats, Inc-IN	22.71 Y	26.09	q
23	Ballantyne, Ian R	15	AquaStorm-ND	26.38	26.19	q
24	Benson, Deforrest R	15	Blackline Aquatics-MN	26.32	26.21	q
25	Stromme, Thomas M	16	AquaStorm-ND	22.86 Y	26.57	
26	Richardson, Brandon T	15	Swim Stma-MN	26.36	26.81	
---	Scott, Konner M	17	Leaning Tower YMCA Shark S T-IL	24.83		DQ
	Declared false start					
---	Scheffer, Benjamin L	17	Kansas City Blazers-MV	25.75		DQ
	Declared false start					
---	Dalluge, Noah J	15	Swim Stma-MN	26.37		NS
---	Satterthwaite, Tim A	17	Team Foxjet-MN	25.82		SCR

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 33 Women 400 LC Meter Medley Relay

Pool Record: 4:29.74 ? 8/8/2010 Kansas City Blazers Kansas City Blaz  
 H Angell, M Kent, N Morris, M Fries

Meet Record: 4:29.74 ! 8/8/2010 Kansas City Blazers Kansas City Blaz  
 H Angell, M Kent, N Morris, M Fries

4:26.19 JR

Team	Relay	Seed Time	Finals Time	Points
1 Kansas City Blazers-MV	A	4:29.25	4:29.74?	40
1) Angell, Hannah L 15	2) Kent, Margaux E 18	3) Morris, Natalie K 17	4) Fries, Marston E 16	
32.83	1:06.67 (1:06.67)	1:43.01 (36.34)	2:24.39 (1:17.72)	
2:54.99 (30.60)	3:29.54 (1:05.15)	3:58.22 (28.68)	4:29.74 (1:00.20)	
2 Kansas City Blazers-MV	B	4:37.24	4:38.33	34
1) Snyder, Kate A 16	2) Ropson, Kaela C 15	3) Neeley, Mackenzie R 15	4) Davis, Amelia G 15	
32.52	1:07.20 (1:07.20)	1:45.31 (38.11)	2:29.23 (1:22.03)	
3:01.42 (32.19)	3:37.33 (1:08.10)	4:06.56 (29.23)	4:38.33 (1:01.00)	
3 AquaStorm-ND	A	4:04.03 Y	4:44.13	32
1) Smallbeck, Emily L 16	2) Jeske, Mckenzie C 15	3) Walth, Cassandra B 16	4) Engberg, Lydia R 16	
33.60	1:10.95 (1:10.95)	1:47.78 (36.83)	2:32.72 (1:21.77)	
3:03.80 (31.08)	3:42.11 (1:09.39)	4:11.01 (28.90)	4:44.13 (1:02.02)	
4 Northland United Swim Team-M	A	4:48.05	4:45.23	30
1) Guardado, Brynn J 16	2) Powers, Alyssa L 17	3) Myer, Shannon N 17	4) Norfleet, Rachael E 16	
34.87	1:13.78 (1:13.78)	1:49.08 (35.30)	2:30.57 (1:16.79)	
3:02.05 (31.48)	3:41.59 (1:11.02)	4:11.68 (30.09)	4:45.23 (1:03.64)	
5 South East Metro Sharks Swim C	A	4:48.30	4:46.88	28
1) Mayer, Mikayla C 15	2) Lugg, Natalie R 18	3) Rizzo, Marina L 15	4) Cedarholm, Cassandra A 17	
34.88	1:12.21 (1:12.21)	1:48.95 (36.74)	2:30.12 (1:17.91)	
3:04.26 (34.14)	3:42.57 (1:12.45)	4:13.43 (30.86)	4:46.88 (1:04.31)	
6 South Metro Storm Swim Club-M	A	4:48.31	4:47.60	26
1) Kleiner, Elizabeth A 17	2) Kleiner, Erin M 16	3) Nadeau, Katie C 15	4) Young, Christen A 17	
33.45	1:09.47 (1:09.47)	1:50.14 (40.67)	2:37.51 (1:28.04)	
3:08.45 (30.94)	3:44.24 (1:06.73)	4:14.49 (30.25)	4:47.60 (1:03.36)	

