



Sanctioned By:

North Dakota Swimming, on behalf of USA
Swimming

Sanction Number pending for pool and open
water events

Hosted By:

Aquastorm Swim Team

Central Zone Senior Championship

August 5 - 8, 2010

Bismarck State College

Aquatic and Wellness

Center

1601 Canary Avenue

Bismarck, North Dakota

58503

Date & Times

August	5 - 8
Prelims	9 a.m.
Finals	5:30 p.m.

The Facility

This year's Central Zone Meet will be held at the new BSC Aquatic and Wellness Center. This multi-purpose facility is located on the campus of Bismarck State College.

This facility features:

- 50 meter/25 yard eight-lane competition pool
- Diving bay with two (2) one meter and two (2) three meter diving boards
- Water depths of seven feet at the start and 13.5 feet at the turn
- A state-of-the-art integrated video scoring system
- Spectator seating for 750
- 25 yard six-lane recreational pool
- Lane lines divide each lane

Facility amenities include male, female and family locker rooms, public restrooms on the first and second floors, lobby/lounge, concession/retail area, indoor playground, and wireless internet access throughout the building. The facility parking lot has 360 spots with 40 auxiliary parking spots located adjacent to the Center.



Entry Procedure

All athletes must be regular (not seasonal) USA Swimming members of the Central Zone. All entries must be submitted using USA Swimming OME (online meet entry) at usaswimming.org/ome.

Entries may be submitted online beginning at 12:01 a.m., CDT, June 7, 2010, and must be completed by Sunday, August 1, 2010, at 11:59 p.m. CDT. The Club is required to pay for online entries with Visa, MasterCard, American Express, or Discover. To pay by check please contact Charlie Jeske at cdj3311@gmail.com for payment options. Entries are not considered accepted until payment method is validated.

A confirmation email will acknowledge posting of entries. Entrants are responsible for following up if acknowledgement is not received. The Club may update their OME entry at any time prior to the deadline. Please bring a copy of all communications to the meet.

Once entries are paid for, times can be modified and events can be added, but events cannot be deleted.

Updates for improved seed times will be allowed on the OME system through Monday, August 2, 6 a.m. CDT to 6 p.m. CDT. There will be no deck entries at this meet.

Entry Fees

\$8 per individual pool event
\$16 per relay

Hotels

Ramkota Hotel and Conference Center
800 South Third Street
(701) 258-7700

Radisson Hotel Bismarck
6th & Broadway
(701) 255-6000
(800) 395-7046

For your convenience, a block of rooms has been reserved under the name "Central Zone Swimming." For information on overflow hotels, please contact Lori Schneider at the Bismarck Mandan Convention and Visitor's Bureau at (701) 222-4308.

Contact Information

More information will be posted at www.bismarckaquatics.com
<<http://www.bismarckaquatics.com/>>.

If you have questions or concerns regarding the 2010 Central Zone Senior Championship, please contact Loic Joseph at (701) 751-4272 or loicjoseph@hotmail.com.