## 2010 ND Central Zone Senior Championships - 8/5/2010 to 8/8/2010

Bismarck, ND - BSC Aquatic Center - 50m, Sanction #: ND1039

## Results

## Event 34 Men 400 LC Meter Medley Relay

Pool Record: 4:05.66 ? 8/8/2010 Kansas City Blazers Kansas City Blaz  
 C Hearl, M Glenn, J Musser, M Martin

Meet Record: 4:05.66 ! 8/8/2010 Kansas City Blazers Kansas City Blaz  
 C Hearl, M Glenn, J Musser, M Martin

4:01.99 JR

Team	Relay	Seed Time	Finals Time	Points
1 Kansas City Blazers-MV	A	4:05.73	4:05.66?	40
1) Hearl, Christopher R 15	2) Glenn, Michael G 17	3) Musser, Jesse D 15	4) Martin, Matthew P 16	
29.67	1:01.35 (1:01.35)	1:33.14 (31.79)	2:10.23 (1:08.88)	
2:38.45 (28.22)	3:10.06 (59.83)	3:36.56 (26.50)	4:05.66 (55.60)	
2 Black Dog Swimming-MN	A	4:10.75	4:06.33	34
1) Robrock, Kyle J 16	2) Hoshaw, Brandon D 17	3) Miller, Robert D 17	4) Runing, Garrett D 17	
29.31	1:00.51 (1:00.51)	1:33.81 (33.30)	2:11.23 (1:10.72)	
2:39.35 (28.12)	3:11.83 (1:00.60)	3:37.75 (25.92)	4:06.33 (54.50)	
3 Sioux Falls Snowfox-SD	A	4:12.39	4:09.68	32
1) Moore, Eric J 17	2) Washenberger, Dane B 17	3) Austin, Jacob T 15	4) Johnson, Zachary D 18	
30.14	1:02.76 (1:02.76)	1:35.97 (33.21)	2:13.92 (1:11.16)	
2:41.94 (28.02)	3:15.61 (1:01.69)	3:40.59 (24.98)	4:09.68 (54.07)	
4 Northern Lights Swim Associati-l	A	4:05.14	4:10.77	30
1) Griggs, Benjamin T 19	2) Olson, Tanner J 15	3) Rasmus, Joseph B 18	4) Oak, Quillan E 17	
29.74	1:01.60 (1:01.60)	1:34.36 (32.76)	2:12.10 (1:10.50)	
2:40.74 (28.64)	3:14.26 (1:02.16)	3:41.10 (26.84)	4:10.77 (56.51)	
5 Kansas City Blazers-MV	B	4:19.48	4:16.45	28
1) Maginn, Heath M 15	2) Foster, James N 16	3) Shain, Jacob L 17	4) Koeller, Benjamin C 15	
30.53	1:02.92 (1:02.92)	1:37.87 (34.95)	2:19.40 (1:16.48)	
2:46.99 (27.59)	3:20.06 (1:00.66)	3:47.07 (27.01)	4:16.45 (56.39)	
6 Pierre Swim Team-SD	A	4:27.51	4:18.53	26
1) McLain, Alex J 17	2) McLain, James C 19	3) Lemieux, Austin M 15	4) Christianson, Marcus A 18	
29.97	1:03.45 (1:03.45)	1:36.25 (32.80)	2:15.13 (1:11.68)	
2:44.97 (29.84)	3:21.70 (1:06.57)	3:48.64 (26.94)	4:18.53 (56.83)	
7 AquaStorm-ND	A	3:45.79 Y	4:19.87	24
1) Ballantyne, Ian R 15	2) Sether, Dylan L 15	3) Stromme, Thomas M 16	4) Riepl, Joshua E 16	
31.01	1:04.21 (1:04.21)	1:38.25 (34.04)	2:15.67 (1:11.46)	
2:46.24 (30.57)	3:22.83 (1:07.16)	3:50.10 (27.27)	4:19.87 (57.04)	
8 South Metro Storm Swim Club-M	A	4:41.72	4:28.34	22
1) Ochsner, Kyle L 19	2) Young, Ryan A 15	3) Gorycki, Robert L 19	4) Kosieradzki, Benjman A 17	
30.44	1:03.72 (1:03.72)	1:41.68 (37.96)	2:26.59 (1:22.87)	
2:56.21 (29.62)	3:30.07 (1:03.48)	3:58.13 (28.06)	4:28.34 (58.27)	